

<p>That nurse really messed us up by giving Sara a bottle of formula. Now she keeps wanting to nurse on the tip of my nipple.</p> <p>1</p>	<p>I can't get anything done. All I do is carry that baby around all day. He's fussy all the time.</p> <p>2</p>	<p>I thought breastfeeding would really tie me down. Now I love it as much as the baby does!</p> <p>3</p>
<p>I just couldn't wait to come and tell you! I'm finally pregnant</p> <p>4</p>	<p>My doctor said he believes in VBACs. I found out later that he has never done one!</p> <p>5</p>	<p>My sister went on and on about my being a Jersey cow because I nurse Holly so often.</p> <p>6</p>
<p>My husband is a pain right now. He gets mad when the house is a mess when he gets home, yet does nothing to help when he's around.</p> <p>7</p>	<p>Those teenagers who keep having babies really aggravate me. They should have their tubes tied if they can't support their kids.</p> <p>8</p>	<p>These new consent forms are awful! I spend more time filling them out than taking care of the babies in the nursery.</p> <p>9</p>

<p>That speaker's opinion that pacifiers are harmful is just plain nonsense. I used one, and my baby is just fine.</p> <p>10</p>	<p>I need to rent a pump because my doctor wants to see how much milk I'm making. He said that Eric isn't gaining enough weight.</p> <p>11</p>	<p>I've read that breastfeeding is really better for the baby, but I couldn't possibly do it in public.</p> <p>12</p>
<p>That new head nurse burns me up with her insistence on no water bottles in the cribs.</p> <p>13</p>	<p>That mother in 5B says she will start breastfeeding when she gets home because the first milk is bad for the baby.</p> <p>14</p>	<p>She says she wants to breastfeed, yet gives me an argument for everything I suggest. I don't think I can stand the pain any longer.</p> <p>15.</p>
<p>I'm glad the peer counselor talked me into breastfeeding. I really like it.</p> <p>16</p>	<p>He told me to wean by 12 months so my baby doesn't get tooth decay. That doesn't sound right.</p> <p>17</p>	<p>He won't take my breast! Maybe he just doesn't like me.</p> <p>18</p>

<p>I wish I had listened when my Lamaze teacher said that epidurals don't always work. Mine didn't, and left me with a backache.</p> <p style="text-align: right;">19</p>	<p>My boss keeps pressuring me to come back to work, but I don't want to leave my baby.</p> <p style="text-align: right;">20.</p>	<p>I nursed my first baby and really liked it. With my second, I was going back to work soon and decided it wasn't worth starting if I couldn't continue.</p> <p style="text-align: right;">21</p>
<p>I thought this hospital had 24-hour rooming in, but the nurses kept pressuring me to take the baby back to the nursery.</p> <p style="text-align: right;">22</p>	<p>I'm having a scheduled Cesarean because I didn't dilate at all with my first. My doctor says I can't give birth naturally.</p> <p style="text-align: right;">23</p>	<p>This baby is so different from the others. She's so sweet and good-natured!</p> <p style="text-align: right;">24</p>
<p>These new residents are really green. One told me that she'd never seen Kangaroo Care before. We've been doing it for years.</p> <p style="text-align: right;">25</p>	<p>You're saying to nurse whenever he wants. Won't that spoil him?</p> <p style="text-align: right;">26</p>	<p>I knew that we both needed treatment for thrush, but the doctor refused to treat the baby because her mouth wasn't white.</p> <p style="text-align: right;">27</p>

<p>Dave wants to have another baby. I'm not sure because Tammy still nurses a lot and really seems to need it.</p> <p style="text-align: right;">28</p>	<p>During the custody hearing, he insisted on unsupervised overnight visits because he says it's time for Joey to wean anyway.</p> <p style="text-align: right;">29</p>	<p>I can't stand her crying one more minute! She screams constantly.</p> <p style="text-align: right;">30</p>
<p>Those League Leaders are just fanatics and want you to keep nursing till the baby is in school.</p> <p style="text-align: right;">31</p>	<p>That WIC person told me how to eat better, and it made a big difference in how I feel.</p> <p style="text-align: right;">32</p>	<p>I had no idea that breastfeeding was so good for ME. I knew it was good for the baby.</p> <p style="text-align: right;">33</p>
<p>I couldn't tell him I was still nursing Robbie. He thinks I followed his advice and weaned a long time ago.</p> <p style="text-align: right;">34</p>	<p>When I flew home from Atlanta, I had to sit next to a mother who was bottlefeeding her baby. She wasn't tuned into him, and he cried a lot. I'd forgotten how different bottlefeeding is.</p> <p style="text-align: right;">35</p>	<p>The things she suggested for my engorgement worked well. I'm glad I called.</p> <p style="text-align: right;">36</p>

