Height and Weight Conversion Charts JOB AID

The following charts convert decimals in pounds into the ounces equivalent and height fractions to quarter inches. Please note that some conversions are rounded numbers and not exact mathematical equivalents. The figures are provided for the purpose of entering anthropometric measurements in WIC WISE.

Decimals in Pounds	Equals	Ounces	Decimal	Equals	Ounces
.1	H	2	.6	=	10
.2	=	3	.7	=	11
.3	=	5	.8	=	13
.4	Ш	6	.9	=	14
.5	=	8	N/A	N/A	N/A

I. Weight Conversion

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II. Height Conversion

Inches	Equals	Quarter Inches	Inches	Equals	Quarter Inches
1/16	I	0	9/16	=	2
1/8	=	1	5/8	=	3
3/16	=	1	11/16	=	3
1/4	=	1	3/4	=	3
5/16	=	1	13/16	=	3
3/8	=	2	7/8	=	4 or one inch
7/16	=	2	15/16	=	4 or one inch
1/2	=	2	N/A	N/A	N/A