



# CLPPP OUTREACH TOOLKIT

## RESOURCES FOR LEAD POISONING PREVENTION DURING COVID-19



California Department of Public Health  
Childhood Lead Poisoning Prevention Branch



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## Introduction

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The Childhood Lead Poisoning Prevention Branch (CLPPB) has developed this toolkit to assist Childhood Lead Poisoning Prevention Programs (CLPPPs) in their outreach and education efforts during the COVID-19 pandemic.

For children living in homes with lead hazards, the additional time spent at home during the COVID-19 pandemic may be increasing their risk for lead poisoning. Additionally, many families are not keeping up with their well-child visits and children are missing important interventions like blood lead tests and immunizations. The materials in this toolkit were developed to help CLPPPs address these concerns.













This toolkit includes a new resource web page, two new educational flyers, customizable health care provider and patient letter templates encouraging lead safety and well-child visits, and a social media toolkit. All tools are designed to assist CLPPPs in highlighting the importance of lead poisoning prevention during COVID-19 in the communities they serve.

# Web Page—Resources for Staying Lead-Safe During COVID-19

CLPPB has developed a new web page, [Resources for Staying Lead-Safe During COVID-19](https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx) (https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx), to provide information about lead safety during the COVID-19 pandemic. The web page provides lead poisoning prevention resources, including activities for kids, curricula for child care providers, schools and parents, and information about blood lead testing.

In addition to lead-related information, the new web page includes COVID-19-specific resources from the California Department of Public Health, U.S. Centers for Disease Control and Prevention (CDC), and other federal, state, and local health agencies.

CLPPB encourages CLPPPs to use and share this page within their programs, with local partners, and with others in their communities. CLPPB will continue to add educational materials and resources to the web page as they become available. The screen shots below show the general layout of the resource page.

<p><b>Resources for Staying Lead-Safe During COVID-19</b></p> <p>Many potential sources of lead can be found in or around the home, such as lead-based paint, dust, and soil. During the COVID-19 outbreak, Californians are spending more time at home, potentially leading to greater exposure to lead. In addition to general cleaning and disinfecting during the outbreak, you can help prevent lead exposure from dust and dirt by frequently cleaning floors, windowsills, hands, and toys. It is also important to check for and safely address other potential sources of lead in and around your home.</p> <p>Even small amounts of lead can affect children's behavior, growth, and learning. It is important that children at risk for lead poisoning get a blood lead test, even during COVID-19. Healthcare offices throughout the state have taken extra care to ensure patients are safe when visiting. If you think your child might have been around lead, ask your child's doctor about a blood lead test.</p> <p>The Childhood Lead Poisoning Prevention Branch (CLPPB) has compiled the following resources to help families, schools, and child care providers learn more about lead poisoning, blood lead testing, and how to prevent lead exposure. These resources include educational activities for children and families to enjoy together. The information is from the California Department of Public Health, U.S. Centers for Disease Control and Prevention (CDC), and other federal, state, and local health agencies.</p>	<p><b>Videos:</b></p> <p> The Story About Lead video (4 minutes) from Southwest Center for Pediatric Environmental Health</p> <p> Wash Away the Lead video (3 minutes) from Orange County Childhood Lead Poisoning Prevention Program</p> <p> Lead Away! video (14 minutes) from Sesame Street</p>	<p> Chip And Dusty Classroom Exercise (PDF) for children ages 3-6 from EPA. Resource page with puppet templates.</p>
<p><b>Lead Poisoning Prevention Resources for Families</b></p> <p>Although lead is very harmful to children, lead exposure is preventable.</p> <ul style="list-style-type: none"> <li>Use the checklist to identify and safely address any potential lead sources in your home.</li> <li>Use the A to Z list to learn more about lead and the words that doctors, nurses, and lead inspectors use to talk about lead poisoning.</li> <li>Review the brochures and video to learn lead-safe practices for fixing up your home and general lead safety tips.</li> </ul>	<p><b>Information About Getting a Blood Lead Test</b></p> <p>You may be worried about going to the doctor right now, but know that doctor's offices are taking extra steps to keep you and your family safe during checkups. Call your child's doctor to schedule an appointment and get a blood lead test.</p> <p>Most children with lead poisoning do not look or act sick. The only way to know if a child has been exposed to lead is through a blood lead test.</p> <p>The following resources explain how and when children should be tested, and provide information to help families get health insurance.</p>	<p><b>Coloring Books:</b></p> <p> Ethan's House Gets Healthier (PDF) coloring book from CDC</p> <p> Is There Lead in the Water? (PDF) coloring book from CDC</p>
<p> Check for Lead In and Around Your Home (PDF) CLPPB Checklist</p> <p> Revise si hay plomo alrededor y adentro de su casa (PDF)</p> <p> Protect Your Child from Lead (PDF) CLPPB Brochure</p>	<p> Getting Your Child Tested for Lead (PDF) CLPPB Informational Card</p> <p> Cómo Hacerle la Prueba de Plomo a Su Hijo (PDF)</p> <p> Frequently asked questions about lead poisoning</p>	<p><b>COVID-19 Resources for Families</b></p> <p>There is a lot of information about COVID-19 and how to keep your family healthy. CLPPB has provided the resources below to help families easily access important information about COVID-19.</p> <p><b>News and Data:</b></p> <ul style="list-style-type: none"> <li>Learn about what the state of California is doing to respond to COVID-19</li> <li>Latest news in California on COVID-19</li> <li>COVID-19 U.S. Cases, CDC</li> <li>COVID-19 Global Cases, Johns Hopkins University interactive map</li> </ul> <p><b>COVID-19 Resources for Children:</b></p> <ul style="list-style-type: none"> <li>CNN/Sesame Street Coronavirus Town hall video: Doctors answer questions from kids</li> <li>We Wear Masks story by CU Boulder/Speech Language Hearing &amp; Sciences Child Learning Center</li> </ul>

