

California Weekly Report

Influenza (Flu), RSV, and Other Respiratory Viruses

Week 10: March 5, 2023 – March 11, 2023

Influenza Highlights



Influenza Activity Levels⁺

Minimal	Low	Moderate	High	Very Hig
172	5	Geographic Area	Activity Level	l
		California Statew	ide Minimal	
	- And	Northern Region	Minimal	
		Bay Area Region	Minimal	
7		Central Region	Minimal	
		Upper Southern R	egion Minimal	
		Lower Southern R	egion Minimal	

Key Messages

- » Influenza activity is minimal throughout California.
- » The majority of detected influenza viruses during this season have been A (H3N2).
- » The flu shot is still the best way to protect yourself against flu, its potentially serious complications, and reduce strain on our healthcare system.
- » Respiratory syncytial virus (RSV) activity is decreasing in California.
- » Prophylactic palivizumab can prevent serious RSV illness in <u>high risk-infants</u>.

California Department of Public Health (CDPH) Influenza Surveillance Program
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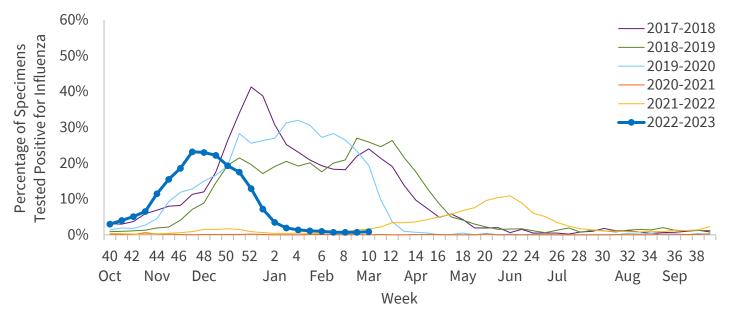
Influenza Laboratory Surveillance

Influenza Detections from Respiratory Laboratory Network and Clinical Sentinel Laboratories

Laboratory surveillance for influenza and other respiratory viruses involves the use of data from clinical sentinel laboratories and public health laboratories in the Respiratory Laboratory Network (RLN) located throughout California. These laboratories report the number of laboratory-confirmed influenza and other respiratory virus detections and isolations on a weekly basis.

The overall percentage of influenza detections in clinical sentinel laboratories during Week 10 (0.9%) was higher compared to Week 9 (0.7%) (Figure 1). Additional details, including influenza typing and subtyping information from public health laboratories can be found in Figures 1 and 2 and Tables 1 and 2.





Note: Data have been shifted so that Week 1 aligns across seasons.

Table 1. Respiratory Specimens Testing Positive for Influenza — Clinical Sentinel Laboratories, Current Week and Season to Date

	Current Week Number	Current Week Percent	Season to Date Number	Season to Date Percent
Number of Specimens Tested	13,096		476,103	
Influenza Positive	119	0.9	55,014	11.6
А	82	68.9 [*]	54,689	99.4 [*]
В	37	31.1*	325	0.6*

^{*} Percentage of specimens positive for influenza

400 A (H1N1)pdm09 A (H3N2) 350 A Not Subtyped B/Victoria Number of Positive Specimens 300 B/Yamagata B Not Lineage Typed 250 200 150

Figure 2. Number of Influenza Detections by Type and Subtype Detected in the Respiratory Laboratory Network, 2022–2023 Season to Date



6 8 10 12 14 16 18 20 22 24 26 28 30 32 34 36 38

Table 2. Respiratory Specimens Testing Positive for Influenza by Influenza Type and Subtype – **Respiratory Laboratory Network, Current Week and Season to Date**

	Current Week Number	Current Week Percent	Season to Date Number	Season to Date Percent
Influenza Positive	14		3,226	
Α	14	100.0*	3,209	99.5 [*]
A (H1)pdm09	5	35.7†	240	7.5†
A (H3)	2	14.3 [†]	2,759	86.0 [†]
A, not subtyped	7	50.0 [†]	210	6.5†
В	0	0.0*	17	0.5*
B Victoria	0	0.0 [‡]	12	70.6 [‡]
B Yamagata	0	0.0 [‡]	0	0.0 [‡]
B, not lineage typed	0	0.0 [‡]	5	29.4 [‡]

[†] Percentage of specimens positive for influenza A

40 42 44 46 48 50 52 2 4

100

50

0

[‡] Percentage of specimens positive for influenza B

Antiviral Resistance Testing

The Viral and Rickettsial Disease Laboratory (VRDL) assesses susceptibility of influenza viruses to antiviral drugs, including the neuraminidase inhibitors (oseltamivir, zanamivir, and peramivir) and the polymerase acidic (PA) endonuclease inhibitor (baloxavir), by using next-generation sequence analysis. Neuraminidase gene sequences are analyzed to detect the presence of well-known amino acid substitutions previously associated with reduced or inhibited activity to any of the three neuraminidase inhibitors. Susceptibility to baloxavir is assessed by identifying an amino acid substitution in the PA gene.

