

Healthy People 2020 Overview

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January 23, 2009



Background for Discussion

- Versions of Healthy People
- Overview of Healthy People 2010
- Healthy People 2020 – Secretary’s Advisory Committee on National Health Promotion and Disease Prevention Objectives for 2020
- CDPH and Healthy People
- Healthy People Forums



Healthy People Entering its Fourth Decade

- 1979** - *Healthy People: The Surgeon General's Report on Health Promotion and Disease Prevention*
- 1980** - *Promoting Health/Preventing Disease: Objectives for the Nation*
- 1990** - *Healthy People 2000: National Health Promotion and Disease Prevention Objectives*
- 2000** - *Healthy People 2010: Objectives for Improving Health*
- 2010** - *Healthy People 2020*



Healthy People 2010

- Two overarching goals
- 28 focus areas
- 901 specific objectives and subobjectives
- 10 Leading Health Indicators with 24 associated HP2010 objectives



Overarching Goals of Healthy People 2010

1. Increase quality and years of healthy life
2. Eliminate health disparities



Healthy People 2010 Focus Areas

1. Access to Quality Health Services
2. Arthritis, Osteoporosis, and Chronic Back Conditions
3. Cancer
4. Chronic Kidney Disease
5. Diabetes
6. Disability and Secondary Conditions
7. Educational and Community-Based Programs
8. Environmental Health
9. Family Planning
10. Food Safety
11. Health Communication
12. Heart Disease and Stroke
13. HIV
14. Immunization and Infectious Diseases

(Continued)



Healthy People 2010 Focus Areas

15. Injury and Violence Prevention
16. Maternal, Infant, and Child Health
17. Medical Product Safety
18. Mental Health and Mental Disorders
19. Nutrition and Overweight
20. Occupational Safety and Health
21. Oral Health
22. Physical Activity and Fitness
23. Public Health Infrastructure
24. Respiratory Diseases
25. Sexually Transmitted Diseases
26. Substance Abuse
27. Tobacco Use
28. Vision and Hearing



Healthy People 2020

Preparing for a
New Framework



Secretary's Advisory Committee on National Health Promotion and Disease Prevention Objectives for 2020

- 13 Nationally known experts with diverse expertise on different aspects of public health
- January 2008 – October 2008
Advisory Committee produced the Phase I Report
- Phase I Report:
Recommendations for the Framework
and Format of Healthy People 2020

www.healthypeople.gov/hp2020/advisory/PhaseI/summary.htm



Phase I Report

Recommendations for the Framework and Format of Healthy People 2020

- Form
- Framework
(vision, mission, overarching goals, graphic model)
- Guidelines for implementation

www.healthypeople.gov/hp2020/advisory/PhaseI/summary.htm



Healthy People 2020 Vision

**A society in which all people
live long, healthy lives**



Healthy People 2020 Mission

To improve health through strengthening policy and practice, Healthy People will:

- Identify nationwide health improvement priorities
- Increase public awareness and understanding of the determinants of health, disease, and disability and the opportunities for progress
- Provide measurable objectives and goals that can be used at the national, state, and local levels
- Engage multiple sectors to take actions that are driven by the best available evidence and knowledge
- Identify critical research and data collection needs



Overarching Goals

- Eliminate preventable disease, disability, injury, and premature death
- Achieve health equity, eliminate disparities, and improve the health of all groups
- Create social and physical environments that promote good health for all
- Promote healthy development and healthy behaviors across every stage of life



Goal 1

Eliminate preventable disease, disability, injury, and premature death

- WHAT? Emphasize the Importance of Prevention and Health Promotion
- WHAT? Address “All Hazards” Preparedness as a Public Health Issue
- HOW? Multisectoral Approach, Strong Public Health Workforce, and Infrastructure



Goal 2

Achieve health equity, eliminate disparities, and improve the health of all groups

- WHAT? Achieving Health Equity and Eliminating Health Disparities
- HOW? Measuring Health Equity and Health Disparities



Health Equity

- A desirable goal/standard that entails special efforts to improve the health of those who have experienced social or economic disadvantage.
- Health equity is oriented toward achieving the highest level of health possible for all groups.
- It requires:
 - (1) continuous efforts focused on elimination of health disparities, including disparities in health care and in the living and working conditions that influence health, and
 - (2) continuous efforts to maintain a desired state of equity after particular health disparities are eliminated.



