Keep Refrigerated
Perishable

Louie's

Ingredients:
Alfalfa & Clover
Sprouts

NET WT.
4 OZ.
(114g)

Alfalfa Sprout Mix

Nutrition Facts	Amount/Serving	% Daily Value*
Serving Size 1 cup (85g)	Total Fat 0.5g	1%
Servings About 1.5	Sodium 5mg	0%
Calories 25	Total Carbohydrate 3g	1%
* Percent Daily Values are based on 2,000 calorie diet.	Sugars 0g	
	Protein 3g	

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Louie's

NET WT.
4 OZ.
(114g)

Broccoli Sprouts

Nutrition Facts	Amount/Serving	% Daily Value*
Serving Size 3 oz. (84g)	Total Fat 0.5g	1%
Servings About 1	Sodium 25mg	1%
Calories 35	Total Carbohydrate 5g	2%
* Percent Daily Values are based on 2,000 calorie diet.	Sugars 0g	
	Protein 2g	

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Louie's

INGREDIENTS:
Radish, Alfalfa
& Clover Sprouts

NET WT.
4 OZ.
(114g)

Spicy Sprouts

Nutrition Facts	Amount/Serving	% Daily Value*
Serving Size 1 cup (85g)	Total Fat 2g	2%
Servings About 1	Sodium 5mg	0%
Calories 57	Total Carbohydrate 3g	1%
* Percent Daily Values are based on 2,000 calorie diet.	Sugars 0g	
	Protein 3g	

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Louie's

NET WT.
4 OZ.
(114g)

Clover Sprouts

Nutrition Facts	Amount/Serving	% Daily Value*
Serving Size 1 cup (85g)	Total Fat 0.5g	1%
Servings About 1	Sodium 5mg	0%
Calories 25	Total Carbohydrate 3g	1%
* Percent Daily Values are based on 2,000 calorie diet.	Sugars 0g	
	Protein 3g	

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RESEALABLE PACKAGE

Keep Refrigerated, Perishable

Loues

Alfalfa Sprouts

NET WT. 16 o
(1 lb.) 45

ISGA

International Sprout Growers Associa

fruits & vegetables

a Day—for Better Health!

REDIENTS: Alfalfa and Clover Sprouts