Of the influenza specimens tested by the CDPH-VRDL to date this season, one influenza A (H1)pdm09 virus has been found to be resistant to neuraminidase inhibitors and none have been found to be resistant to PA endonuclease inhibitors (<u>Table 3</u>).

Table 3. Number of Specimens T	Tested for Antiviral Resistance, 2022–2023 Season to Date
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	Neuraminidase Inhibitor Resistance	PA Endonuclease Inhibitor
Influenza A (H1)pdm09	1/32	0/32
Influenza A (H3)	0/54	0/54
Influenza B	0/5	0/5

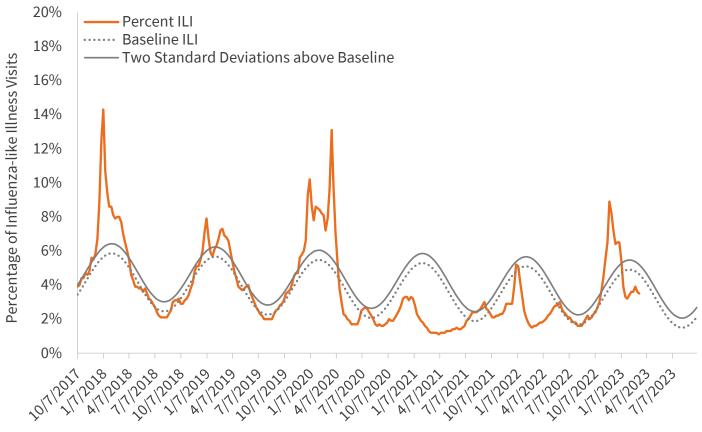
Influenza Outpatient, Inpatient, and Death Surveillance

Sentinel Provider Outpatient Visits for Influenza-like Illness

<u>Sentinel providers</u> (physicians, nurse practitioners, physician assistants) throughout California report on a weekly basis the number of patients seen with influenza-like illness (ILI) and the total number of patients seen for any reason. ILI is defined as any illness with fever (≥100°F or 37.8°C) AND cough and/or sore throat.

A total of 198 enrolled sentinel providers have reported data for Week 10. The percentage of visits for ILI during Week 10 was 3.5% compared to 3.6% during Week 9 and was within expected levels for this time of year (Figure 3). Increases in ILI-related outpatient visits might also include people seeking care for other respiratory illnesses, including COVID-19.

Figure 3. Percentage of Influenza-like Illness Visits Among Patients Seen by California Sentinel Providers, 2017–2023 Season to Date



Week Ending Date

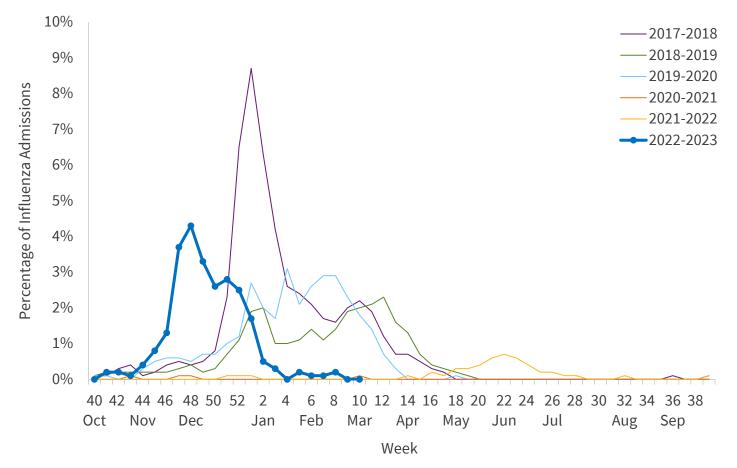
The seasonal baseline was calculated using a regression model applied to data from the five previous seasons, excluding the COVID-19 pandemic. Two standard deviations above the seasonal baseline is the point at which the observed percentage of ILI is significantly higher than would be expected at that time of year. Historic data for large sentinel providers enrolled during the season are included to account for impacts on baselines and allow for comparison to previous season data.

Influenza Admissions at Kaiser Permanente Northern California Facilities

Inpatients at <u>Kaiser Permanente Northern California</u> facilities with an admission diagnosis including the keywords "flu," "influenza," or variants of the keywords are defined as influenza-related admissions. The number of influenza admissions is divided by the total number of hospital admissions occurring in the same time period to estimate the percentage of influenza admissions. Admissions for pregnancy, labor and delivery, birth, and outpatient procedures are excluded from the denominator. Influenza admission data is not comparable to previous seasons reports which included pneumonia and influenza (P&I) admissions.

The percentage of admissions for influenza in Kaiser Permanente Northern California facilities during Week 10 was 0.0% compared to 0.0% during Week 9 (<u>Figure 4</u>).

