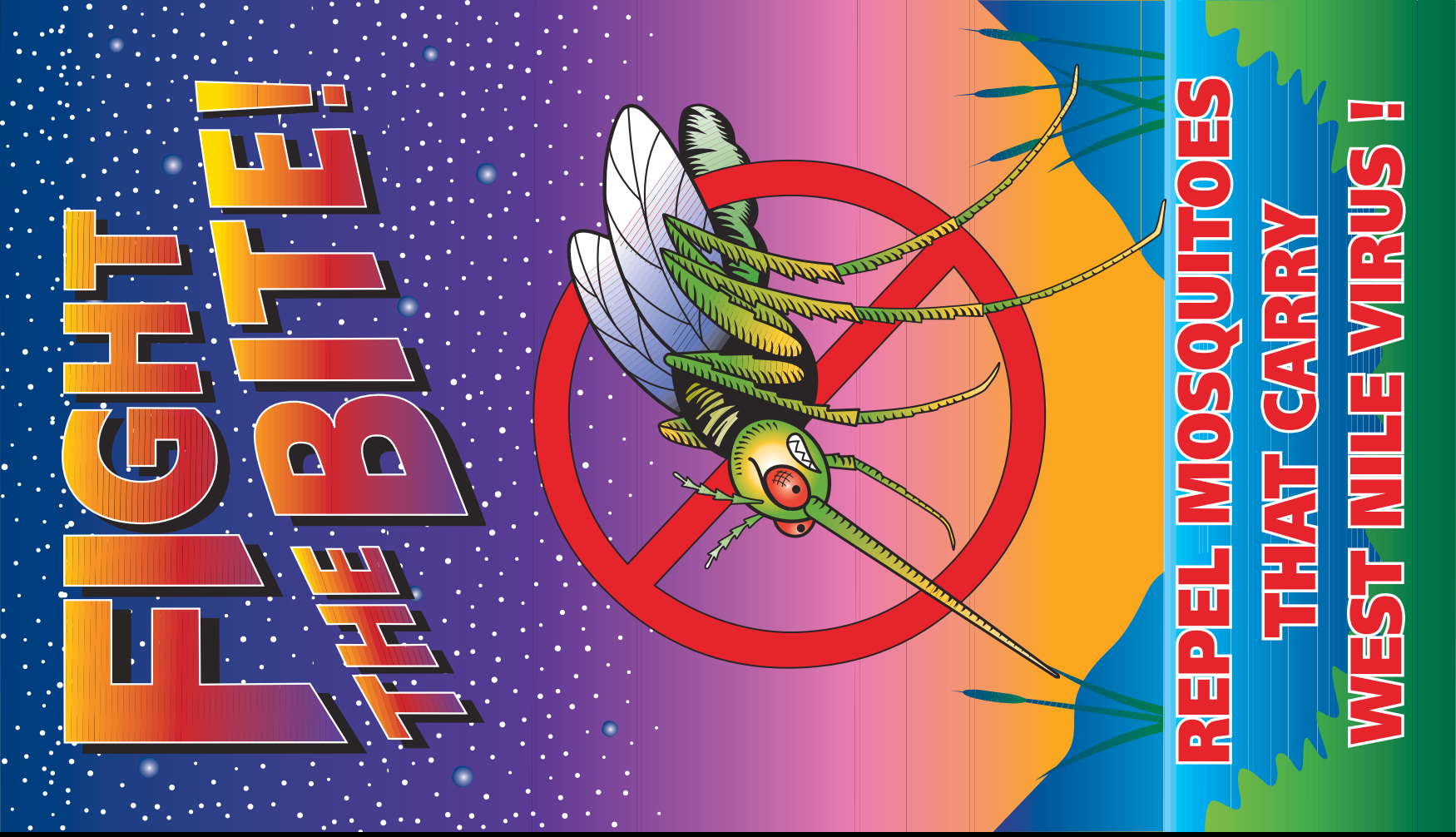
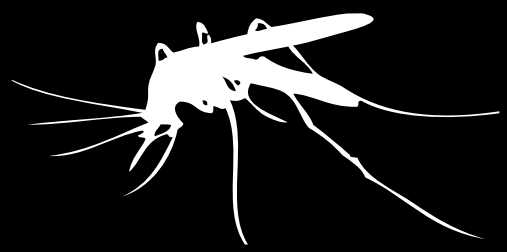


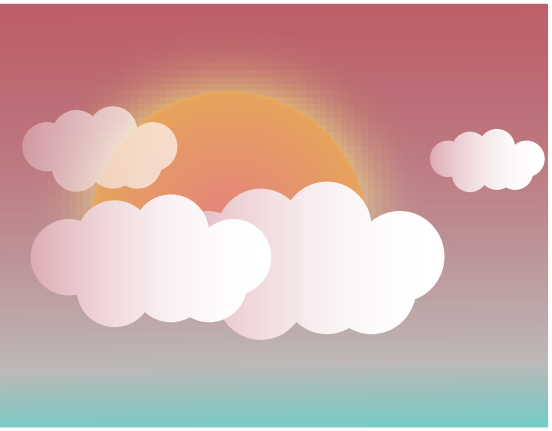

Fight the Bite © 2006. All rights Reserved.Used with permission from Gary Sky,Tri-County Health Department, CO.

Brought to you by your California
Department of Public Health



# West Nile Virus IS Preventable

**DRAIN:** Mosquitoes lay their eggs on standing water. Young mosquitoes grow in the water. Get rid of standing water around your home. Empty water out of buckets, old tires, flower pots, and toys. Change water daily for pets and weekly for bird baths.



**DUSK AND DAWN:** Mosquitoes that transmit West Nile virus bite in the early morning and early evening hours, and sometimes throughout the night. If you go out in the early morning or evening hours, wear long pants and a long sleeved shirt.

**DEFEND:** Use an EPA-registered insect repellent with DEET, picaridin, IR3535 or oil of lemon eucalyptus in it. Put the repellent on your skin that is not covered by clothes. Follow the directions carefully.

People who do get sick with WNV may feel like they have the flu. Call your doctor or clinic if you have questions.

For more information:
www.westnile.ca.gov
1-877-WNV-BIRD or
1-877-968-2473