

California Influenza Surveillance Project

Viral and Rickettsial Disease Laboratory

2008-2009

Influenza Update – Week 49 (November 30 – December 6, 2008)

National Influenza Activity:

During week 49 (November 30-December 6, 2008), a low level of influenza activity was reported in the United States. Seventy-two (2.8%) specimens tested by U.S. World Health Organization (WHO) and National Respiratory and Enteric Virus Surveillance System (NREVSS) collaborating laboratories and reported to CDC/Influenza Division were positive for influenza. The proportion of deaths attributed to pneumonia and influenza (P&I) was below the epidemic threshold. The proportion of outpatient visits for influenza-like illness (ILI) was below national and region-specific baseline levels. Three states reported local influenza activity; the District of Columbia, Puerto Rico and 24 states reported sporadic influenza activity; and 23 states reported no influenza activity.

California Influenza Activity:

Influenza activity, including sentinel provider outpatient influenza-like illnesses (ILI), Kaiser Permanente P&I (pneumonia and influenza) hospitalizations and influenza laboratory tests in both Northern and Southern California, remained sporadic (defined by the CDC as “Isolated cases of lab confirmed influenza in the state, but ILI activity is not increased”).

Kaiser Permanente inpatient, sentinel providers’ outpatient influenza-like illnesses, and Kaiser Permanente antiviral data:

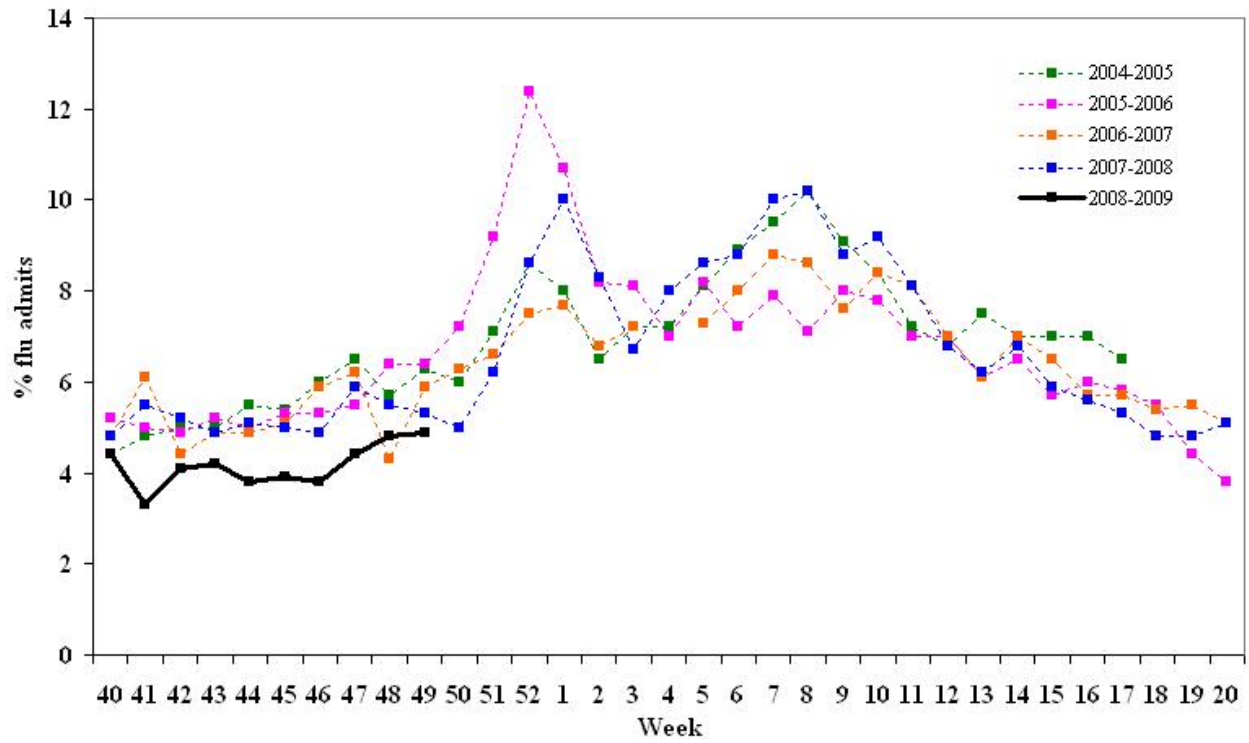
Week	Kaiser Inpatient Data % (range)*		Outpatient ILI Data %(# reported)‡	Kaiser Antiviral Data§	
	Northern CA	Southern CA		Northern CA	Southern CA
49	4.8 (1.4–9.7)	1.6 (0.7–3.0)	1.0 (71 reported)	47	73
Previous week	4.8 (0.9–12.5)	2.2 (0.2–5.2)	1.0 (91 reported)	46	58