Figure 4. Percentage of Influenza Admissions at Kaiser Permanente Northern California Facilities, 2017-2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across seasons.

To date, 1,021 non-intensive care unit (ICU) hospitalizations, 132 ICU admissions, and 32 deaths have occurred among persons with influenza admission diagnoses. Most influenza admissions occurred among persons ≥65 years (Figure 5). Please note that influenza admissions serve as a proxy for influenza activity, but do not necessarily represent laboratory-confirmed influenza infections.

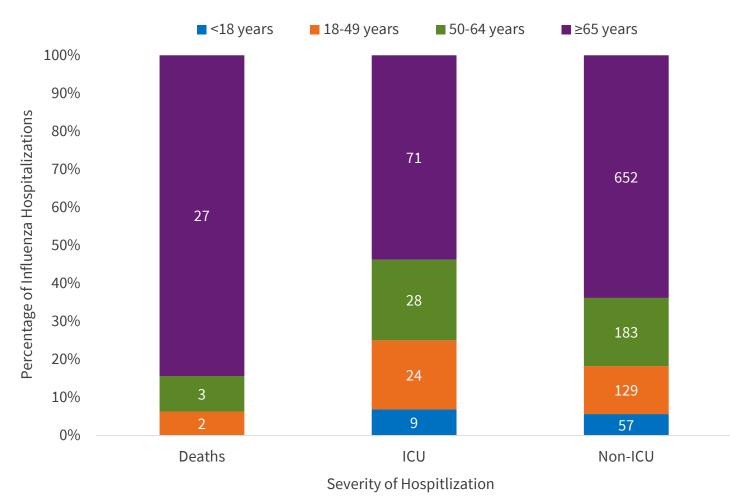


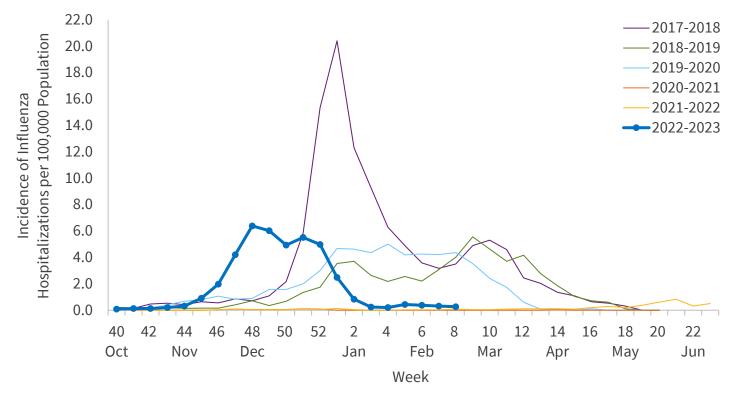
Figure 5. Age Group Distribution of Non-ICU, ICU, and Deaths Associated with Influenza Admissions at Kaiser Permanente Northern California Facilities, 2022–2023 Season to Date

Influenza-associated Hospitalizations in California Emerging Infections Program Counties

The California Emerging Infections Program (CEIP), Influenza Surveillance Network (FluSurv-NET) conducts population-based surveillance for laboratory-confirmed influenza-associated hospitalizations among patients of all ages in Alameda, Contra Costa, and San Francisco counties.

The incidence of influenza-associated hospitalizations per 100,000 population during Week 8 was 0.27 compared to 0.32 during Week 7 (Figure 6). Data for the most recent two weeks are not presented because results are still being collected and are likely to change.

Figure 6. Incidence of Influenza-associated Hospitalizations per 100,000 Population in CEIP Counties, 2017–2023 Season to Date



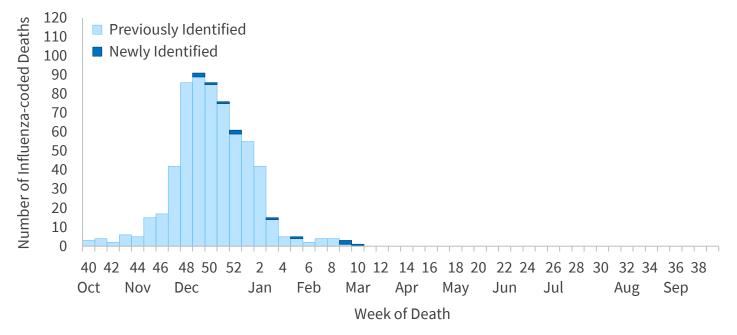
Note: Data have been shifted so that Week 1 aligns across seasons. For the 2021-2022 season, the CEIP surveillance period was extended through Week 23 due to elevated influenza activity. Comparable data from all other seasons are not available.

