

**Review of
Pregnant
Category
and
Food Package
Changes**

Revised: 06/24/09

Review of Pregnant Category and Food Package Changes

The items to be discussed related to pregnant women and their food packages include:

- **Prescribing Packages for Pregnant Women**
- **Revision of ISIS Prescription Screen**
- **Pregnant with Multiples (Twins, Triplets +)**
 - New Food Packages for Women Pregnant with Multiples
 - Revision of ISIS Prescription Screen
 - Approach to Prescribing Food Packages for Women Pregnant with Multiples
- **Case Scenarios**

Prescribing Packages for Pregnant Women

Pregnant women (single pregnancy) will receive a default package of PS5 (Standard Pregnant).

Food packages for the single pregnancy are displayed below and are viewable by selecting F5 Change Package from the Prescribe Food Package screen. There are three new food packages for this group of women: No Cheese, Milk; Soy and Tofu; and Tofu and Milk packages.

The PB7 package is for pregnant women who are not yet being recertified and are fully breastfeeding their infants. This package has enhanced food as indicated by the number 7. Note there are two therapeutic packages for pregnant women (details on the therapeutic packages will be shared separately from this training).

The default or standard food package is shown in bold below.

- | | |
|--------------|----------------------------------|
| • PS5 | Standard Pregnant |
| • PS5X | No Cheese, Milk |
| • PS5L | Low Lactose |
| • PS5H | Homeless |
| • PS5S | Soy and Tofu |
| • PS5T | Tofu and Milk |
| • PB7 | Pregnancy Over and Breastfeeding |
| • PF5P | RX, Therap Form-Other Provider |
| • PF5G | RX, Therap Form-State WIC |

Modification to ISIS Change Food Package Screen for Prenatal

IRX51M01 CALIFORNIA WIC INFORMATION SYSTEM 3/18/09
100TFULL CHANGE FOOD PACKAGE 02:23 PM

INDIVIDUAL NAME: LAURIE PETRIE ID: 158948236LP
FOOD PACKAGE ID: PS5 NAME: STANDARD PREGNANT

To select a package other than the recommended package, place an 'S'
next to the desired package and press F11.

- PS5X NO CHEESE, MILK
- PS5L LOW LACTOSE
- PS5H HOMELESS
- PS5S SOY AND TOFU
- PS5T TOFU AND MILK
- PB7 PREGNANCY OVER AND BREASTFEEDING
- PF5P RX, THERAP FORM-OTHER PROVIDER
- PF5G RX, THERAP FORM-STATE WIC

Command ==>

F: 1=Help 4=Options 11=Done 12=Prev

Revision of ISIS Prescription Screen

Implementation of the new food package has resulted in an omission to the ISIS questions that are asked on the Prescribe Food Package screen.

Current ISIS Prescribe Food Package Screen – PS Package

The screenshot shows a terminal window titled "Session A" with a menu bar (File, Edit, Transfer, Appearance, Communication, Assist, Window, ZipPrint, Help) and a toolbar (PrtScrn, Color, Clipbrd, Index). The main display area contains the following text:

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IRX15M01          CALIFORNIA WIC INFORMATION SYSTEM          4/19/09
100BWALK          PRESCRIBE FOOD PACKAGE                               02:44 PM

INDIVIDUAL NAME:  PA                               XIONG          ID: 653910914PX
FOOD PACKAGE ID:  PS          NAME: PREGNANT STANDARD

1. "You will be getting dry beans every month.  Would you rather have
   beans, peanut butter, or alternating beans and peanut butter?" B
2. "Do you want frozen juice or juice in plastic bottles?" _
3. "What flavor(s) of juice do you want?" _ _

FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD
  ID  TLR  HOLD      ID  TLR  HOLD      ID  TLR  HOLD      ID  TLR  HOLD
APR  PS           -   AUG  PS           -   DEC  PS           -
MAY  PS           -   SEP  PS           -
JUN  PS           -   OCT  PS           -
JUL  PS           -   NOV  PS           -
Command ==>
F: 1=Hlp 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 11=Done 12=Prev
Mâ a 23/015
```

The Windows taskbar at the bottom shows the start button, several application icons, and the system tray with the time 2:44 PM.

All of the food questions on the Prescribe Food Package screen have been eliminated as participants will be able to make these choices at the store. A reminder phrase about the availability of different food packages through the F5 Change Package option now appears on the screen. This reminder phrase does not require a response to be entered by the user.

Modification to ISIS Prescribe Food Package Screen – PS5 Package

IRX15M01	CALIFORNIA WIC INFORMATION SYSTEM		03/17/09
100YYUAN	PRESCRIBE FOOD PACKAGE		02:01 PM
INDIVIDUAL NAME: SALLY BROWN ID: 560907714SB			
FOOD PACKAGE ID: PS5 NAME: STANDARD PREGNANT			
DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE?			
PRESS F5 TO SEE OTHER OPTIONS.			
FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD			
	ID	TLR	HOLD
APR	PS5	-	
MAY	PS5	-	
JUN	PS5	-	
JUL	PS5	-	
AUG	PS5	-	
SEP	PS5	-	
OCT	PS5	-	
Command ==>			
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 11=Done 12=Prev			

ISIS Browse Family Issued Food Packages Screen

Another enhancement of the prescription screen that also will become a standard feature throughout ISIS is the replacement of the F1 Help key with an F1 History key. It could be very useful in October 2009 to view what food packages were previously issued in September 2009 before the food package transition. The F1 History key will allow users to do this. When the F1 History key is pressed, ISIS will display the Browse Family Issued Food Packages screen. This screen displays all of the family members' issued food packages during their entire time on WIC. This screen is the same as the one found through the Browse Family Issued Food Packages option on the Food Instruments Menu except that family comments are not viewable. The F1 History key can also be helpful at recertification if staff want to see whether the participant was issued a package other than the default in the previous month (e.g., low lactose package).

IRX15M01	CALIFORNIA WIC INFORMATION SYSTEM		06/02/09		
100BWALK	BROWSE FAMILY ISSUED FOOD PACKAGES		02:45 PM		
FAMILY NAME: BONITA		BECERRA	FAMILY ID: BB611608309		
To browse issued food items, type 'S' in the ACT field and press F11.					
ACT	NAME	DOB	MO/YR RX	PKG ID	USER ID
-	BARTO	05/05/2008	04/09	ICCJ	100BWALK
-	BEATRICE	01/09/2009	04/09	ICC	100BWALK
-	LUPE	06/22/2009	04/09	CPL	100BWALK
-	OMAR	06/05/2006	04/09	CT	100BWALK
-	BARTO	05/05/2008	02/09	IFTJ T	100BWALK
-	BONITA	05/01/1980	12/08	PSL	100BWALK
-	BARTO	05/05/2008	12/08	IFCJ T	100BWALK
-	LUPE	06/22/2005	12/08	CPL	100BWALK
Command ==>					
F: 1=Help 3=Exit 4=Options 11=Done 12=Prev					

Pregnant with Multiples (Twins, Triplets +)

New Food Packages for Women Pregnant with Multiples

As required by the Interim Rule, women who are pregnant with multiples are to receive food package 7, which contains additional food. These women will receive a default package of PM7 (Standard Pregnant with Multiples). The PM7 food package will be the default package that is displayed when a woman is in the P (Pregnant) category, and has a Y (Yes) as the response to the health question "Are you pregnant with twins/triplets?"

Food packages for women pregnant with multiples are displayed below and are viewable by selecting F5 Change Package from the Prescribe Food Package screen. Soy and tofu packages are available for these women, but a 'no cheese' package is not available as a choice because cheese is standard in package 7. Note there are two therapeutic packages for women pregnant with multiples (details on the therapeutic packages will be shared separately from this training). The default or standard food package is shown in bold below.

- **PM7** **Standard Pregnant with Multiples**
- PM7L Low Lactose, Multiples
- PM7S Soy and Tofu, Multiples
- PM7T Tofu and Milk, Multiples
- PM7H Homeless, Multiples
- PF7P RX, Therap Form-Other Provider
- PF7G RX, Therap Form-State WIC

