

Pregnancy, breastfeeding and the COVID-19 vaccines

Know the risks of COVID-19 infection during and after pregnancy:

- A COVID-19 infection during pregnancy increases the risk of preterm birth.
- Pregnant and recently pregnant people who have COVID-19 are reportedly more likely to need to be admitted to an intensive care unit (ICU), need a ventilator or die from the disease.
- Pregnant people who are Black or Latino have a higher rate of illness and death from COVID-19.



Is it safe to get a COVID-19 vaccine while pregnant?

YES

Based on new evidence on the safety of COVID-19 vaccines, the Centers for Disease Control and Prevention (CDC) urges pregnant people to get vaccinated against COVID-19.

Evidence suggests that the benefits of receiving a COVID-19 vaccine during pregnancy outweigh any known or potential risks—and vaccination is essential to ending the pandemic.



Should breastfeeding people get a COVID-19 vaccine?

YES

The American College of Obstetricians and Gynecologists (ACOG) and the CDC recommend that breastfeeding people get a COVID-19 vaccine.

When you get vaccinated, the antibodies made by your body can be passed through breastmilk and help protect your child from the virus.



Still have questions? The MotherToBaby hotline is a free, confidential service available in English or Spanish every weekday from 8 am to 5 pm. Call **(866) 626-6847** or visit **MotherToBaby.org** to chat live.

Learn more at [VaccinateAll58.com](https://www.vaccinateall58.com)

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