Influenza Mortality Surveillance from Death Certificates

Deaths occurring in California among residents who had influenza noted in any cause of death field on the death certificate (text or coded) are defined as "influenza-coded deaths." The percentage of influenza-coded deaths is calculated by dividing the number of influenza-coded deaths by the total number of all-cause deaths during the same period. Influenza-coded deaths are not necessarily laboratory-confirmed and are an underestimate of all influenza-associated deaths. Please note that during the 2022-2023 season, an update to the methods used to identify influenza-coded deaths resulted in some changes to data from previous seasons.

During Week 10, 11 influenza-coded deaths were identified. To date during the 2022–2023 influenza season, 630 influenza-coded deaths have been identified (Figure 7). The percentage of deaths coded as influenza during Week 10 was 0.1% compared to 0.1% during Week 9 (Figure 8).





Note: Coding of deaths can be delayed by several weeks. Influenza-coded deaths will be included once enough information is available to identify them.

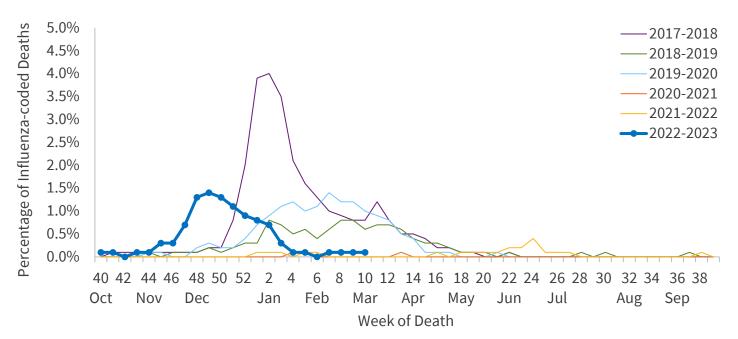
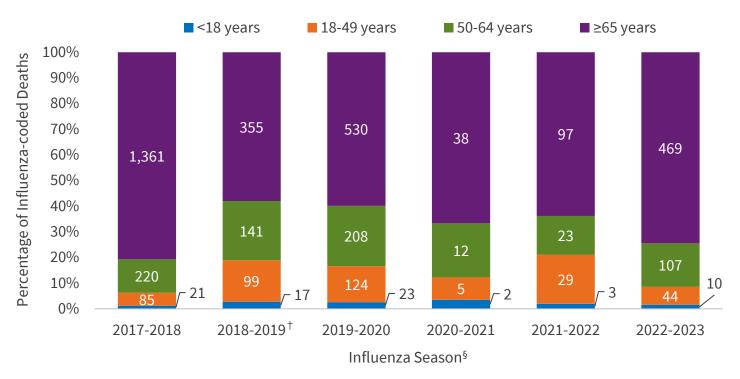


Figure 8. Percentage of Influenza-coded Deaths from Death Certificates, 2017–2023 Season to Date

Note: Data have been shifted so that Week 1 aligns across seasons.

To date, the majority of influenza-coded deaths (74.4%) have been identified among persons ≥65 years of age during the 2022–2023 influenza season (<u>Figure 9</u>).





- * Methods used to identify pediatric influenza-coded deaths on death certificates do not consider laboratory testing and thus differ from those used to identify the influenza-associated pediatric deaths presented below, which require laboratory confirmation of influenza.
- [†] One death during the 2018–2019 influenza season has unknown age and is not included in the figure.
- [§] 2017–2018 season: Oct. 1, 2017–Sept. 29, 2018; influenza A (H3N2) predominant season 2018–2019 season: Sept. 30, 2018–Sept. 28, 2019; mixed influenza A (H1N1)pdm09 and influenza A (H3N2) season 2019–2020 season: Sept. 29, 2019–Sept. 26, 2020; mixed influenza B (Victoria) and influenza A (H1N1)pdm09 season 2020–2021 season: Sept. 27, 2020–Oct. 2, 2021; influenza activity was too low to determine a predominant strain 2021–2022 season: Oct. 3, 2021–Oct. 1, 2022; influenza A (H3N2) predominant season 2022–2023 season: Oct. 2, 2022–Sept. 30, 2023; influenza A (H3N2) predominant season

Laboratory-confirmed Influenza-associated Pediatric Deaths

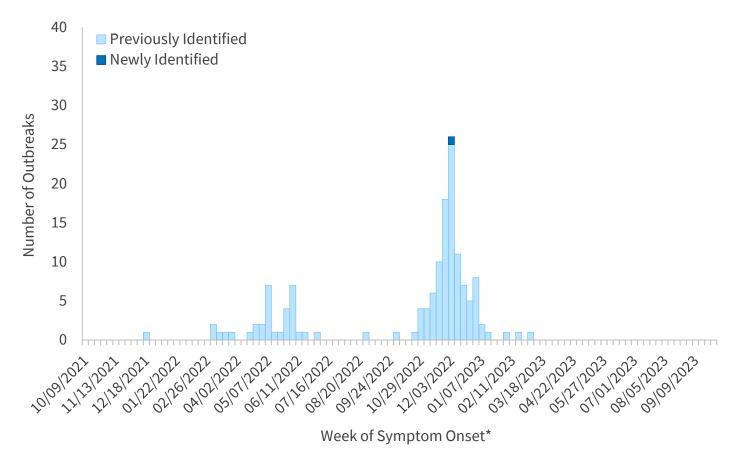
Influenza-associated deaths in children <18 years of age are nationally notifiable. The weekly influenza report includes confirmed deaths formally reported to CDPH through March 11, 2023 (Week 10). Methods used to identify pediatric influenza-coded deaths on death certificates differ from those used to identify the influenza-associated pediatric deaths presented below, which require laboratory confirmation of influenza, and might not include the same individuals.

