

Sample Protocol for Infants and Children
Severe Acute Infections (C53)

Definition	Infections severe enough to affect nutritional status and present within the past 6 months. This may include, but is not limited to tuberculosis, meningitis, parasitic infections, bronchitis, and hepatitis. The disease must have been diagnosed by a physician as self-reported by parent/caregiver, or as reported or documented by physician or someone working under physician's orders.	
Objective	To improve nutritional status, health and to support optimal growth and development.	
Instructions for Staff	<ol style="list-style-type: none"> 1. Review Nutrition Questionnaire/ISIS Summary Screen to determine WIC eligibility. 2. Determine potential topic(s) for nutrition education/referral 3. Have a conversation with the parent/guardian of the participant to identify what they are interested in discussing or learning about within the parameters of the participant's category, developmental stage, and health /nutrition risks. 4. Provide Healthy Lifestyle Messaging and /or information about the risk condition, as appropriate. 5. Work with participant to identify constructive "next steps" 6. If the Summary Screen shows an "N", ask the participant about seeing a Nutritionist to answer questions about the identified medical condition. 7. Document the nutrition education contact in ISIS. 8. Make referral(s) and schedule follow-up as needed 	
Possible Assessment Information	<ul style="list-style-type: none"> • Birth weight/length • Current weight, height/length • Percentiles/pattern of growth • Current medical conditions/medications • Parent/caregiver's parenting abilities • Therapeutic formula • Environment/Food sanitation practices 	
Possible Topics for Discussion (Focus on Healthy Lifestyle Messaging)	<ul style="list-style-type: none"> • Growth pattern • Address any feeding problems (e.g. picky eater, poor appetite) • Support developmentally appropriate self-feeding • Compliance with medication • Reduction of environmental triggers 	
Refer to the Nutritionist	<ul style="list-style-type: none"> • If the participant presents a prescription for therapeutic formula 	
Possible Triggers for Referral to a Nutritionist	<ul style="list-style-type: none"> • Difficulty eating a balanced, healthy diet because of the infectious disease. • Breastfeeding problems identified (refer to lactation counselor) • Does the participant want to see the RD? • Does the participant have medical or social issues beyond the scope of the counseling session? 	
Possible Referrals to outside WIC	<ul style="list-style-type: none"> • Health Care Provider • Public Health Nurse • Food Bank/Food Stamp 	
Suggested Education Materials		
<ul style="list-style-type: none"> • Feed Me Birth to 6 Months/ • Feed Me 6 to 12 Months • Sample Menus for Older Babies 8 to 12 months • Sample Menus for Older Babies 10 to 12 months • Feeding Your 1 to 3 Year Old • Feeding Your 4 to 5 Year Old 		<ul style="list-style-type: none"> • Tips for Picky Eaters • Healthy Choices for Kids • Snacks • Time For a Cup • Happy Mealtimes – Parent and Child Responsibilities