Modification to ISIS Change Food Package Screen for Pregnant with Multiples

IRX51M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM CHANGE FOOD PACKAGE	3/18/09 02:23 PM
INDIVIDUAL NAME: LAURIE PETRIE ID: 158948236LP		
FOOD PACKAGE ID: PM7 NAME: STANDARD PREGNANT WITH MULTIPLES		
To select a package other than the recommended package, place an 'S' next to the desired package and press F11.		
—	PM7L	LOW LACTOSE, MULTIPLES
—	PM7S	SOY AND TOFU, MULTIPLES
—	PM7T	TOFU AND MILK, MULTIPLES
—	PM7H	HOMELESS, MULTIPLES
—	PF7P	RX, THERAP FORM-OTHER PROVIDER
—	PF7G	RX, THERAP FORM-STATE WIC
Command ==>		
F: 1=Help 4=Options 11=Done 12=Prev		

Revision of ISIS Prescription Screen

Implementation of the new food package has resulted in an omission to the ISIS questions that are asked on the Prescribe Food Package screen.

Modification to ISIS Prescribe Food Package Screen – PM7 Package

IRX18M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM PRESCRIBE FOOD PACKAGE	11/23/08 03:51 PM
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INDIVIDUAL NAME: GERTRUDE MILLER ID: 459865320GM
FOOD PKG ID: PM7 NAME: STANDARD PREGNANT WITH MULTIPLES

DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE?
PRESS F5 TO SEE OTHER OPTIONS.

FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD

ID	TLR	HOLD	ID	TLR	HOLD	ID	TLR	HOLD	ID	TLR	HOLD
NOV	PM7		MAR	PM7							
DEC	PM7	-	APR	PM7							
JAN	PM7		MAY	PM7							
FEB	PM7										

Command ==>
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 10=Shw Chg 11=Done 12=Prev

Approach to Prescribing Food Packages for Women Pregnant with Multiples

To ensure that these women receive package 7, ISIS has been modified to require users to document information concerning multiples for pregnant women. On the Health Questions screen in the certification, recertification, and change pathways, question #4, "Are you pregnant with twins/triplets?" has been changed to require a response of either Y or N. If users press F11 to go past the screen without answering question #4, an error message appears to remind users to complete the question. Users will not be allowed to move past this screen without a response.

Modification to ISIS Health Questions – Prenatal Screen

ICE21M01 100YYUAN	CALIFORNIA WIC INFORMATION SYSTEM HEALTH QUESTIONS - PRENATAL	11/18/08 07:54 AM
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INPUT IS REQUIRED FOR QUESTION 4 – NEED Y OR N.
NAME: YI GO ID: 945832307YG

1. "Are you in prenatal care?" _
"Prenatal care began in: ___ calendar month OR ___ month of pregnancy."
2. "How many times have you been pregnant?" ___ How many births?" ___
3. "Date last pregnancy ended" _____
4. "Are you pregnant with twins/triplets?" _
5. "Did you have diabetes/high blood sugar before this pregnancy?" _
6. "Do you have diabetes/high blood sugar now?" _
7. "Have you had diabetes/high blood sugar during any other pregnancy?" _
8. "Did you have high blood pressure/HTN before this pregnancy?" _
9. "Do you have high blood pressure/HTN now?" _
10. "Have you had high blood pressure/HTN during any other pregnancy?" _

Command ==>
F: 1=Help 3=Exit 4=Options 9=Comments 11=Done 12=Prev

The second place that information on pregnant with multiples is gathered is on the Prenatal Weight screen. The field “Twins+: ___” on the weight screen will be a required field. The response from health question #4 will be carried into the weight screen. Users may change the previous answer but may not delete the response altogether. As shown below, users will receive an error message if the “Twins+:___” field is left blank. For example, if a woman answers on the Health Questions screen that she is having a single pregnancy, yet, by the end of the nutrition assessment, staff discovers she misstated her pregnancy status and is actually having twins, the staff must change the “Twins+:___” field on the Prenatal Weight screen to a Y and press F10 Show Change. When this field on the Prenatal Weight screen is updated, ISIS will automatically change the default food package on the Prescribe Food Package screen to a PM7.

Modification to ISIS Prenatal Weight Screen

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ICC25M01          CALIFORNIA WIC INFORMATION SYSTEM          3/22/09
100BWALK          PRENATAL WEIGHT                            03:48 PM
INPUT IS REQUIRED FOR TWINS+ - NEED Y OR N.
NAME: BERTHA      READ                                     ID: 914904914BR