Health Disparities

- A particular type of health difference that is closely linked with social or economic disadvantage.
- Adversely affect groups of people who have systematically experienced greater social or economic obstacles to health based on their racial or ethnic group, religion, socioeconomic status, gender, mental health, cognitive, sensory, or physical disability, sexual orientation, geographic location, or other characteristics historically linked to discrimination or exclusion.



Goal 3

Create social and physical environments that promote good health for all

- WHAT? An Ecological Approach to Health Promotion
- HOW? Addressing the Social and Physical Environments



Goal 4

Promote healthy development and healthy behaviors across every stage of life

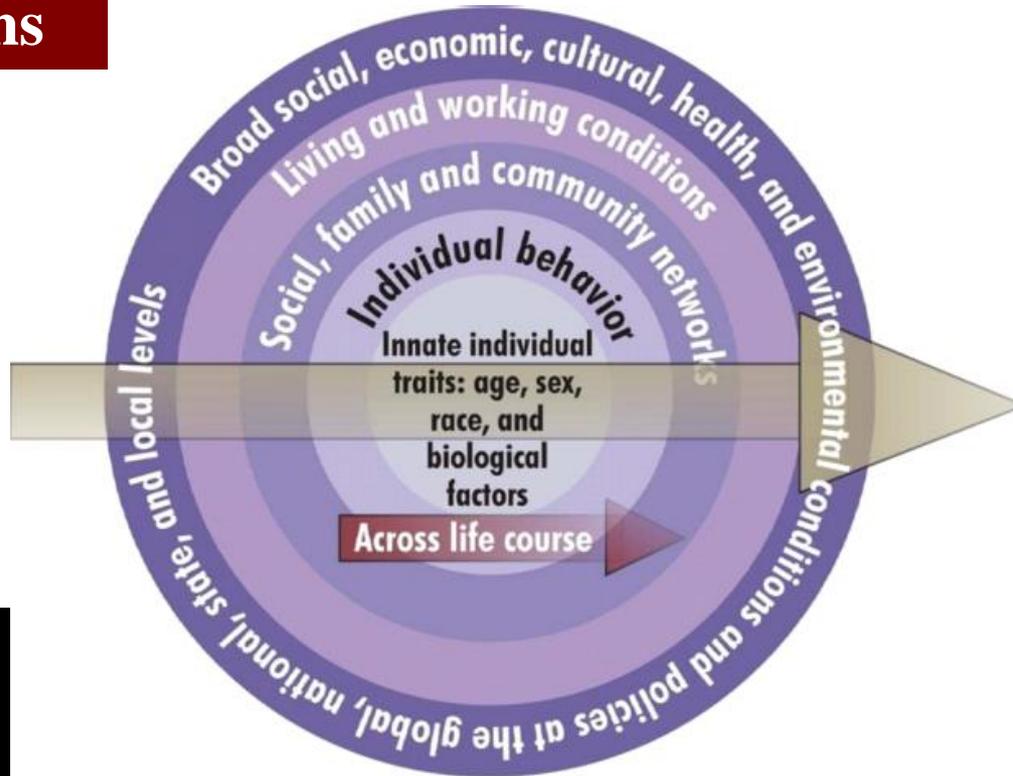
- WHAT? The Importance of Life Stages and Developmental Stages
- HOW? Tailored Clustering of Life Stages; Population Metrics for Healthy Development



Determinants of Health

Interventions

- Policies
- Programs
- Information



Outcomes

- Behavioral outcomes
- Specific risk factors, diseases, & conditions
- Injuries
- Well-being & health-related Quality of Life
- Health equity

Assessment, Monitoring, Evaluation & Dissemination

Guidelines for Implementation of Healthy People 2020

- Intended Users of Healthy People 2020
- Criteria that Can Help Users to Prioritize Objectives
- Organizing Objectives by Interventions, Determinants, and Outcomes
- Development of Health Objectives
- Health Information Technology (IT) and Health Communication



Criteria to Prioritize Objectives

- Overall burden
- Preventable or reducible burden
- Cost-effectiveness
- Net health benefit
- Synergy of interventions
- Timeframe to observe impact
- Reduce health inequities
- Organizational willingness to accept accountability for convening



