## Sample Zika + Pregnancy Facebook posts:

There are things we DON'T know about #Zika yet, but we DO know that #pregnant women should not go to areas with #Zika—just to be safe. Learn more: <a href="http://bit.ly/ZikaandPregnancy">http://bit.ly/ZikaandPregnancy</a> Map of areas with Zika: <a href="http://bit.ly/CDCZIkaMap">http://bit.ly/CDCZIkaMap</a> #TalkZIKA #ZikaFacts

#Zika virus can pass from a mother to her unborn baby during #pregnancy and cause birth defects. Here are three ways to stay safe if you're pregnant or considering pregnancy:

- Don't go to areas with Zika;
- Prevent mosquitoes from biting and breeding; and
- Use condoms if your partner has recently been to an area with Zika.

To learn more about preventing Zika, visit: <a href="http://bit.ly/ZikaandPregnancy">http://bit.ly/ZikaandPregnancy</a> #TalkZIKA #ZikaFacts

There is no specific medicine or vaccine for #Zika, and most people who have it don't show symptoms. #Pregnant women should not go to areas with Zika if possible. Prevent mosquito bites and use condoms (male and/or female) or don't have sex to prevent sexual transmission during pregnancy. <a href="http://bit.ly/ZikaandSex">http://bit.ly/ZikaandSex</a> #Talk Zika #ZikaFacts

Everyone can help keep #California safe from #Zika by helping prevent mosquitoes from breeding and biting. Learn more at: <a href="http://bit.ly/ZikaQandA">http://bit.ly/ZikaQandA</a> #ZikaFacts

#Zika is spread by specific types of mosquito—and also by an infected person to his or her partners during sex. Pregnant and worried about #Zika? Get answers to your Zika questions at: <a href="http://bit.ly/ZikaQandA">http://bit.ly/ZikaQandA</a> #TalkZIKA #ZikaFacts

Planning a trip to an area with #Zika? Postpone your trip if you are pregnant. The CDC has specific travel recommendations for pregnant women. Learn more: <a href="http://bit.ly/CDCZIkaMap">http://bit.ly/CDCZIkaMap</a> #TalkZIKA #ZikaFacts

It's safe for #pregnant and #breastfeeding women to use EPA-registered insect repellents. Preventing mosquito bites helps prevent #Zika, which is spread by an infected mosquito. Find the right repellent for you: http://bit.ly/EPASearchTool #TalkZIKA #ZikaFacts

#Pregnant and recently been to an area with #Zika? Talk to your healthcare provider whether or not you have symptoms like fever, rash, joint pain, or red eyes. <a href="http://bit.ly/ZikaandPregnancy">http://bit.ly/ZikaandPregnancy</a> #TalkZIKA #ZikaFacts

#Pregnant and living in California? Your risk of getting #Zika is low, but you can still get the #Zika virus and pass it to your unborn baby if you cross the border into Mexico. Learn about this disease and how to protect yourself: <a href="http://bit.ly/ZikaQandA">http://bit.ly/ZikaQandA</a> #TalkZIKA #ZikaFacts