## Educational Flyers for Lead Poisoning Prevention During COVID-19

The two bilingual (English/Spanish) educational flyers in this toolkit address potential lead exposures that may be occurring more frequently while families are spending more time at home during the COVID-19 pandemic. One flyer focuses on potential sources of lead that may be found in or around the home, while the other highlights the importance of implementing lead-safe practices when performing construction activities or home renovations.

These educational flyers can be printed and posted (with permission) in locations still frequented by parents and families. Some high-traffic areas include:

- Shopping centers
- Grocery stores
- Hardware/home improvement stores
- Food banks
- Schools
- Libraries (including library websites)
- Neighborhood parks
- Community centers
- Faith-based organizations
- Health centers/clinics
- Farmer's markets
- Bus stops

CLPPB also encourages CLPPPs to send digital copies of these educational flyers to community partners and local organizations, highlighting the need for increased attention to lead poisoning prevention efforts during the COVID-19 pandemic. Suggested platforms for message dissemination include:

- Social media outlets
- Health department and/or community partner websites
- Advertisements (e.g., billboards, buses, newsletters, radio)

# Is Lead Hiding in Your Home?


To view and download this flyer as a PDF, visit CLPPB's [Resources for Staying Lead-Safe During COVID-19](#) web page.

## Is Lead Hiding in Your Home?


Some sources of lead might surprise you. Learn where to look for lead in and around your home.

## ¿Se esconde plomo en su casa?


Algunas fuentes de plomo pueden sorprenderte. Aprenda dónde buscar plomo dentro y alrededor de su casa.




Peeling or deteriorated paint and dust in older homes and bare dirt outside—  
Pintura descarapelada o deteriorada y polvo en casas viejas y tierra descubierta




Work clothes and shoes if household members work with lead —  
Ropa de trabajo y zapatos de los miembros de la casa que trabajan con plomo




Some traditional remedies, cosmetics, or ceremonial powders —  
Algunos remedios tradicionales, cosméticos, o polvos ceremoniales




Some imported foods and spices brought to the U.S. by family and friends — Algunas comidas y especias importadas, especialmente las especias de colores brillantes que han sido traídas a los EE. UU. por amigos y familia




Some ceramic dishware and leaded crystal — Algunas cerámicas y cristal de plomo




Some toys, jewelry, and other objects — Algunos juguetes, joyas y otros objetos



Plumbing containing lead/lead pipes or fixtures — Plomería o grifería que contiene plomo



Bullets and fishing sinkers — Balas y plomos de pescar



Some candy from outside the US — Algunos dulces importados

If you think your child might be at risk for lead exposure, ask your child's doctor about a blood lead test.

