

Tularemia



Source: CDC



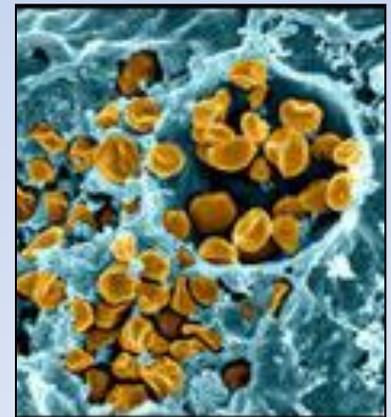
Source: CDC

American dog tick (*Dermacentor variabilis*)

Tularemia



- Caused by *Francisella tularensis*
 - Gram negative bacteria
- First described from ground squirrels in Tulare Co., CA in 1912*
- Two primary biovars (type A and B)
 - Type A associated with arthropod vectors (biting flies, ticks) and mammalian hosts (rabbits, rodents, hares, ground squirrels)
 - Tends to cause more virulent infections
 - Type B associated with water
 - Tends to cause less virulent infections**
- Considered a Category A bioterrorism agent



Source: CDC

*McCoy and Chapin. 1912 J. Infect Dis; 10:61-72

**Farlow et al., 2001. J. Clin Micro: 3186-3192

Symptoms of Tularemia



Incubation 1-21 days

Case fatality proportion: 0-14% (higher for type A in eastern US)

Six classic forms:

1. Ulceroglandular: Ulcers on the skin or mouth, swollen and painful lymph glands, swollen and painful eyes, and a sore throat
 - Most common
 - Tick or fly bites and animal contact usual exposure
2. Glandular: regional lymphadenopathy but no cutaneous lesions
3. Oculoglandular: photophobia, tearing, conjunctivitis, small yellow conjunctival ulcers or papules
 - Associated with exposure to contaminated fingers, splashes and aerosols



Source: CDC

Symptoms of Tularemia



Six classic forms (continued)*:

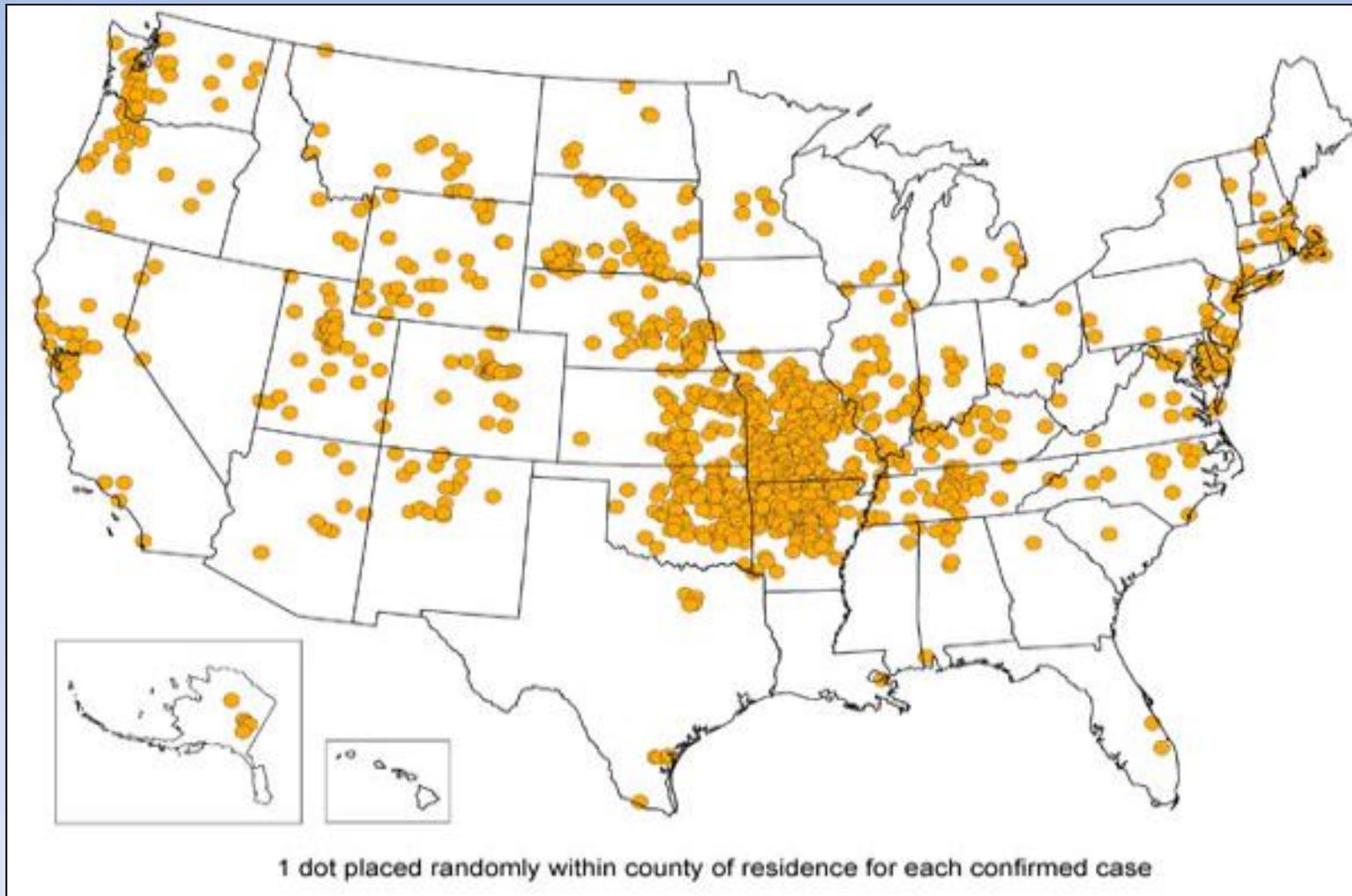
4. Pharyngeal: fever, sore throat, exudative pharyngitis
 - Associated with contaminated food or water

