We want to help you with:

- Health care
- Child care
- Food/nutrition
- A safe place to live
- Birth control
- School
- Job training
- Counseling
- Emergency supplies (clothing, diapers, formula etc.)
- Drug or alcohol treatment
- Legal issues
- Other needs you may have

You and your case manager will develop a plan together to help you reach your goals.

Your case manager will connect you with agencies that can help you reach your goals.

Your case manager will work with you to answer your parenting questions.

We're here to help and support you.

Contact information:

Center for Health Training

Written by David Love, MFCC
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Center for Health Training/Oakland 510.835.3700

Helping You Meet Your Goals

Home Visiting

Adolescent Family Life Program

Why Do We Come To Your Home?

We want to:

- Make our meetings more convenient for you
- Understand the things you face at home and as a parent
- Help you learn new parenting skills
- Work as a team to help you and your family
- Give you information about resources available to you and your family
- Assist you in identifying and meeting your goals

Working Together To Make Our Visit a Success!

Please let us know:

A good time to visit

- When you will have free time from parenting or other duties
- When you will have the privacy you want

Anything that might be a risk to our safety

- Neighborhood issues
- Pets that could attack

Any other issues you may have about our visit

- Partners or family members who might be uncomfortable about a visit in your home

We want to make our visit a positive experience.

Preparing For Our Visit

Checklist:

- ❑ Explain the purpose of the home visit to your partner and/or family members
- ❑ Please find any information or paperwork we have requested
- ❑ Ask any questions you have about what you need to prepare before the visit

We are coming to support you and your family. **We** want to work together as a team so we can best meet your needs.