Si cree que su hijo podría estar en riesgo de exposición al plomo, pregúntele al médico sobre una prueba de plomo en la sangre.

For more information, visit [cdph.ca.gov/Programs/CLPPB](http://cdph.ca.gov/Programs/CLPPB) or contact:  
Para más información, visite [cdph.ca.gov/programs/clppb](http://cdph.ca.gov/programs/clppb), o comuníquese con:





# Fixing Up Your Home During COVID-19?

To view and download this flyer as a PDF, visit CLPPB's [Resources for Staying Lead-Safe During COVID-19](#) web page.

## Fixing Up Your Home During COVID-19? Learn how to be lead-safe.

Many people are repairing or remodeling their homes during COVID-19. If you are working on an older home, make sure you know how to keep your family safe from lead hazards.

Homes built before 1978 may have lead in the paint. Scraping or sanding old paint can create dangerous lead dust, which is very harmful to young children and can cause lead poisoning. Lead can harm the brain, nerves, and kidneys of a young child and can make it hard for them to learn, pay attention, and behave.

**Before you renovate or remodel:**

- Have your paint tested for lead.
- Hire a CA State Certified lead professional. These professionals are trained to test for lead in your home and safely remove it.
- For more information, visit [cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/home\\_test.aspx](https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/home_test.aspx).

**If you do not plan to hire a lead professional, follow these tips to help contain the lead dust while you work.**

**Before you work:**

- Tape down plastic sheeting for inside and outside jobs.
- Make a curtain by taping plastic sheeting over the doorway to the work area.
- Put on work clothes or disposable coveralls and keep them separate from other clothes.

**While you work:**

- Keep children, pregnant women, and pets away.
- Use a spray bottle to mist all surfaces with water before and during sanding and scraping.
- Do not leave the work area in your work clothes or shoes.

**After you work:**

- Clean up daily: Use a spray bottle to mist paint chips, fold plastic sheeting inward, and place in a sealed bag.
- Place work clothes and shoes in a bag. Shower and wash your hair. Wash work clothes separately.

**If you think your child or other household member has been around lead, ask your doctor to test for lead poisoning.**



## ¿Arreglando su casa durante COVID-19? Aprenda a estar a salvo del plomo.

Muchas personas están reparando o remodelando sus casas durante COVID-19. Si está trabajando en una casa vieja, asegúrese de saber cómo mantener a su familia a salvo de los peligros del plomo.

Las casas construidas antes de 1978 pueden tener plomo en la pintura. Raspar y lijar pintura vieja puede crear un peligroso polvo de plomo, que es muy perjudicial para los niños pequeños y puede causar envenenamiento por plomo. El plomo puede dañar el cerebro, los nervios y los riñones de un niño pequeño y puede dificultar aprender, prestar atención y comportarse.

**Antes de renovar o remodelar:**

- Haga una prueba de plomo a su pintura.
- Contrate a un profesional del plomo que tiene certificación por el Estado de California. Estos profesionales están capacitados para detectar plomo en su casa y removerlo en una manera segura.
- Para más información, visite <https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/LRCHomeLeadTest-Sp.aspx>.

**Si no va a contratar a un contratista, siga estos consejos para ayudar a controlar el polvo de plomo mientras trabaja.**

**Antes de trabajar:**

- Asegure hojas de plástico para trabajos tanto adentro como afuera.
- Haga una cortina asegurando láminas de plástico en la puerta de entrada a la zona de trabajo.
- Póngase ropa de trabajo o overoles desechables y manténgalos separados de otra ropa.

**Mientras trabaja:**

- Mantenga a los niños, las mujeres embarazadas, y los animales lejos.
- Utilice una botella de aerosol para humedecer todas las superficies con agua antes y durante el lijado y el raspado.
- No salga del área de trabajo con la ropa o zapatos de trabajo puesta.