HEIGHT: 5 FT 08 IN  PREGRAVID WT: 138 LBS  BMI: 21.0 NORMAL
TOTAL WEIGHT GAIN GOAL: 25 TO 35 LBS.  TWINS+: ___

DATE   WT LBS   SOURCE   WKS GEST  GAIN+/-  GAIN EXPECTED  CURRENT STATUS
03 18 09   145      W         14        7         5 - 5      ABOVE NORM

Command ==>
F: 1=Help 4=Options 7=Lab 9=Comments 10=Show Chg 11=Done 12=Prev

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When health question #4 is answered with a Y or a Y is entered into the Prenatal Weight Screen for “Twins+:___”, the C45 risk code (CUR TWINS +) will automatically be generated in ISIS and appear on the Summary screen. Users cannot add or delete the C45 risk code (CUR TWINS +) to the ISIS summary screen to change a woman from a single pregnancy to pregnant with multiples. After enrollment or recertification of a woman, the only way to change the status from single pregnancy to pregnant with multiples or vice versa, is to access the Prenatal Weight Screen and change the response for “Twins+:___”.

Case Scenarios

#1. A woman is enrolled on WIC when she is eight weeks pregnant. The WIC staff member who enrolled the mom answered N for question #4 on the Health Questions – Prenatal screen, “Are you pregnant with twins/triplets?” because the woman believed she was having a single pregnancy. For her first month on WIC, the woman received a PS5L (Low Lactose) package as she does not tolerate lactose. When the woman returns the next month, she informs the staff member that she found out she is having triplets. What should the staff member do?

After congratulating the woman on being pregnant with triplets, the WIC staff member should go into ISIS to update the woman’s health/nutrition information and issue her the appropriate food package for pregnant with multiples. The staff member should access the Prenatal Weight screen in ISIS, update the “Twins+:__” field with a Y, and press F10 Show Change. The new weight gain recommendations and the woman’s status will appear on the Prenatal Weight screen. The staff member may discuss the weight gain recommendations and related nutrition/breastfeeding information with the woman.

The staff member should then progress to the Prescribe Food Package screen. Since the woman is now on WIC as pregnant with multiples, her food prescription plan has been replaced for the remainder of her certification period with the default package of PM7 (Standard Pregnant with Multiples). The staff member should explain that the woman will now be receiving a larger food package since she is pregnant with multiples and may provide more specifics on the enhanced package.

The staff member can access the low lactose package for women pregnant with multiples (PM7L) by selecting the F5 Change Package option from the Prescribe Food Package screen. The staff member then moves down the pick list on the Change Food Package screen, places an S next to the PM7L package, and presses F11. The View Food Package screen appears and displays the food items in the PM7L package. The staff member should press F11 again to return to the Prescribe Food Package screen. The staff member presses F11 and the prescription will be built for the remainder of the certification period.

#2. A woman on WIC as pregnant (single) comes in for a trimester diet assessment appointment. During the appointment, the mom tells the WIC staff member that she heard about WIC letting moms get tofu in their food packages. The woman states that she has always loved tofu and would like to get it on her checks. What should the staff member do?

The WIC staff member should let the woman know that WIC now does provide tofu to women but as a substitution not an addition to her monthly food packages. The staff member should explain that tofu is substituted for cheese and that the mom can receive either tofu and milk (PS5T package) or tofu and soy beverage (PS5S).

The staff member can access the tofu packages by selecting the F5 Change Package option from the Prescribe Food Package screen. The staff member then moves down the pick list on the Change Food Package screen, places an S next to the desired package, and presses F11. The View Food Package screen appears and displays the food items in the selected tofu package. The staff member should press F11 again to return to the Prescribe Food Package screen. The staff member presses F11 and the prescription will be built for the remainder of the certification period.