No laboratory-confirmed influenza-associated deaths in children <18 years of age were reported to CDPH during Week 10. To date, CDPH has received 10 reports of laboratory-confirmed influenza-associated deaths among persons <18 years of age during the 2022–2023 influenza season.

Influenza-associated Outbreaks

One laboratory-confirmed influenza outbreak was reported during Week 10. To date, 106 laboratory-confirmed influenza outbreaks have been reported to CDPH during the 2022–2023 season.

Figure 10. Number of Laboratory-confirmed Influenza-associated Outbreaks by Week of First Onset, 2021–2023 Season to Date



*Earliest date associated with the outbreak was used for outbreaks without reported date of first patient's symptom onset.

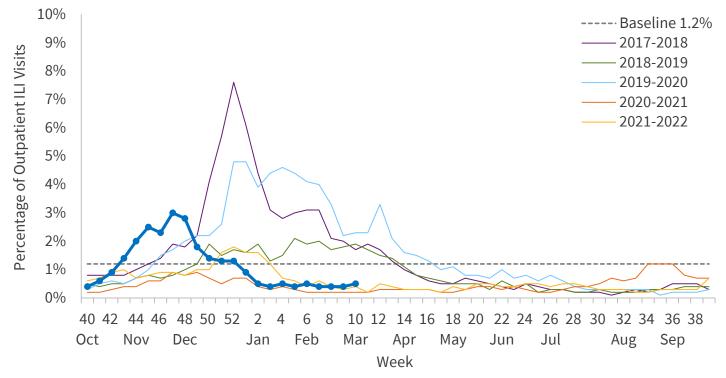
California Border Region Influenza Surveillance Network

The border influenza surveillance network is comprised of outpatient sentinel provider sites whose geographical coverage extends approximately 100 kilometers (60 miles) north of the California-Baja California border and includes Imperial and San Diego Counties, as well as some parts of Riverside County.

Syndromic Surveillance Update

A total of 8 border region sentinel providers reported data during Week 10. The total number of patients screened by all sentinel sites for ILI during Week 10 was 7,881. Outpatient ILI activity was 0.5% in Week 10 (Figure 11). All influenza syndromic data summarized for the border region represent a subset of CDC influenza sentinel providers in California. Increases in ILI-related outpatient visits might also include people seeking care for other respiratory illness, including COVID-19.

Figure 11. Percentage of Influenza-like Illness Visits among Patients Seen by Sentinel Providers – California Border Region, 2017–2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across seasons.

Virologic Surveillance Update

The percentage of influenza detections in border region clinical sentinel laboratories during Week 10 was 1.2% (Figure 12). Additional details, including influenza typing, subtyping, and lineage typing information from border region clinical sentinel laboratories and RLN laboratories can be found in Figure 12 and Table 4.

Figure 12. Number of Influenza Detections by Type and Subtype Detected in RLN Laboratories and the Percentage of Specimens Testing Positive at Clinical Sentinel Laboratories — California Border Region, 2022–2023 Season to Date