5. Typhoidal: febrile illness, no lymphadenopathy
 - No direct exposure association-exposure to potential tick bites, outdoor exposure, should be sought

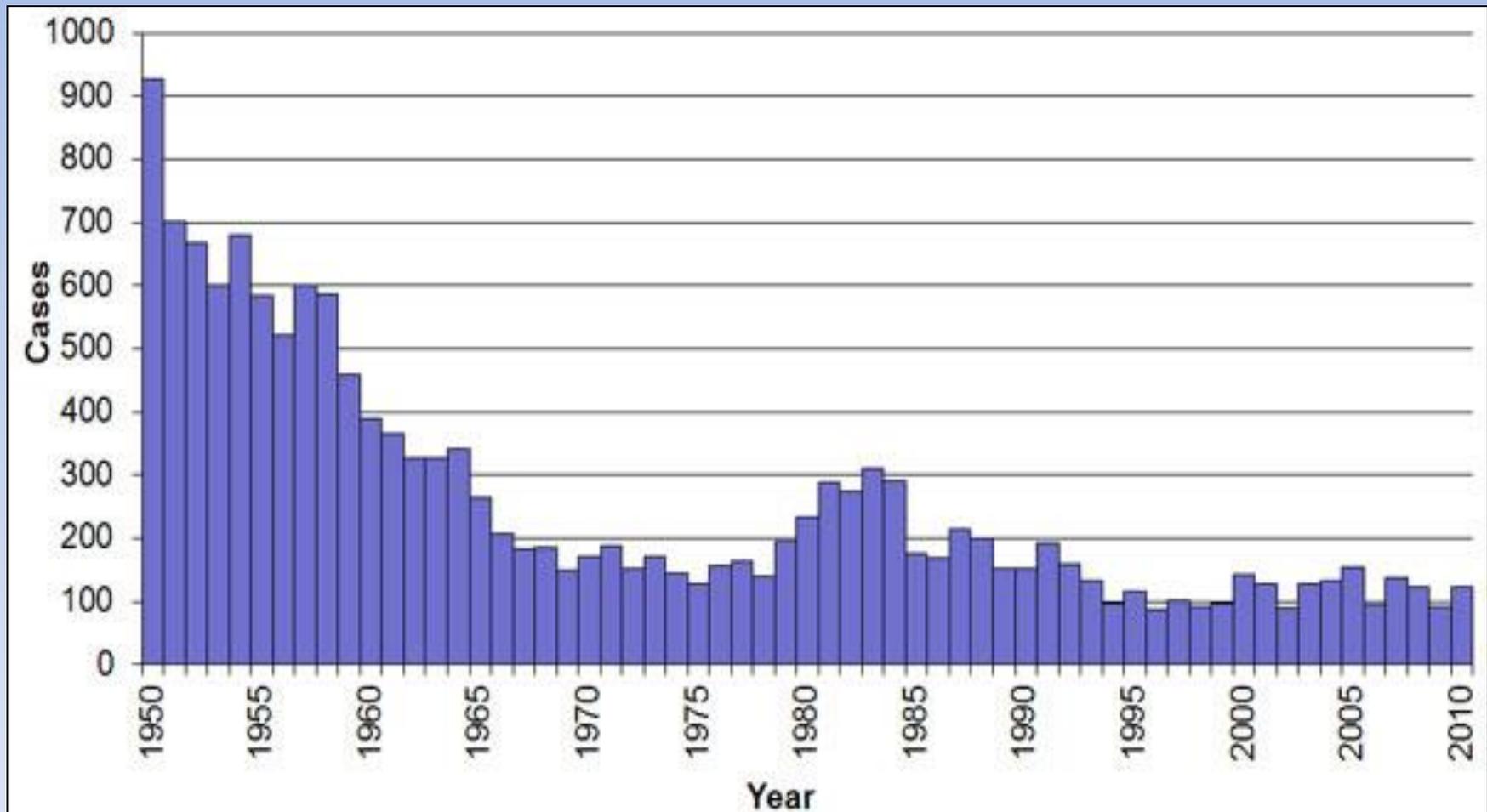
6. Pneumonic: fever, chills, cough , pneumonia
 - Often associated with occupational exposure e.g. sheep shearers, farmers, landscapers, lab workers

* Mandell et al, Principles and Practices of Infectious Diseases, 2005 pp 2674-2685

Reported Cases of Tularemia, United States 2001 - 2010



Reported Tularemia Cases by Year, United States, 1950 - 2010



Transmission

- Biting arthropod (such as tick, deerfly)
- Exposure can also occur through contact with an infected carcass
- Eating / drinking contaminated animals or infected water sources
- Inhalation of bacteria
- NOT spread person-to-person





To find out more about tularemia in California, visit the
CDPH website at:

<http://www.cdph.ca.gov/healthinfo/discond/Pages/Tularemia.aspx>



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