**Después de trabajar:**

- Limpie todos los días, utilice una botella de aerosol para regar con agua las partículas de pintura.
- Coloque la ropa de trabajo y los zapatos en una bolsa. Dúchate y lávate el cabello. Lave la ropa de trabajo por separado.

**Si usted piensa que su hijo o un miembro de la familia ha estado en contacto con plomo, pregunte a su médico acerca de una prueba de plomo en la sangre.**

For more information, visit [cdph.ca.gov/Programs/CLPPB](https://www.cdph.ca.gov/Programs/CLPPB) or contact:

Para más información, visite [cdph.ca.gov/Programs/CLPPB](https://www.cdph.ca.gov/Programs/CLPPB), o comuníquese con:



CLPPB 9/2020

## Template Letters for Health Care Providers and Parents

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Two template letters are provided for CLPPP outreach to health care providers during the COVID-19 pandemic. The first letter encourages providers to continue with lead prevention efforts and highlights specific actions caregivers and families can take to reduce lead risks to children. The second letter is a resource for health care providers to send to families encouraging them to return to their health care provider's office for well-child visits. Both letters are customizable. You may also include health care provider and patient education materials with these letters.

### *Template Letter to Health Care Providers*

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Adapted from San Francisco CLPPP. Copy and paste the text into your jurisdiction's official letterhead.

Dear Medical Provider,

First and foremost, we want to thank you for your commitment to caring for your patients during these challenging times. The Childhood Lead Poisoning Prevention Program (CLPPP) will continue to be available to assist you in providing guidance and resources on lead poisoning prevention throughout the duration of the COVID-19 pandemic and thereafter. Please do not hesitate to contact us if the need arises.

Lead-contaminated dust is one of the most common causes of elevated blood lead levels in children. Dust and soil may become contaminated from chipped or peeling lead-based paint, emissions from industrial practices, and legacy contamination from leaded gasoline. When lead dust is present in the home environment, children are at greater risk for ingesting lead dust due to mouthing and crawling behaviors. Now that children and their families are spending more time at home, it is a critical time to educate parents and caregivers on how to prevent lead poisoning.

#### **These simple actions can help protect families and children from lead exposure and lead poisoning:**

- Wash hands with soap and water before eating and sleeping and after playing and gardening.
- Wash toys frequently and dispose of toys with chipping paint.
- Clean dusty surfaces frequently: Use water and an all-purpose cleanser to wet mop hard floors and wipe windowsills and other hard surfaces with a wet paper towel or sponge. Vacuum area rugs, wall-to-wall carpet and upholstered furniture. If possible, use a vacuum with a built-in High Efficiency Particulate Air (HEPA) filter.
- Remove shoes before entering the home.
- Prevent children from playing on or in bare soil. Soil may contain lead.
- Ensure house paint remains intact.

Although damaged and peeling paint is a primary source of lead exposure in the home, there are other potential lead sources, including:

- Lead pipes and water fixtures



- Children’s toys (especially if old or deteriorated)
- Imported traditional cosmetics, jewelry, ceramics, pottery, foods, candies and spices
- Traditional/Home remedies
- Religious powders
- Take-home exposures from a job or hobby.

If you have any questions or would like to request more information, please feel free to contact CLPPP at [XXX-XXX-XXXX](tel:XXX-XXX-XXXX) or [www.CountyCLPPP.gov](http://www.CountyCLPPP.gov). I would be more than glad to talk with you over the phone, meet in person when it is safe to do so, or provide training for your staff. Enclosed, please find [XXXX](#) materials that can be shared with your patients. Additional copies are available, free of charge.

Sincerely,

## *Health Care Provider Letter to Patients — English Template*

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Customize this letter for health care providers to send to families encouraging them to return to the office for well-child visits.

Dear Parents,

During these challenging times, please know that we are here for you. Your child's health and safety are our top priority, and we have made it safe for you and your child to come in for routine checkups, blood lead screenings, and immunizations.

We have taken extra precautions to help protect you and your family as well as our staff during COVID-19, including: **[Please omit the ones that do not apply]**

- Wearing masks at all times.
- Disinfecting exam rooms between patients.
- Separating well visits from sick visits.
- Checking each person's temperature before they enter the building.
- Limiting provider visits to one caregiver per child.
- Allowing parents/caregivers to check in for their appointment from their car.
- Answering your questions over the phone or computer before your appointment, to minimize time spent at the clinic.
- Offering curbside visits in our parking lot! Please park and call our office upon arrival. We'll come out to see you!