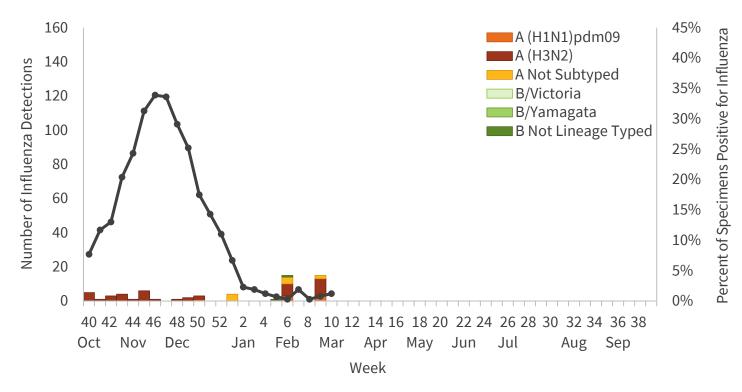


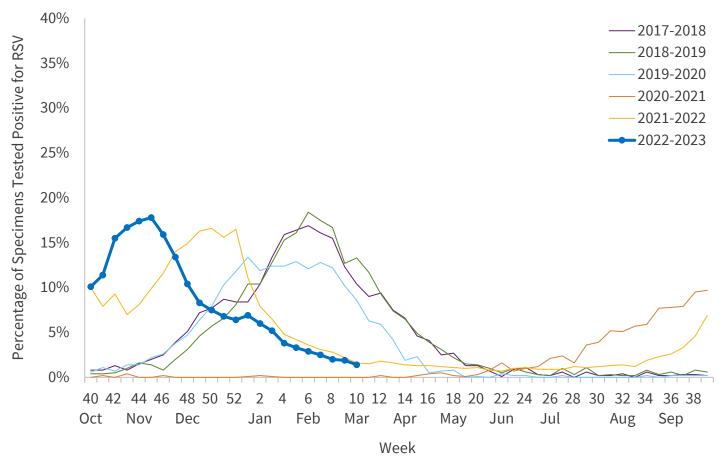
Table 4. Respiratory Specimens Testing Positive for Influenza by Influenza Type, Subtype, and Lineage Type — Clinical Sentinel Laboratories and RLN, California Border Region, Current Week and Season to Date

	Current Week Number	Current Week Percent	Season to Date Number	Season to Date Percent	
Clinical Sentinel Laboratories					
Number of Specimens Tested	484		16,789		
Influenza Positive	6	1.2	2,548	15.2	
A	4	66.7 [*]	2,527	99.2 [*]	
В	2	33.3 [*]	21	0.8*	
Respiratory Laboratory Network					
Influenza Positive	0		62		
A	0	0.0*	60	96.8 [*]	
A (H1)pdm09	0	0.0 [†]	7	11.7^{\dagger}	
A (H3)	0	0.0 [†]	43	71.7^{\dagger}	
A, not subtyped	0	0.0 [†]	10	16.7^{\dagger}	
В	0	0.0*	2	3.2*	
B Victoria	0	0.0 [‡]	0	0.0 [‡]	
B Yamagata	0	0.0 [‡]	0	0.0 [‡]	
B, not lineage typed	0	0.0 [‡]	2	100.0 [‡]	

Respiratory Syncytial Virus Surveillance

RSV Detections from Clinical Sentinel Laboratories

During Week 10, 9,878 specimens were tested for RSV and 143 (1.4%) were positive, which is lower compared to Week 9 (1.9%) (Figure 13).





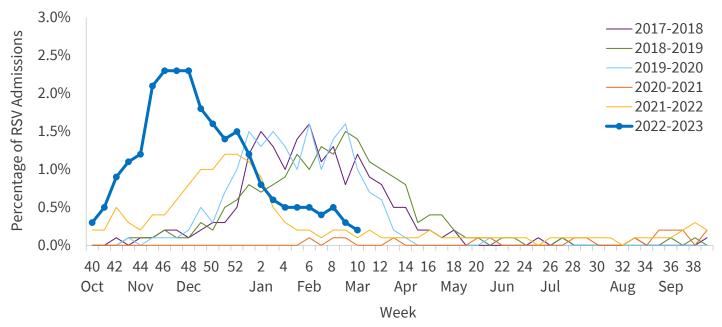
Note: Data have been shifted so that Week 1 aligns across seasons.

RSV Admissions at Kaiser Permanente Northern California Facilities

Inpatients at Kaiser Permanente Northern California facilities with an admission diagnosis including the keywords "RSV," "syncytial," "bronchiolitis," and variants of the keywords are defined as respiratory syncytial virus (RSV)-related admissions. The number of RSV admissions is divided by the total number of hospital admissions occurring in the same period to estimate the percentage of RSV admissions. Admissions for pregnancy, labor and delivery, birth, and outpatient procedures are excluded from the denominator.

The percentage of admissions for RSV in Kaiser Permanente facilities in northern California during Week 10 was 0.2% compared to 0.3% during Week 9 (Figure 14).

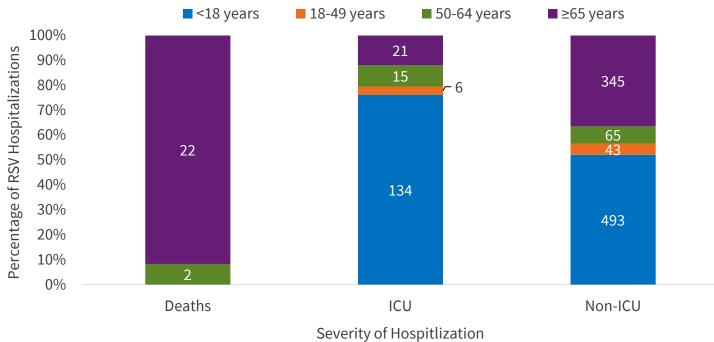
Figure 14. Percentage of RSV Admissions in Kaiser Permanente Northern California Facilities, 2017–2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across seasons.