* “Flu admissions” are present year-round. During the off-season, these consist chiefly of pneumonia, which represents approximately 3–5% of all admissions

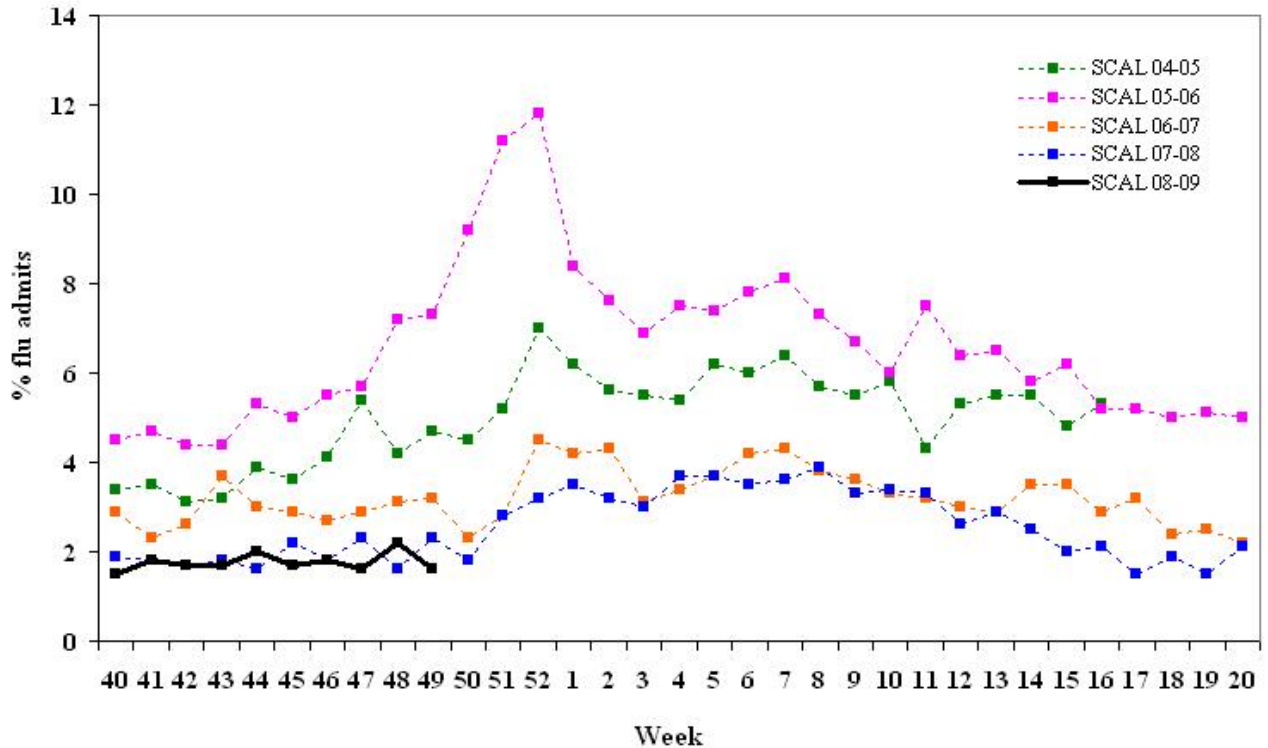
‡ The percentage of outpatient visits for influenza-like illness (ILI) is calculated by dividing the number of ILI visits by the total number of outpatient visits per week