<p>It seems that I'm the only one in this clinic that even cares whether the moms breastfeed. The others could care less.</p> <p style="text-align: right;">37</p>	<p>I'm not sure I can teach breastfeeding. I didn't nurse my children because it wasn't the thing to do when they were born.</p> <p style="text-align: right;">38</p>	<p>I heard such bad things about WIC, but you people are really helpful. I wish I'd come sooner. He just took his first steps yesterday!</p> <p style="text-align: right;">39</p>
<p>It was so hard to go home and leave her in the NICU.</p> <p style="text-align: right;">40</p>	<p>Those night nurses can't seem to understand that the babies do better when they are in with the mothers.</p> <p style="text-align: right;">41</p>	<p>I would never go to that hospital. They make you pay for your own formula.</p> <p style="text-align: right;">42</p>
<p>Bill's mother breastfed all her kids for more than a year each when it wasn't popular. She's been so supportive of my nursing.</p> <p style="text-align: right;">43</p>	<p>How in the world will we manage to find 18 hours for training everyone in breastfeeding? We're already short-staffed and pressed for time.</p> <p style="text-align: right;">44</p>	<p>Janie finally retired. Now we can stop ordering those awful nipple shields.</p> <p style="text-align: right;">45</p>

<p>What is wrong with glucose water? These babies might dehydrate waiting for the milk to come in.</p> <p>46</p>	<p>I have to teach the next inservice on breastfeeding. I don't know why we bother... the clinic mothers aren't interested anyway.</p> <p>47</p>	<p>The new health director wants more emphasis on breastfeeding. It's about time someone recognized how important it is!</p> <p>48</p>
<p>She's so cute when she nurses now... she pats my breast and smiles up at me.</p> <p>49</p>	<p>I've been teaching breastfeeding for 10 years and now you say I've been teaching all the wrong things!</p> <p>50</p>	<p>That inservice went better than I thought it would. I didn't realize so many people wanted to learn more about breastfeeding.</p> <p>51</p>
<p>She rented the pump from the drugstore, then calls me every Friday night when she has questions.</p> <p>52</p>	<p>My baby nurses at least 6 times at night, and my husband wants to train him to sleep all night, even if it means letting him cry it out.</p> <p>53</p>	<p>I was pumping enough for the baby until that setback last week. Now I can hardly get anything, even with the double setup.</p> <p>54</p>

<p>Emily's mother rarely comes to see her. She sends in her milk but won't come herself, even when we encourage her.</p> <p style="text-align: right;">55</p>	<p>I don't agree with 24-hour rooming-in. The mothers need their sleep, and I'm going to help them get it.</p> <p style="text-align: right;">56</p>	<p>They didn't consult ME when they thought up this new charting scheme. I don't see what was wrong with the old one.</p> <p style="text-align: right;">57</p>
<p>What makes you think you're the expert in breastfeeding here? I've nursed five kids when it wasn't popular. You don't even have one.</p> <p style="text-align: right;">58</p>	<p>Breastfeeding is only beneficial in the third world. We don't have problems with diarrhea here.</p> <p style="text-align: right;">59</p>	<p>I don't want to leave my baby in the church nursery. When I do, she comes back screaming. But I don't want to take her into the church either.</p> <p style="text-align: right;">60</p>
<p>I think I'm pregnant again. I wanted to wait longer between babies, but I'm not getting any younger, either. Now my nipples are so sore I can't stand nursing.</p> <p style="text-align: right;">61</p>	<p>I'm supposed to be the breastfeeding coordinator in this department, but ever since Julie went to that course she thinks she knows it all.</p> <p style="text-align: right;">62</p>	<p>My baby gets an ear infection every time I try and give him formula. My doctor says the formula can't possibly cause ear infections, but my sister said it could be an allergy to cow's milk.</p> <p style="text-align: right;">63</p>