### **Tips for keeping your child safe during your visit:**

- Is your child 2 years of age or older? Please have them wear a mask before entering our clinic (do not use if your child has trouble breathing). Parents and caregivers also need to wear a mask.
- Use hand sanitizer before entering and after leaving our clinic. We have some available by the front door!
- Please call us upon arrival and wait in your car. We'll let you know when we are ready to see you.

Please call our office at **(XXX) XXX-XXXX** to schedule your child's checkup, follow-up or immunization appointment. Staying on track with needed checkups, blood lead testing, and immunizations, especially during COVID-19, is very important to your child's health. Enclosed, please find **XXXX** materials that provide more information about lead poisoning prevention.

With you in health,

Dr. **[your name here]**

## *Health Care Provider Letter to Patients—Spanish Template*

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Customize this letter for health care providers to send to families encouraging them to return to the office for well-child visits.

Estimados padres/cuidadores,

Durante estos tiempos tan difíciles, le queremos informar que estamos aquí para servirle. La salud y seguridad de su hijo son nuestra máxima prioridad. Hemos asegurado para usted y su hijo acudir a chequeos de rutina, pruebas de plomo en la sangre e inmunizaciones.

Hemos tomado precauciones adicionales para proteger a usted y a su familia, así como a nuestro personal durante COVID-19, incluyendo: **[Omit the ones that do not apply/Omita las que no correspondan]**

- Usar máscaras en todo momento.
- Desinfección de salas de examen entre pacientes.
- Separar las visitas de niños sanos y enfermos.
- Verificar la temperatura de cada persona antes de entrar al edificio.
- Limitar las visitas al médico a un padre/cuidador por niño.
- Permitir que los padres o cuidadores se registren para su cita desde su automóvil.
- Responder a sus preguntas por teléfono o computadora antes de su cita, para minimizar el tiempo que pasa en la clínica.
- ¡Ofreciendo visitas al aire libre en nuestro estacionamiento! Por favor, estacione y llame a nuestra oficina cuando llega. ¡Saldremos a verlos!

### **Consejos para mantener su hijo seguro durante su visita:**

- ¿Su hijo tiene 2 años de edad o más? Por favor, pídale que usen una máscara antes de entrar a la clínica (no la use si su hijo tiene problemas para respirar). Los padres y cuidadores también deben usar una máscara.
- Use desinfectante para manos antes de entrar y después de salir de la clínica. ¡Tenemos desinfectante disponible por la puerta principal!
- Por favor llámenos cuando llega y espere en su automóvil. Le avisaremos cuando estemos listos para verlos.

Por favor, llame a nuestra oficina al **(XXX) XXX-XXXX** para programar un chequeo médico para su hijo, hacer una cita de seguimiento, o vacunación. Mantenerse al día con chequeos médicos, pruebas de plomo en la sangre, y vacunas, especialmente durante COVID-19, es importante para la salud de su hijo. Adjunto, encontrará materiales **XXXX** que brindan más información sobre la prevención del envenenamiento por plomo.

Con usted en salud,

Dr. **[your name here/su nombre aquí]**

## COVID-19 Social Media Toolkit

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The social media messages in this toolkit can be tailored to meet your community's needs.

This social media toolkit provides CLPPPs with sample messaging, stock images, and hashtags to use when conducting outreach and education with parents and caregivers via social media platforms during COVID-19. Messages focus on lead prevention efforts parents can take during COVID-19 and encourage parents to continue scheduling and attending routine well-child visits. Other sample messages in this toolkit address the actions health care providers and clinics are proactively taking to alleviate concerns surrounding health care provider visits during COVID-19.