§ The number of prescriptions filled for the antiviral drugs used for influenza (amantadine, rimantadine, zanamivir, and oseltamivir) by Kaiser outpatient pharmacies in California

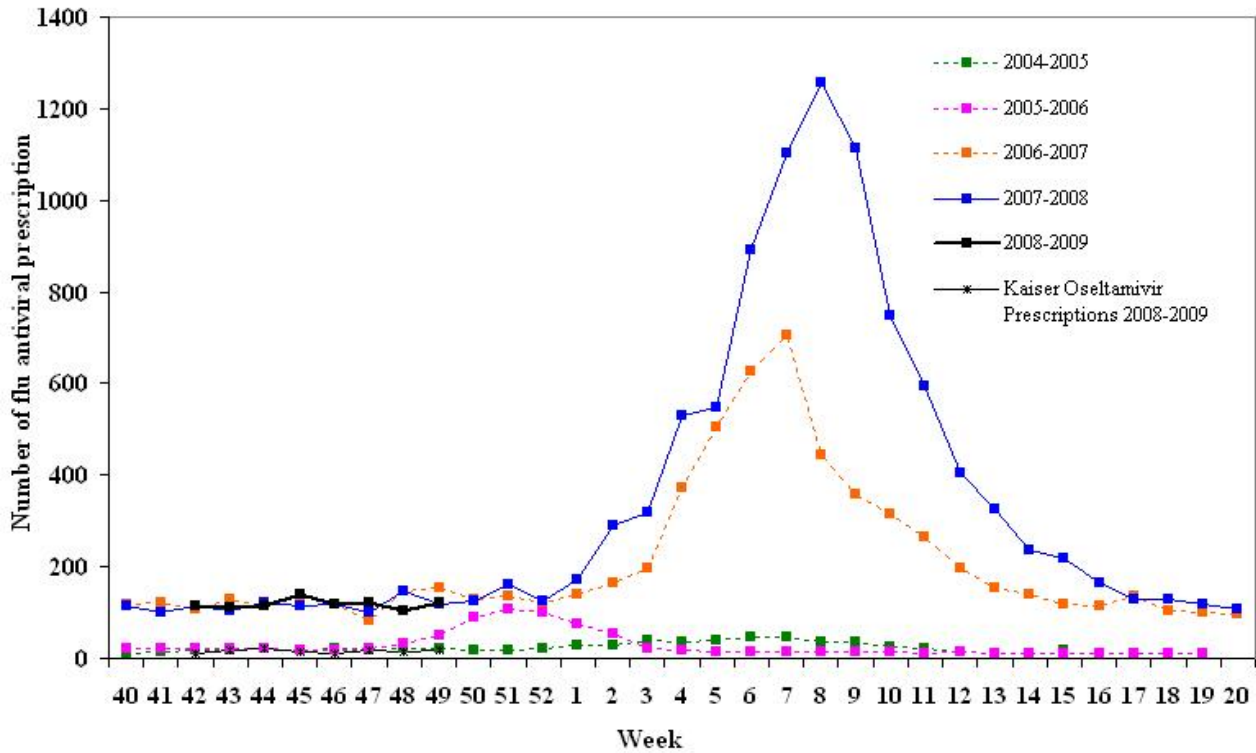
Inpatient "Flu" Admissions 2004-2009 Northern California Kaiser



