

**Bed bugs do not
transmit diseases**

Bed bugs
are oval,
reddish-
brown,
wingless
insects
but can
crawl up
to three
feet a
minute



Bed bugs
feed on
human
blood at
night and
hide in
cracks and
crevices
during the
day

Bites are
painless but
can cause
itching,
redness,
and
swelling



What you need to know about **BED BUGS**

Inspection Means Protection

Brought to you by your California Department of Public Health
<http://www.cdph.ca.gov>





cover photo by Gilles San Martin

Inspect Your Hotel Room:

Pull back sheets and inspect mattress seams and boxspring for bed bugs. Look for blood spots and dark pen-like spots.

Inspect behind the headboard by sliding this card along the edge.

Inspect the nightstand drawers.

Place luggage on luggage stand, a hard surface, or in the bathroom.

Wash clothes after returning from a trip, and dry them on the hottest setting.