

## Using the WHO Growth Charts to Assess Children from Birth to 2 Years Seven Minute Overview



### WIC PROVIDER PRESENTATION USER GUIDE

#### Presenting the Seven minute overview

The Seven Minute Overview presentation is designed to help inform the health care community that WIC uses the WHO growth charts to assess children from birth to two years of age, and to identify questions about the scope of WIC services. This packet includes a job aid and talking points to guide you. The presentation is ideal for a variety of health professionals involved in assessing growth and development of infants and children. It is important to tailor your presentation to fit the specific needs of your audience. This presentation may be presented as a stand-alone activity or be combined with other training. If presented as a stand-alone, the presentation will take approximately 7-10 minutes.

#### Presentation Packet

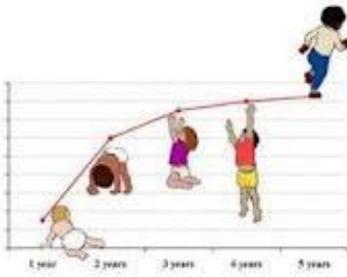
The new WHO international growth standards for infants and young children are introduced to health care providers. For a successful presentation, print and assemble the power point presentation into a flip chart. Prepare a presentation packet for you and the provider. The packet for you should at a minimum contain the items listed below. The provider packet could contain the items listed below or a version of them. Print the following documents and place them in your twin pocket folder:

- 📄 *WHO Seven Minute Overview*
- 📄 *WHO Seven Minute Condensed Chart*
- 📄 *WHO Job Aid*
- 📄 *WHO Talking Points*
- 📄 *WHO Growth Chart Boys Birth to 24 months: Head circumference and Weight-for-length*  
[http://www.cdc.gov/growthcharts/data/who/grchrt\\_boys\\_24hdcirc-l4w\\_rev90910.pdf](http://www.cdc.gov/growthcharts/data/who/grchrt_boys_24hdcirc-l4w_rev90910.pdf)
- 📄 *WHO Growth Chart Boys Birth to 24 months: Length-for-age and Weight-for-age*  
[http://www.cdc.gov/growthcharts/data/who/grchrt\\_boys\\_24lw\\_9210.pdf](http://www.cdc.gov/growthcharts/data/who/grchrt_boys_24lw_9210.pdf)
- 📄 *WHO Growth Chart Girls Birth to 24 months: Head circumference and Weight-for-length*  
[http://www.cdc.gov/growthcharts/data/who/grchrt\\_girls\\_24hdcirc-l4w\\_9210.pdf](http://www.cdc.gov/growthcharts/data/who/grchrt_girls_24hdcirc-l4w_9210.pdf)
- 📄 *WHO Growth Chart Girls Birth to 24 months: Length-for-age and Weight-for-age*  
[http://www.cdc.gov/growthcharts/data/who/grchrt\\_girls\\_24lw\\_9210.pdf](http://www.cdc.gov/growthcharts/data/who/grchrt_girls_24lw_9210.pdf)

It is recommended that at a minimum place a condensed version of the flip chart along with any other handouts or resources that you deem appropriate in the provider packet. Customize and print labels for your presentation packet cover and inside pockets using the following:

- 📄 Presentation cover label template (for front cover of your presentation packet)
- 📄 Pocket label template (for inside pockets of your presentation packet)

Links to other materials relevant to this topic are listed on the WIC webpage at [www.wickworks.ca.gov](http://www.wickworks.ca.gov) under World Health Organization (WHO) Growth Charts. You may enter the titles of additional handouts on the pocket labels. See **Table 1** for the **Material Printing and Packet Assembly Guide**.



**TABLE 1  
PACKET PRINTING AND ASSEMBLY GUIDE**

<b>Presentation packet labels</b>	<b>Instructions</b>
WHO-CoverLabels.doc	🖨️ Print on 2" x 4" label stock
WHO-PocketLabels.doc	🖨️ Print on 2" x 4" label stock

<b>Presentation packet: left-hand pocket items</b>	<b>Instructions</b>
<i>WHO-7 Minute Overview Presentation.ppt</i> (12 single-sided or 6 double-sided pages)	🖨️ Print and laminate to create a flip chart (professional looking) or place inside sheet protectors
<i>WHO-Job Aid Trifold</i> <i>WHO-Talking Points</i>	🖨️ Print – your resource

<b>Presentation packet: right-hand pocket items to discuss the potential impact of using WHO International Growth Charts</b>	<b>Instructions</b>
<i>WHO-Seven Minute Condensed Chart</i> (2 single-sided pages or 1 double-sided page)	🖨️ Print and laminate. You can leave this behind with the provider.
<i>WHO Clinical Growth Charts Sample Set</i> (4 single-sided pages or 2 double-sided pages)	🖨️ Consider using high quality bright white paper if samples will be used as masters for copies
<i>WHO-BoysBirth-24monLength-Wt.pdf</i> print back- to-back with: <i>WHO-BoysBirth-24monHeadCircum-Wt.pdf</i>	🖨️ Print double-sided copies on white or color paper
<i>WHO-GirlsBirth-24monLength-Wt.pdf</i> print back-to-back with: <i>WHO-GirlsBirth-24monHeadCircum-Wt.pdf</i>	