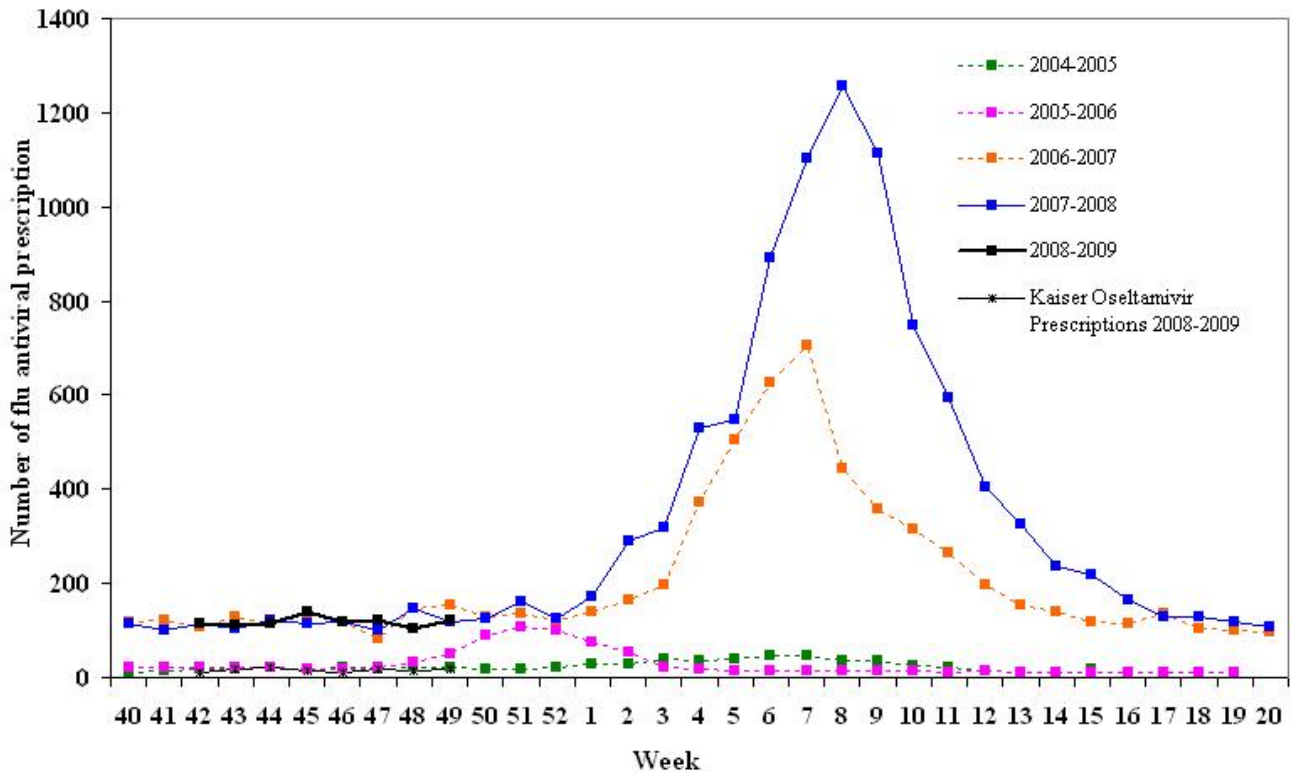
Inpatient "Flu" Admissions 2004-2009 Southern California Kaiser



Kaiser Pharmacy Data Influenza Antiviral Usage 2004-2009



Kaiser Pharmacy Data Influenza Antiviral Usage 2004-2009



Laboratory Data (viral isolation and detection)

		Sentinel Laboratories/Respiratory Laboratory Network [‡]	Sentinel Providers
Week 49	Number of Sites Reporting	25	37 specimens submitted through week 49 (10 pending, 1 positive by PCR)
	Influenza A	9 ^a Total to date: 23	0
	Influenza B	2 ^b Total to date: 9	1
	Influenza A/B	0 Total to date: 0	0
	RSV	123 ^c Total to date: 342	0
	Other Respiratory Viruses	4 ^d Total to date: 61	0

[‡]Sentinel laboratories are hospital, academic, private, and public health laboratories located throughout California that provide data on the number of laboratory-confirmed influenza and other respiratory virus detections and isolations. The Respiratory Laboratory Network (RLN) is a network of 23 local public health laboratories that offer enhanced diagnostic testing with the “R-mix” shell vial assay, which detects several respiratory pathogens, including influenza A and B viruses, respiratory syncytial virus, parainfluenza virus, and adenovirus. Some RLN labs also offer PCR testing for influenza A and B.