### Hashtags:

#ItsSafeToComeIn  
#CallYourDoctor  
#CallYourPediatrician  
#COVID19  
#COVID19CAfamilies  
#EsSeguroEntrar  
#LlameaSuMédico  
#COVID19CAFamilias

### “It’s Safe to Come In” Stock Images:





## “It’s Safe to Come In” Sample Messages:

### Sample message 1

It’s OK to see the doctor during #COVID19. Clinics are taking additional safety measures to protect your child, such as separating sick visits from well visits. Some clinics even offer curbside appointments. #ItsSafeToComeIn

Está bien ver al médico durante COVID-19. Las clínicas están tomando medidas de seguridad adicionales para proteger a su hijo, como separar las visitas de niños enfermos y sanos. Algunas clínicas ofrecen servicios al aire libre, donde puede recibir atención sin salir del automóvil. #EsSeguroEntrar

### Sample message 2

It’s time to go back to the doctor! Checking your child’s milestones and staying up to date on lead screenings and immunizations are an important part of your child’s health, even during #COVID19. Schedule a checkup today. #ItsSafeToComeIn #CallYourDoctor

¡Es hora de regresar al médico! Verificar el progreso de su desarrollo y mantener al día con las pruebas de plomo en la sangre y las vacunas son importantes para la salud de su hijo, aun durante #COVID19. Haga una visita al médico hoy mismo. #EsSeguroEntrar #LlameaSuMédico

### Sample message 3

Doctors and nurses are taking extra steps to help protect patients from the spread of #COVID19. Schedule your child’s checkup and any lead tests or shots you may have skipped while staying at home. Your child’s health and safety are top priorities! #ItsSafeToComeIn #CallYourDoctor

Los médicos y las enfermeras están tomando medidas adicionales para ayudar a proteger a los pacientes de la propagación del #COVID19. Programe el chequeo de su hijo y cualquier prueba de plomo en la sangre o vacuna que se haya saltado mientras estaba en casa. ¡La salud y la seguridad de su hijo son muy importantes! #EsSeguroEntrar #LlameaSuMédico



#### **Sample message 4**

Worried about keeping your child healthy during #COVID19? You're not alone. Talk with your doctor about staying up to date with immunizations, lead screenings, and developmental milestones. #CallYourDoctor

¿Preocupado por mantener sano a su hijo durante #COVID19? No estás solo. Hable con su médico sobre cómo mantenerse al día con las vacunas, las pruebas de plomo en la sangre y los hitos del desarrollo. #LlameaSuMédico

#### **Sample message 5**

It's been a tough year, and keeping your child safe and healthy has been your top priority. Your doctor is also doing the same by taking extra precautions to make visits safe. Schedule your child's checkup today! #ItsSafeToComeIn #CallYourDoctor

Ha sido un año difícil y mantener a su hijo seguro y sano han sido más importante para usted. Su médico también está haciendo lo mismo al tomar precauciones adicionales para que las visitas sean seguras. ¡Programa la visita al médico para su hijo hoy mismo! #EsSeguroEntrar #LlameaSuMédico

#### **Sample message 6**

Does it feel like it's been a while since you've visited the doctor for your children's well-child visit? You're not alone. Many families are concerned about staying safe during #COVID19. But don't worry! Doctors and clinics are taking extra precautions to make sure you and your family remain safe during your visit. Call your doctor to schedule your visit and stay up to date with lead tests, vaccinations, and more! #ItsSafeToComeIn #CallYourDoctor

¿Se siente como si hubiera pasado un tiempo desde que visitó al médico para sus hijos? No estás solo. Muchas familias están preocupadas por mantenerse seguras durante #COVID19. ¡Pero no se preocupe! Los médicos y las clínicas están tomando precauciones adicionales para asegurarse de que usted y su familia permanezcan seguros durante su visita. ¡Llame a su médico para programar su visita y mantenerse al día con las pruebas de plomo en la sangre, las vacunas y más! #EsSeguroEntrar #LlameaSuMédico

#### **Sample message 7**

Unfortunately, spending more time at home during #COVID19 may mean the potential for higher risk of lead poisoning. #CallYourDoctor today to ask about a blood lead test for your child. Don't worry, doctors and clinics are taking extra precautions to make sure you and your family stay safe from the spread of COVID-19. #ItsSafeToComeIn #CallYourDoctor