<p>I can't confront the neonatologist even though I know he's wrong about water bottles for full-termers. I guess the bottles won't hurt the babies too much.</p> <p style="text-align: right;">64</p>	<p>Just as I think I've got a pregnant mom convinced to try breastfeeding, she sees the doctor who tells her formula is just as good.</p> <p style="text-align: right;">65</p>	<p>Can you believe that new doctor? She won't let us give any discharge packs to her patients.</p> <p style="text-align: right;">66</p>
<p>If we leave the baby and mother together after delivery, we won't be able to do the admission newborn assessments on time. Then the state will get on our case.</p> <p style="text-align: right;">67</p>	<p>The state said we should have a lactation consultant. They should be providing training, if that's what they want us to do.</p> <p style="text-align: right;">68</p>	<p>If we tell them all the risks of formula, they might feel guilty if they have to use it.</p> <p style="text-align: right;">69</p>
<p>We do a good job here, then send these moms home where their families don't want them to breastfeed. Why do we bother?</p> <p style="text-align: right;">70</p>	<p>Since we started using the new breastfeeding policies, our rates have doubled!</p> <p style="text-align: right;">71</p>	<p>I'm afraid to try cup-feeding. What if the baby chokes?</p> <p style="text-align: right;">72</p>

<p>This electric pump is really slick. I was afraid of using it at first because I thought it would hurt. My girlfriend said hers made her nipples sore.</p> <p style="text-align: right;">73</p>	<p>They finally put in a pump for the staff, but it's way down in the employee lounge and I can't be away from my station long enough to use it.</p> <p style="text-align: right;">74</p>	<p>No matter what I say to pregnant women, they've already made up their minds about feeding before they get to me.</p> <p style="text-align: right;">75</p>
<p>I picked my doctor because she is supposedly supportive of breastfeeding, but she insists that I give my baby water after I nurse.</p> <p style="text-align: right;">76</p>	<p>The formula reps really support breastfeeding. Look at all these videos they gave us!</p> <p style="text-align: right;">77</p>	<p>I was the first person to try Kangaroo care. The nurses were just great when they saw how content the baby was.</p> <p style="text-align: right;">78</p>
<p>I picked my doctor because she is supposedly supportive of breastfeeding, but she insists that I give my baby water after I nurse.</p> <p style="text-align: right;">79</p>	<p>Why did he tell me I had to stop nursing during a breast infection? My baby and I were both miserable, and now she won't take the breast.</p> <p style="text-align: right;">80</p>	<p>Ron was great when his mother started getting on my case about still nursing Christine. He had all the right things to say.</p> <p style="text-align: right;">81</p>

<p>I hated weaning when I went back to work. She just cried and cried for the breast for weeks after.</p> <p style="text-align: right;">82</p>	<p>I don't know how I'm going to tell my mom that Sara has Down Syndrome. She warned me about having a baby when I'm so old.</p> <p style="text-align: right;">83</p>	<p>I don't know how I'm going to tell my mom that Sara has Down Syndrome. She warned me about having a baby when I'm so old.</p> <p style="text-align: right;">84</p>
<p>The lactation consultant we hired is really nice. She spent a lot of time with me showing how to get reluctant babies to the breast.</p> <p style="text-align: right;">85</p>	<p>If I go to a support group, I'm afraid I'll be pushed into nursing longer than I want.</p> <p style="text-align: right;">86</p>	<p>If I go to a support group, I'm afraid I'll be pushed into nursing longer than I want.</p> <p style="text-align: right;">87</p>
<p>My husband just got laid off and wants me to go to work and he'll take care of the kids. He doesn't even hold the baby when he's home now, and just yells at the others.</p> <p style="text-align: right;">88</p>	<p>I never thought I could breastfeed twins when I had so much trouble with the first one. Getting off to a good start helped a LOT.</p> <p style="text-align: right;">89</p>	<p>I never thought I could breastfeed twins when I had so much trouble with the first one. Getting off to a good start helped a LOT.</p> <p style="text-align: right;">90</p>

<p>I got to meet the speaker at lunch, and found out she had trouble nursing her first too. I had no idea that these "experts" had real practical experiences as well as their fancy theories. 91</p>	<p>I don't know how I'm going to tell my mom that Sara has Down Syndrome. She warned me about having a baby when I'm so old. 92</p>	<p>I don't know how I'm going to tell my mom that Sara has Down Syndrome. She warned me about having a baby when I'm so old. 93</p>
<p>That new baby store sells the same pumps for wholesale prices, then tells customers that I'll provide free phone help. 94</p>	<p>If I go to a support group, I'm afraid I'll be pushed into nursing longer than I want. 95</p>	<p>If I go to a support group, I'm afraid I'll be pushed into nursing longer than I want. 96</p>
<p>I'm afraid to touch her. The nurses seem so much more competent than I am. 97</p>	<p>I never thought I could breastfeed twins when I had so much trouble with the first one. Getting off to a good start helped a LOT. 98</p>	<p>I never thought I could breastfeed twins when I had so much trouble with the first one. Getting off to a good start helped a LOT. 99</p>