
SECTION: REFERRALS, HEALTH LINKAGES AND INTEGRATION, AND OUTREACH

SUBJECT: Program Required Referral

ITEM: Alcohol and Drug Abuse

Policy

The Local Agency (LA) shall provide drug and other harmful substance abuse information to all pregnant, postpartum, and breastfeeding women and to parents or caretakers of infants and children participating in the program.

Required Procedures

At initial enrollment and each subsequent certification appointment, the LA shall:

- I. screen all pregnant, postpartum and breastfeeding women participating in the program for alcohol, drugs, and other harmful substances by:
 - A. completing a nutritional assessment using the nutrition questionnaires, and
 - B. asking the questions in the Integrated Statewide Information System (ISIS).
After assessing past and present history on alcohol, drug and tobacco use the counselor shall determine if the participant is at risk for substance abuse;
- II. provide participants with information which raises awareness about the dangers of alcohol and drug abuse and tobacco;
- III. provide written referral to at risk participants to local programs that provide drug and other harmful substance abuse counseling and treatment; and
- IV. maintain current referral information on:
 - A. available community programs for assessment and treatment by professionals;
 - B. current local resources that include counseling and treatment programs, hotlines and self-help groups for alcohol and other drug users; and
 - C. the referral information shall include program names and locations, services provided, hours, cost, eligibility requirements, admission procedures, and a contact person.

Guidelines

LA staff is encouraged to:

- A. establish linkages with referral agencies to coordinate services;
- B. enter and maintain a current list of referrals on the ISIS Referrals screen; and
- C. document referrals on the Referral screen in ISIS.

Resources

[Free Resources for WIC Clinics from the USDA/FNS.
Nutrition Questionnaires](#)

Authority

7 CFR 246.11 (a) (3)
WIC Nutrition Services Standard, October 2001, Standard 16