

# Get the facts about the vaccine

Confused about what's true or false when it comes to COVID-19 vaccines? We get it. These facts will help you separate rumors from truth.

## Are vaccines safe?

**YES**

All COVID-19 vaccines have been rigorously tested. Tens of millions are already vaccinated and scientists continue to monitor vaccine safety.



## Are vaccines effective?

**YES**

Vaccines are your best defense against COVID-19. Vaccinated people have a very low risk of getting seriously ill from the virus.

### What does “fully vaccinated” mean?

The vaccines give you full protection from COVID-19 two weeks after your second shot of either Pfizer or Moderna or two weeks after a single dose of Johnson & Johnson.

## Are side effects normal?

**YES**

Some people get sore muscles, a mild fever or feel tired after getting a vaccine. These normal reactions mean your body is learning how to fight the virus.

Visit [VaccinateALL58.com](https://VaccinateALL58.com) for more vaccine facts. Visit [schools.covid19.ca.gov/pages/parent-page](https://schools.covid19.ca.gov/pages/parent-page) to learn about school safety measures.

## Can the vaccine give me COVID-19?

**NO**

The vaccines do not contain live viruses. Getting vaccinated will not result in a COVID-19 infection or a positive COVID-19 test.

STAY INFORMED AND ENGAGED

© 2021 California Department of Public Health