Organizing Objectives

User Levels	Categories for Sorting Objectives by User Priorities		
National	Interventions	Determinants	Outcomes
State	Interventions	Determinants	Outcomes
Local	Interventions	Determinants	Outcomes

Interventions

- Specific, proven actions that can contribute to reducing burdens for specific diseases and injuries or can have broad effects covering a wide range of disease
- It is critical that measures of actual interventions (e.g., policies, programs, evidence-based interventions), be developed and used
- Information on policy solutions that have proven to be effective (e.g., banning smoking in restaurants and bars) should also be included in this category



Determinants

- Healthy People 2020 should explore the processes whereby susceptibility and determinants lead to health outcomes, and highlight opportunities for intervention
- For example, the category of "physical environment" could include objectives dealing with access to healthy foods; neighborhood safety; or access to safe paths for biking and walking



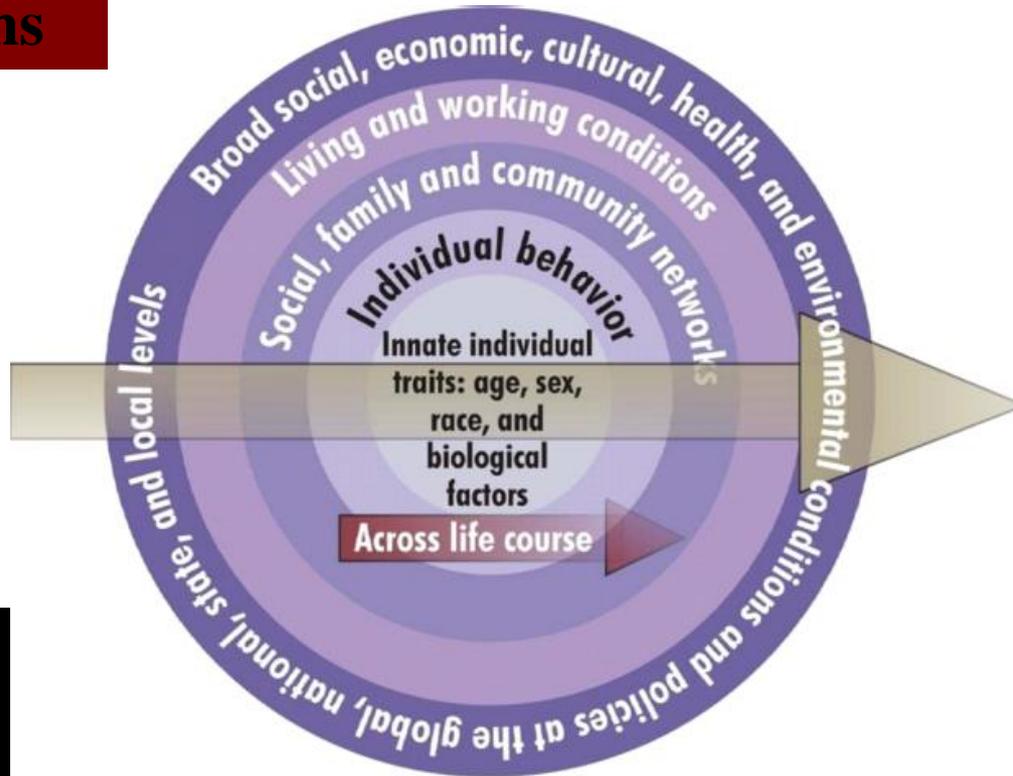
Outcomes

- A list of objectives for specific health conditions and diseases which would, in turn, link back to risk factors and determinants
- For example, a user who clicks on "asthma" could be guided to objectives addressing socioeconomic status, neighborhood characteristics, housing conditions, or access to health care

Determinants of Health

Interventions

- Policies
- Programs
- Information



Outcomes

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- Specific risk factors, diseases, & conditions
- Injuries
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- Health equity

Assessment, Monitoring,
Evaluation & Dissemination

CDPH and Healthy People

- CDPH Historical Reporting
- Current Healthy People Tracking
- Planned review of Focus Areas