To date, 946 non-intensive care unit (ICU) hospitalizations, 176 ICU admissions, and 24 deaths have occurred among persons with RSV admission diagnoses. Most RSV admissions occurred among persons <18 years (Figure 15). Please note that RSV admissions serve as a proxy for RSV activity, but do not necessarily represent laboratory-confirmed RSV infections.





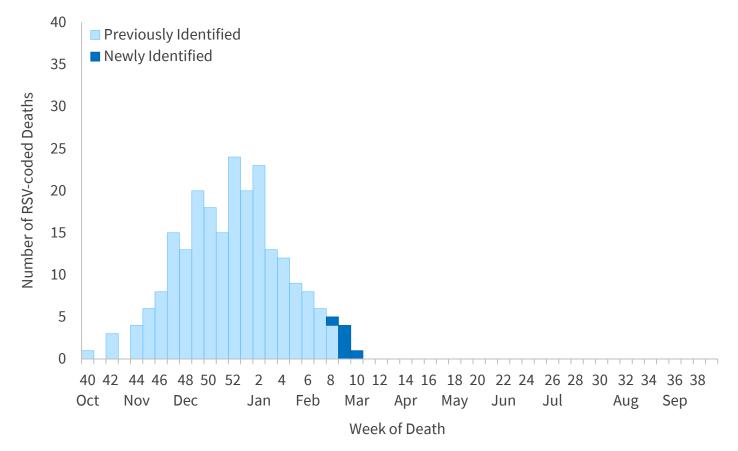
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RSV Mortality Surveillance from Death Certificates

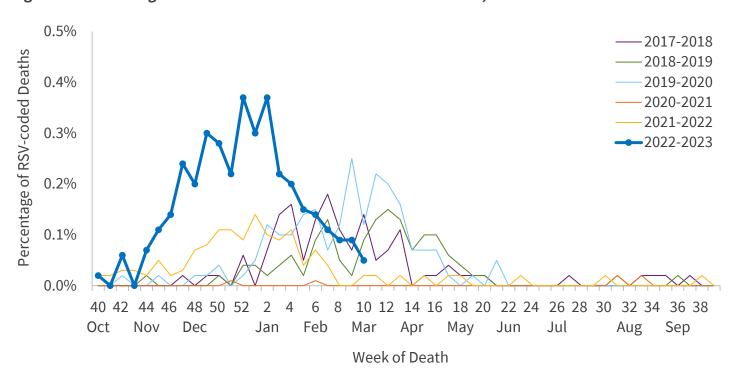
Deaths occurring in California among residents who had RSV noted in any cause of death field on the death certificate (text or coded) are defined as "RSV-coded deaths." The percentage of RSV-coded deaths is calculated by dividing the number of RSV-coded deaths by the total number of all-cause deaths during the same period. RSV-coded deaths are not necessarily laboratory-confirmed and are likely to be an underestimate of all RSV-associated deaths.

During Week 10, six RSV-coded deaths were identified. To date during the 2022–2023 influenza season, 228 RSV-coded deaths have been identified (<u>Figure 16</u>). The percentage of deaths coded as RSV during Week 10 was 0.05% compared to 0.09% during Week 9 (<u>Figure 17</u>).

Figure 16. Number of RSV-coded Deaths Identified from Death Certificates by Week of Death, 2022– 2023 Season to Date



Note: Coding of deaths can be delayed by several weeks. RSV-coded deaths will be included once enough information is available to identify them.





Note: Data have been shifted so that Week 1 aligns across seasons.

To date, 188 (82.5%) RSV-coded deaths have been identified among persons ≥65 years of age during the 2022–2023 influenza season (Figure 18).

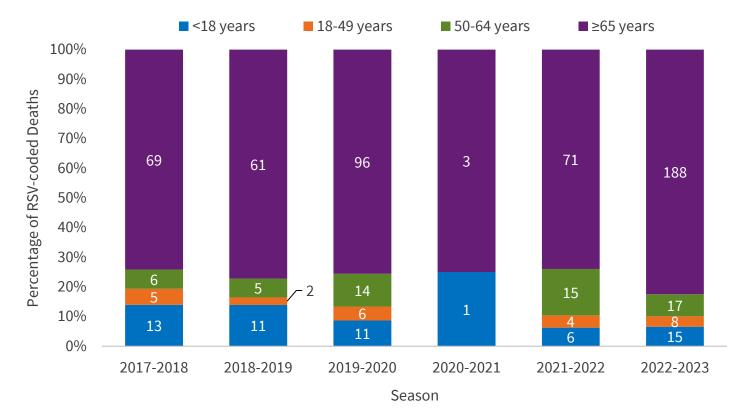


Figure 18. Age Distribution of RSV-coded Deaths from Death Certificates, 2017–2023 Season to Date