Desafortunadamente, pasar más tiempo en casa durante el #COVID19 puede significar un mayor riesgo de envenenamiento por plomo. #LlameaSuMédico hoy para preguntar sobre una prueba de plomo en la sangre para su hijo. No se preocupe, los médicos y las clínicas están tomando precauciones adicionales para asegurarse de que usted y su familia estén a salvo de la propagación del COVID-19. #EsSeguroEntrar #LlameaSuMédico

Lead Poisoning Prevention Stock Images:



## Lead Poisoning Prevention Sample Messages:

### Sample message 8

Following tips to protect against #COVID19, like washing hands and cleaning surfaces regularly, can also prevent lead poisoning! Learn more by visiting [cdph.ca.gov/Programs/CLPPB](https://www.cdph.ca.gov/Programs/CLPPB) and ask your child's doctor about a lead test today! #CallYourDoctor

Seguir consejos para protegerse contra #COVID19, como lavarse las manos y limpiar las superficies con regularidad, también puede prevenir el envenenamiento por plomo. Obtenga más información visitando [cdph.ca.gov/Programs/CLPPB](https://www.cdph.ca.gov/Programs/CLPPB) y pregúntele al médico de su hijo sobre una prueba de plomo en la sangre hoy mismo. #LlameaSuMédico

### Sample message 9

Re-painting or fixing up your home during #COVID19? If your home was built before 1978, the paint in and around your home may contain lead. Learn about lead-safe work practices to keep your family safe and healthy by checking out the Lead-Safe Home Improvement Resources section of this #COVID19 web page:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

¿Volver a pintar o arreglar su casa durante #COVID19? Si su casa fue construida antes de 1978, la pintura dentro y alrededor de su casa puede contener plomo. Conozca las prácticas laborales seguras con el plomo para mantener a su familia segura y saludable consultando la sección Recursos para mejoras en el hogar sin plomo de esta página web #COVID19:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

### Sample message 10

Are you spending a lot of time at home these days? Some sources of lead in and around your home might surprise you! Learn where to check for lead to keep your family safe and healthy and call your doctor to schedule a lead test for your child. #CallYourDoctor

[https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/CDPH%20Document%20Library/LeadChecklist\(En-Sp\).pdf](https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/CDPH%20Document%20Library/LeadChecklist(En-Sp).pdf)

¿Pasas mucho tiempo en casa estos días? ¡Algunas fuentes de plomo dentro y alrededor de su casa pueden sorprenderlo! Aprenda dónde buscar plomo para mantener a su familia segura y saludable y llame a su médico para programar una prueba de plomo en la sangre para su hijo. #LlameaSuMédico

[https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/CDPH%20Document%20Library/LeadChecklist\(En-Sp\).pdf](https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/CDPH%20Document%20Library/LeadChecklist(En-Sp).pdf)



### **Sample Message 11**

#COVID19 has really disrupted our lives, but did you know that it might also increase your child's risk of lead poisoning? Learn more about preventing lead exposure and scheduling a blood lead test by checking out these resources for staying lead-safe during COVID-19!

#CallYourDoctor

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

#COVID19 realmente ha perturbado nuestras vidas, pero ¿sabía que también podría aumentar el riesgo de envenenamiento por plomo de su hijo? Obtenga más información sobre cómo prevenir la exposición al plomo y programar una prueba de plomo en la sangre consultando estos recursos para mantenerse a salvo del plomo durante el COVID-19. #LlameaSuMédico

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

### **Sample Message 12**

Looking for educational videos, games, and activities for your kids to learn about reducing the risk of lead poisoning? Visit this resource web page for staying lead safe during #COVID19:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

¿Busca videos educativos, juegos y actividades para que sus hijos aprendan a reducir el riesgo de envenenamiento por plomo? Visite esta página web de recursos para mantenerse a salvo del plomo durante #COVID19:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

### **Sample Message 13**

Interested in engaging educational materials to teach your kids about how lead impacts healthy development? Check out this resource page on lead poisoning prevention tips, with information especially for #COVID19:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

¿Está interesado en materiales educativos para enseñar a sus hijos cómo el plomo afecta el desarrollo saludable? Consulte esta página web de recursos sobre consejos para la prevención del envenenamiento por plomo, con información especialmente para #COVID19:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