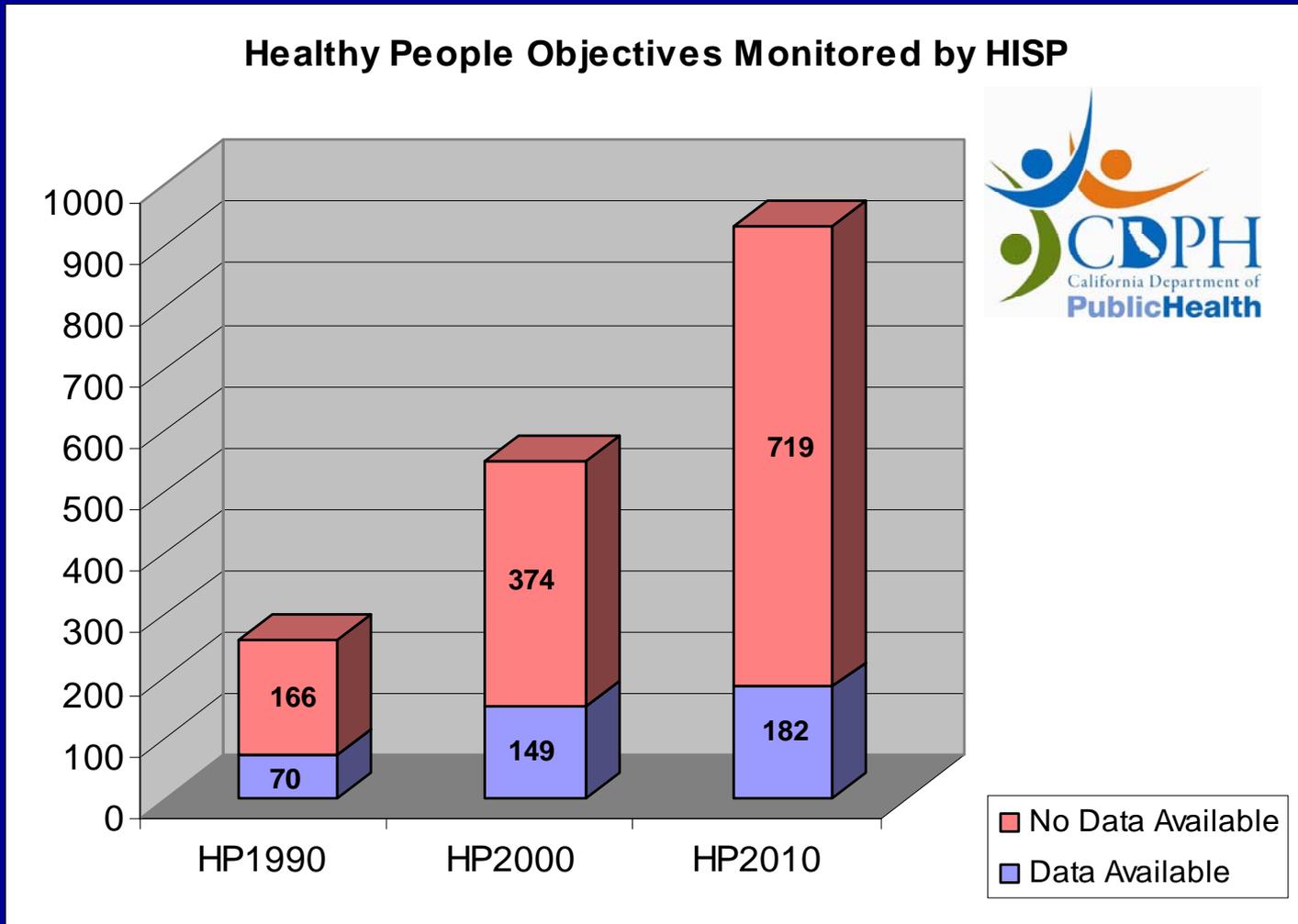


Reporting on California's Progress in Achieving Healthy People Objectives

- **September 1981**
National Health Status Objectives for 1990: An Assessment of California
- **June 1984**
Update of National Health Status Objectives for 1990.
- **August 1987**
California's Progress in Meeting the National Health Status Objectives for 1990
- **July 1995**
Healthy California 2000: California's Experience in Achieving the National Health Promotion and Disease Prevention Objectives
- **June 1999**
Healthy California 2000: Midcourse Review
- **March 2004**
Healthy California 2000: Final Review



