





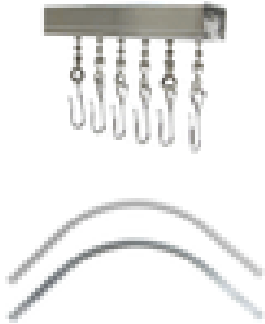


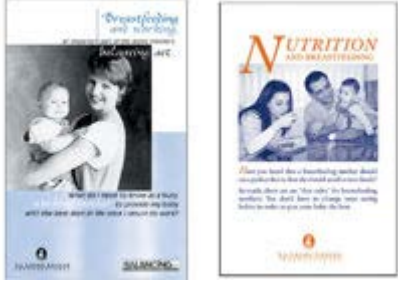
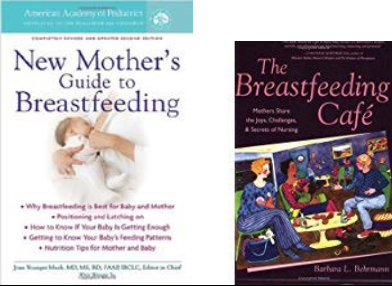

## Lactation Accommodation

For nearly all infants, breastfeeding is universally recognized as the ideal and natural source of nutrition for growth and development. However, according to the Centers for Disease Control and Prevention, in 2014, 92.8 percent of women in California initiated breastfeeding, but only 63.1 percent were still breastfeeding at 6 months.<sup>1</sup> There are many ways that employers can provide the much-needed support for breastfeeding mothers and babies. Providing lactation accommodation is not only good for mothers and babies, but also benefits the employer via staff loyalty, enhance public image of the employers, decreased health care costs, and reduced employee turnover.

Exemplary lactation accommodations should include a few basic items such as a comfortable chair, a table to hold pumping equipment, a refrigeration unit for storage of expressed milk, and a privacy curtain if multiple users share the same space. Employers can go even further by adding supportive education materials and calming artwork. Below is a list of example items. Product and company names do not imply endorsement. There are multitudes of equivalent items that are widely available and just as well suited to support lactation accommodation.

Name and Description	Provider	Cost	Picture/Examples
1. Chairs – Kensington Series Sled. Side and Conference Chairs  <a href="#">Kensington Series Chair Here</a>	CalPIA Item Number: 681700	\$335.00	 Improved comfort
2. End Table- Residential Hall Tables  <a href="#">Residential Hall Tables Here</a>	CalPIA Item Number: 617100	\$175.00	 Expanded space for equipment

<p>3. Danby 3.3 cu ft. compact refrigerator</p> <p><a href="#">Duncan Med Refrigerator Here</a></p>	<p>Duncan and Duncan Medical, Inc.</p> <p>Item Number: 551478929</p>	<p>\$175.00</p>	 <p>Onsite storage</p>
<p>4. Sundance Antimicrobial Solid Tone Mesh Top Hospital Curtains</p> <p><a href="#">Hospital Curtains Here</a></p>	<p>Medical Product Direct</p> <p>Item Number: 19A20570</p>	<p>88"Tx102"W Sundance Antimicrobial Solid Tone Mesh Top Hospital Curtain</p> <p>\$220.00</p> <p>Price varies depending on size and pattern you select. Ranges from \$164.00-\$394.00</p>	<p>Privacy curtain</p>  <p>Privacy curtain</p>
<p>5. Curtain Track and Privacy Screen Parts and Supplies</p> <p><a href="#">Curtain Track and Privacy Screen Here</a></p> <p>If your lactation room does not have a track for privacy curtains, you will need to have one installed.</p>	<p>Medical Product Direct</p> <p>Hospital Curtain Track: Standard Carrier Rollers. Item Number: 01A13918</p> <hr/> <p>Silver Hospital Curtain Track: 90 Degree Curve. Item Number: 01A13926</p>	<p>Hospital Curtain Track: Standard Carrier Rollers (10 Pack)</p> <p>\$37.44</p> <p>-----</p> <p>Silver Hospital Curtain Track: 90 Degree Curve.</p> <p>\$57.20</p>	 <p>Curtain track and parts/supplies</p>

<p>6. Various educational materials (i.e. pamphlets, etc.)</p> <p><a href="#">Educational Materials Here</a></p>	<p>Will vary</p>	<p>Price varies depending on the pamphlets you select.</p>	
<p>7. Educational Books</p>	<p>Will vary</p>	<p>Varies depending on the books you select.</p>	
<p>8. Various posters</p> <p><a href="#">Posters Here</a></p>	<p>Burkett's Office Supply, Inc.</p> <p>Management team donated framed wall-hangings.</p>	<p>Varies depending on which posters you select.</p>	

References:

1. Breastfeeding Report Card, United States/2014. Center for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion. Division of Nutrition, Physical Activity, and Obesity. [Breastfeeding Report Card PDF Here](#)