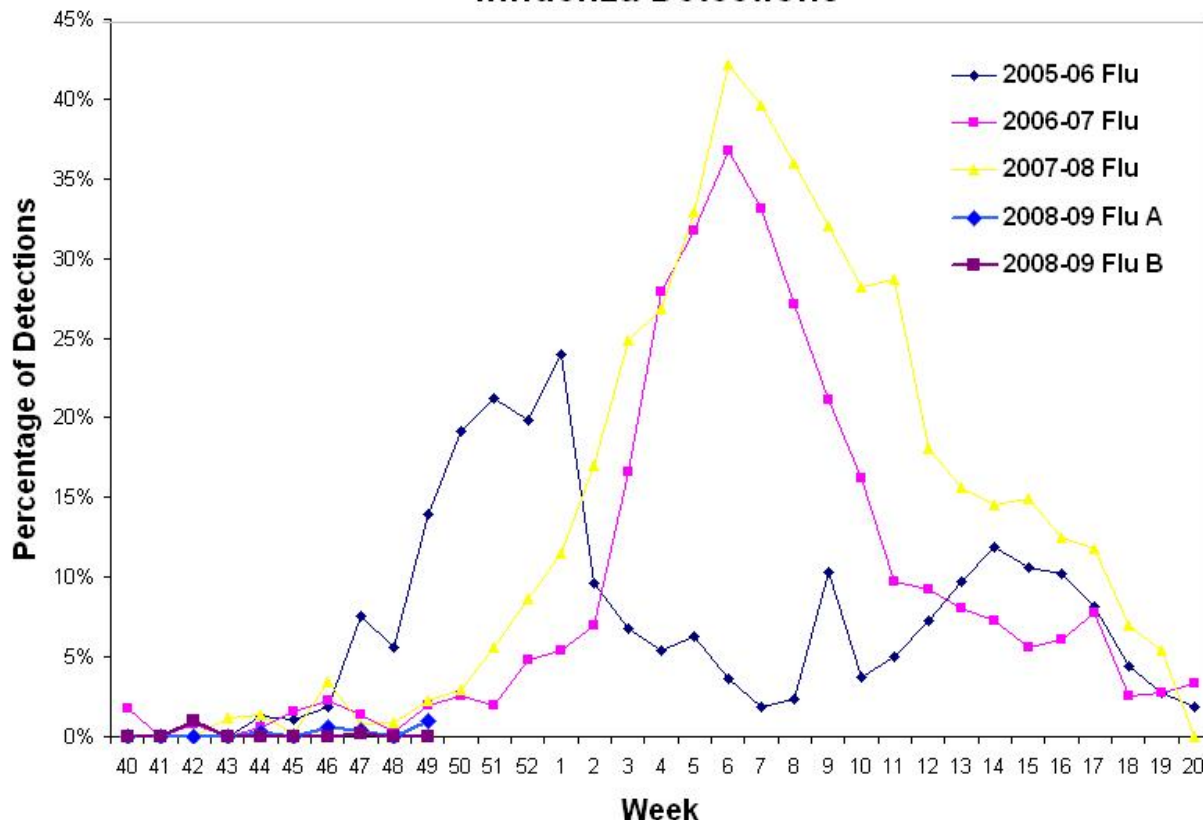
^aNapa (1); Orange (1); Riverside (1); San Diego (2); San Mateo (2); Santa Clara (2)

^bContra Costa (1); San Mateo (1)

