



# Tofu List

## Use with July 5, 2011 WIC Authorized Food List Shopping Guide

This is an exclusive list of CA WIC authorized tofu products by product brand and product name, though additional 14–16 oz sizes may be available and are allowed.

#	UPC	Brand Name	Product Name	Type	Size	Organic
1	074326000198	Azumaya	Lite Tofu	Lite Extra Firm	14oz	No
2	074326000136	Azumaya	Tofu	Extra Firm	14oz	No
3	074326000143	Azumaya	Tofu	Silken	16oz	No
4	074326000129	Azumaya	Tofu	Firm	14oz	No
5	037842072018	Frieda's	Firm Tofu	Firm	14oz	No
6	037842072022	Frieda's	Soft Tofu	Soft	14oz	No
7	076371012010	House Foods	Organic Tofu	Medium Firm	14 oz	Yes
8	073371012119	House Foods	Organic Tofu	Soft	14 oz	Yes
9	076371012218	House Foods	Organic Tofu	Firm	14 oz	Yes
10	076371011051	House Foods	Premium Tofu	Soft Silken	14 oz	No
11	076371011167	House Foods	Premium Tofu	Firm	16 oz	No
12	076371011150	House Foods	Premium Tofu	Medium Firm	16 oz	No
13	076371011174	House Foods	Premium Tofu	Extra Firm	16 oz	No
14	076371011099	House Foods	Premium Tofu	Firm	14 oz	No
15	076371011020	House Foods	Premium Tofu	Medium Firm (Regular)	14 oz	No
16	025484000216	Nasoya	Lite Firm Tofu	Lite Firm	14oz	No
17	025484000209	Nasoya	Lite Silken Tofu	Lite Silken	16oz	No
18	025484000100	Nasoya	Organic Firm Tofu	Firm	14oz	Yes
19	025484000131	Nasoya	Organic Silken Tofu	Silken	16oz	Yes
20	025484000117	Nasoya	Organic Soft Tofu	Soft	14oz	Yes
21	079893401874	O Organics	Organic Firm Tofu	Firm	14oz	Yes
22	050012102605	Soy Boy	Organic Tofu Extra Firm	Extra Firm	15oz	Yes
23	050012101806	Soy Boy	Organic Tofu Firm	Firm	16oz	Yes
24	760327000311	Tofu Shop	Organic Calcium Tofu	Regular	14oz	Yes
25	760327000410	Tofu Shop	Organic Calcium Tofu	Soft	14oz	Yes
26	061954000232	Vitasoy SanSui	Firm Tofu	Firm	15oz	No
27	061954000225	Vitasoy SanSui	Regular Tofu	Regular	15oz	No
28	030871302156	Wildwood	Organic SprouTofu	Silken	14oz	Yes
29	030871401002	Wildwood	Organic SprouTofu	Extra Firm	14oz	Yes
30	030871302163	Wildwood	Organic SprouTofu	Firm	14oz	Yes
31	030871000281	Wildwood	Organic SprouTofu	Medium Soft	14oz	Yes

It is the responsibility of the submitters to notify CDPH/WIC as soon as possible of all product changes (and the effective date of each change) to any of their products listed in the California WIC Food List Database; examples of product changes include, but are not limited to: package design, container size, ingredients, and/or discontinuance of a product or size. Product change notifications must be e-mailed to [WICFoods@cdph.ca.gov](mailto:WICFoods@cdph.ca.gov).



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#	UPC	Brand Name	Product Name	Type	Size	Organic
32	030871302118	Wildwood	Organic SprouTofu 2 Pack	Extra Firm	15.5 oz	Yes
33	027862020199	Wo Chong	Organic Soft Tofu	Soft	14oz	Yes
34	027862020205	Wo Chong	Organic Tofu	Firm	14oz	Yes
35	027862020168*	Wo Chong	Tofu	Soft	16 oz	No
36	027862020144*	Wo Chong	Tofu	Extra Firm	14 oz	No
37	027862020182	Wo Chong	Tofu	Silken	16 oz	No
38	027862020120	Wo Chong	Tofu	Firm	16 oz	No

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