Laboratory-confirmed Respiratory Syncytial Virus-associated Deaths

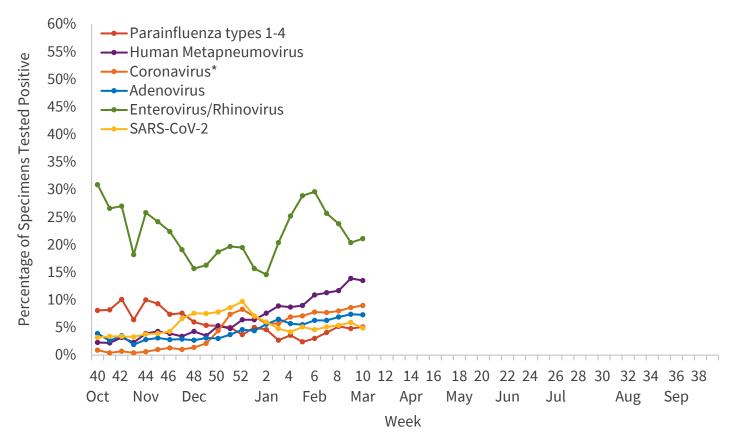
Currently, as mandated under Section 2500 of the California Code of Regulations, deaths among children aged 0–4 years with laboratory-confirmed RSV are reportable to CDPH. The weekly influenza report includes confirmed deaths formally reported to CDPH through March 11, 2023 (Week 10).

No laboratory-confirmed RSV-associated deaths in children <5 years of age were reported to CDPH during Week 10. To date, CDPH has received nine reports of laboratory-confirmed RSV-associated deaths among children <5 years of age during the 2022–2023 influenza season.

Other Respiratory Viruses Surveillance

During Week 10, coronavirus (non-SARS-CoV-2), enterovirus/rhinovirus, and parainfluenza activity increased; human metapneumovirus and SARS-CoV-2 virus activity decreased; and adenovirus activity remained similar compared to the previous week (Figure 19).

Figure 19. Percentage of Other Respiratory Pathogen Detections at Clinical Sentinel Laboratories, 2022-2023 Season to Date



*Coronaviruses identified include common human coronaviruses 229E, NL63, OC43, and HKU1 and do NOT include SARS-CoV-2.

About This Report

This report includes data from many sources of influenza and other respiratory virus surveillance, and it should be viewed as a preliminary "snapshot" of activity for each surveillance week. Because data are preliminary, the information may be updated in later reports as additional data are received. These data should not be considered population-based or representative of all California public health jurisdictions.

More Information

- An accessible Excel file with data for all figures can be downloaded from the <u>CDPH Flu</u> <u>webpage</u> (www.cdph.ca.gov/Programs/ CID/DCDC/CDPH%20Document%20Library/Im munization/Week2022-2310_DataTables.xlsx).
- For questions regarding influenza surveillance and reporting in California, please email <u>InfluenzaSurveillance@cdph.ca.gov</u>.
- To obtain additional information regarding influenza, please visit the <u>CDPH Influenza</u> <u>website</u> (www.cdph.ca.gov/Programs/CID/ DCDC/Pages/Immunization/Influenza.aspx).
- For information about national influenza activity, please visit the U.S. Centers for Disease Control and Prevention's <u>FluView</u> (www.cdc.gov/flu/weekly/index.htm) and <u>FluView Interactive</u> (www.cdc.gov/flu/weekly/ fluviewinteractive.htm) websites.
- For information about COVID-19 in California, please visit the <u>California COVID-19 website</u> (www.covid19.ca.gov).

Highlights Indicators

Triangle symbols are used to indicate direction of change between the previous week and the current week for laboratory flu positivity, outpatient ILI activity, and hospital flu admissions: Increase (▲), decrease (▼), no change (►).

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Influenza Activity Levels⁺

Minimal: The percentage of specimens positive for influenza is <2%.

Low: The percentage of specimens positive for influenza is between 2% and <10%.

Moderate: The percentage of specimens positive for influenza is between 10% and <20%.

High: The percentage of specimens positive for influenza is between 20% and <40%.

Very High: The percentage of specimens positive for influenza is ≥40%.

Insufficient Data: Total number of specimens tested is below the threshold for activity level determination.

California Regions

Northern: Alpine, Amador, Butte, Colusa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra, Siskiyou, Sutter, Tehama, Trinity, Yolo, and Yuba counties

Bay Area: Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, and Sonoma counties

Central Valley: Calaveras, Fresno, Inyo, Kings, Madera, Mariposa, Merced, Mono, Monterey, San Benito, San Joaquin, Stanislaus, Tulare, and Tuolumne counties

Upper Southern: Kern, Los Angeles, San Luis Obispo, Santa Barbara, and Ventura counties

Lower Southern: Imperial, Orange, Riverside, San Bernardino, and San Diego counties

⁺ Influenza activity levels are derived from the percentage of specimens from clinical sentinel laboratories that tested positive for influenza.