### **Sample Message 14**

Spending more time at home during #COVID19? Check your home for sources of lead to keep your family lead-safe. Find a lead safety checklist for your home in the Lead Poisoning Prevention Resources for Families section of this new COVID-19 resource web page:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

¿Pasas más tiempo en casa durante #COVID19? Revise su hogar en busca de fuentes de plomo para mantener a su familia a salvo del plomo. Encuentre una lista de verificación de seguridad con plomo para su hogar en la sección Recursos para la prevención del envenenamiento por plomo para familias de esta nueva página web de recursos de COVID-19:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

### Sample Message 15

Thinking of creative and simple ways to teach your kids about lead poisoning, especially as we spend more time at home during #COVID19? Access the *Lead Poisoning Words to Know from A to Z* resource from this new resource web page:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

¿Está pensando en formas creativas y sencillas de enseñarles a sus hijos sobre el envenenamiento por plomo, especialmente porque pasamos más tiempo en casa durante #COVID19? Acceda al recurso *Palabras de envenenamiento por plomo que debe conocer de la A a la Z* desde esta nueva página web de recursos:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx>

### Sample Message 16

Check out this educational and entertaining 4-minute video for kids on *The Story About Lead* and ways to prevent lead exposure at home. Access this video and other activities for kids from this #COVID19 resource web page:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

Vea este video educativo y entretenido de 4 minutos para niños sobre *La Historia Sobre el Plomo* y las formas de prevenir la exposición al plomo en la casa. Acceda a este video y otras actividades para niños desde esta página web de recursos sobre #COVID19:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

### Sample Message 17

Who doesn't love Sesame Street? Have fun watching this *Lead Away!* video with your kids to learn about lead and how to protect your family from lead's toxic effects. You can access the video from this new #COVID19 resource webpage, under Activities for Children:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

¿Quién no ama Sesame Street? ¡Diviértete viendo este video ¡Lead Away! con sus hijos para aprender sobre el plomo y cómo proteger a su familia de los efectos tóxicos del plomo. Puede acceder al video desde esta nueva página web de recursos sobre # COVID19, en Actividades para Niños:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

### Sample Message 18

If you are a child care facility or preschool looking for tips on keeping your facility lead-safe, we've got you covered! Check out this new #COVID19 resource web page under Curricula for Child Care Providers, Parents, and Schools to access training resources for your facility:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>



Si usted es un centro de cuidado infantil o un preescolar que busca consejos sobre cómo mantener su centro seguro contra el plomo, ¡lo tenemos cubierto! Consulte esta nueva página web de recursos sobre #COVID19 en Currículos para Proveedores de Cuidado Infantil, Padres y Escuelas para acceder a recursos de capacitación para su instalación:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

### **Sample Message 19**

Looking for simple ways to teach your kids about #COVID19? Check out this CNN/Sesame Street Coronavirus Town hall video, where doctors answer questions directly from kids about what COVID-19 is and how to stay safe. You can access this resource under COVID-19 Resources for Families on this COVID-19 and lead poisoning prevention resource web page:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

¿Busca formas sencillas de enseñarles a sus hijos sobre #COVID19? Vea este video de CNN / Sesame Street Coronavirus town hall, donde los médicos responden preguntas directamente de los niños sobre qué es COVID-19 y cómo mantenerse a salvo. Puede acceder a este recurso bajo Recursos de COVID-19 para Familias en esta página web de COVID-19 y recursos para la prevención del envenenamiento por plomo:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

### **Sample Message 20**

Want to know how to talk to your kids about Coronavirus, including how to share age-appropriate facts and what your family can do to be “germ busters?” Check out the resource from PBS Kids on this #COVID19 and lead poisoning prevention resource web page under COVID-19 Resources for Families:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>

¿Quiere saber cómo hablar con sus hijos sobre #COVID19, incluyendo cómo compartir datos apropiados para su edad y qué puede hacer su familia para ser "destructores de gérmenes"? Consulte el recurso de PBS Kids en esta página web de #COVID19 y recursos para la prevención del envenenamiento por plomo bajo Recursos de COVID-19 para Familias:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/COVIDResources.aspx#>