History of Healthy People Monitoring



Current Healthy People Tracking

- Website maintained by Health Information and Strategic Planning
- Uses existing data from CDPH, CDC and others to track HP2010 indicators
- Progress Report – Updated routinely
- Leading Health Indicators report





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Healthy California 2010 Progress Report (2008 Update)

[Executive Summary](#)

[Introduction and Methods](#)

[Overarching Goals](#)

[Focus Areas and Objectives](#)

[Discussion and References](#)

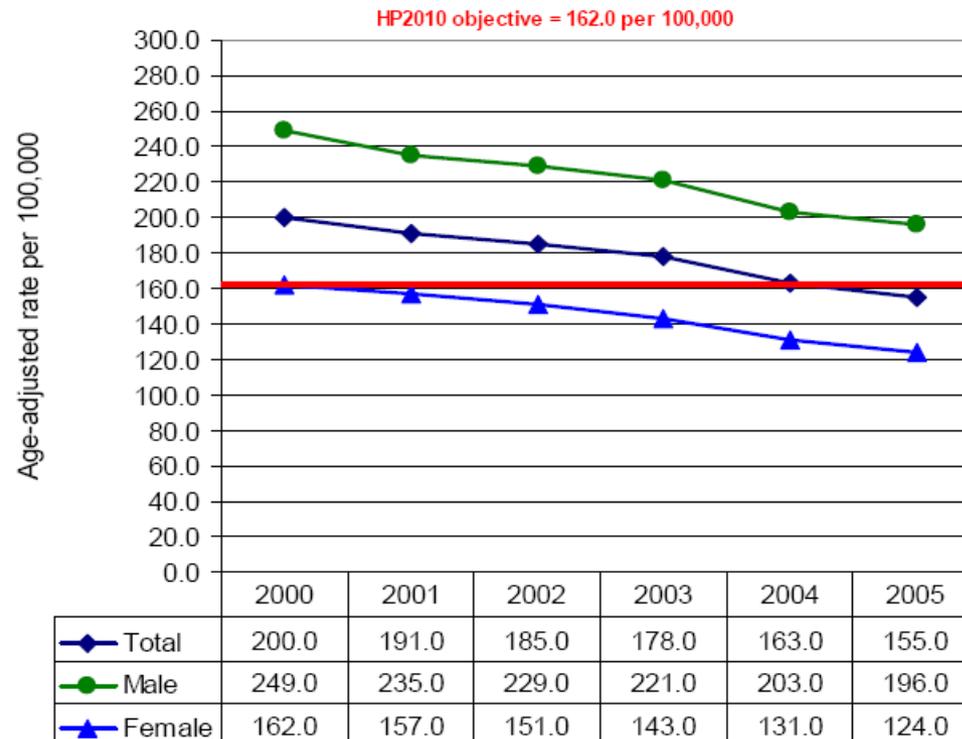
[Technical Notes](#)

Focus Area 12: Heart Disease and Stroke

Objective 12-1: Reduce deaths due to coronary heart disease (CHD).
Target = 162.0 per 100,000 population (age-adjusted) [State Data Source: National Vital Statistics System – Mortality (NVSS-M), CDC, NCHS]

California's age-adjusted death rates for CHD declined significantly from 200.0 per 100,000 population in 2000 to 155.0 in 2005 (Figure 12-1.1). This HP2010 objective had been achieved as of 2005 for the total California population.

Figure 12-1.1. Coronary Heart Disease (CHD) Death Rates Total and By Gender, California, 2000-2005



SOURCE: DATA2010 (March 2008), National Vital Statistics System - Mortality, CDC, NCHS.

CDPH Healthy People Planned Focus Area Reviews

1. Presentation of all current activities being performed by relevant programs
2. Review of Healthy People objectives being monitored by CDPH
3. Discussion of progress made by current activities (#1) towards objectives (#2)
4. Discussion of gaps and potential direction of future activities in light of HP2020



Healthy People 2020 Round Tables

Convened by:

- UC Berkeley School of Public Health
- Dr. Steve Shortell
- December 19, 2008



Healthy People 2020 Forums

Items for discussion:

- Other known Forums being convened?
- Suggested Forums to be convened?



Healthy People 2020

Discussion