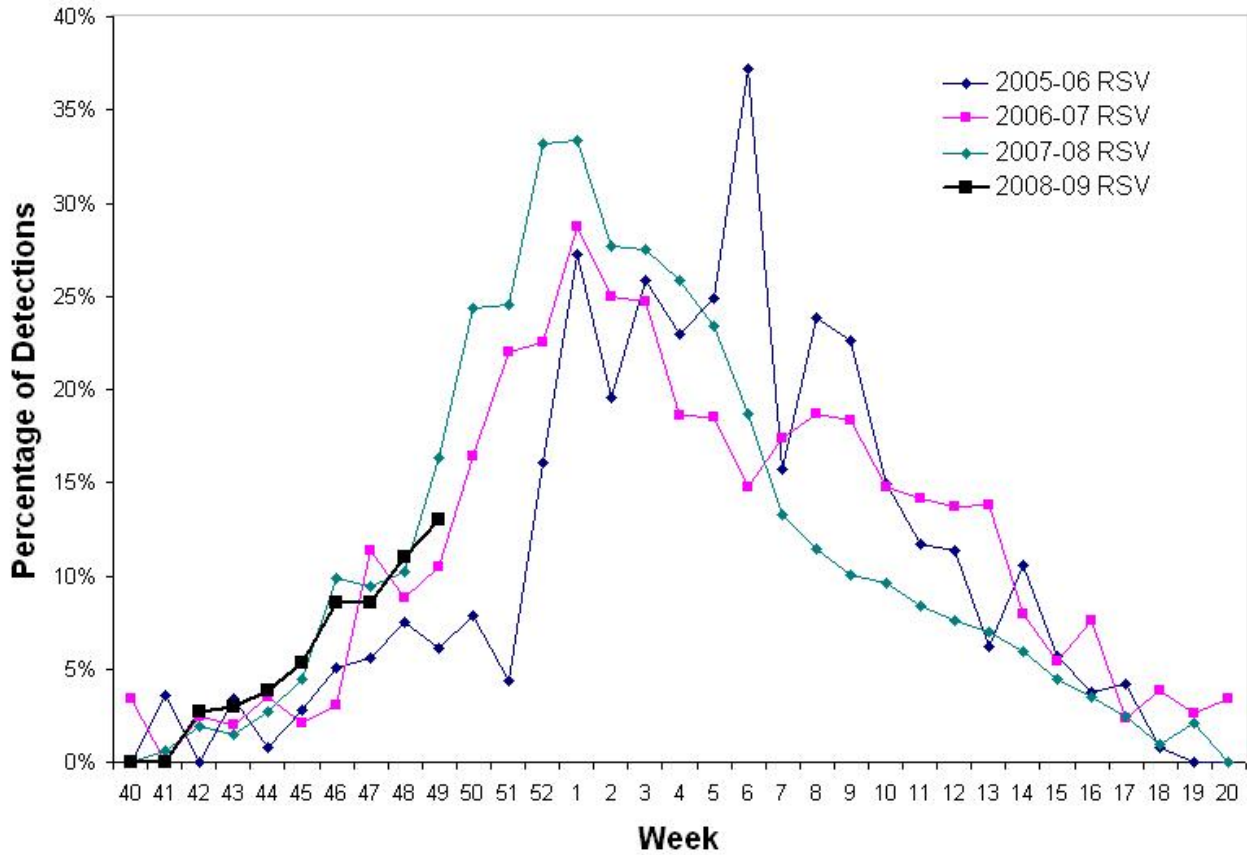
^cAlameda (16); Contra Costa (9); Fresno (3); Kern (1); Long Beach (23); Los Angeles (2); Marin (4); Napa (1); Sacramento (8); San Francisco (5); San Joaquin (3); San Mateo (9); Santa Clara (30); Solano (5); Sonoma (3); Stanislaus (1)

^dparainfluenza type 2 (4)

Sentinel Laboratories/Respiratory Laboratory Network Influenza Detections



Sentinel Laboratories/Respiratory Laboratory Network RSV Detections



Respiratory Laboratory Network:

County Name	Rmix	PCR
Alameda	X	X
Contra Costa		X
Fresno	X	X
Humboldt		X
Imperial	X	
Long Beach	X	
Los Angeles	X	X
Monterey		X
Orange	X	X
Placer	X	X
Sacramento	X	
San Bernardino	X	X
San Diego	X	X
San Francisco	X	
San Joaquin	X	X
Santa Clara	X	X
Shasta	X	X
Solano	X	X
Sonoma	X	
Stanislaus	X	
Tulare	X	

Ventura	X	
VRDL	X	X

Please continue to assist us in recruiting primary care providers (physicians, nurse practitioners, and physician assistants) to be sentinel physicians in your area. For more information, contact Melissa Dahlke at flu@cdph.ca.gov or 510-620-3494.

For questions about the California Influenza Surveillance Project, please contact Erica Boston (erica.boston@cdph.ca.gov) or Janice Louie (janice.louie@cdph.ca.gov).