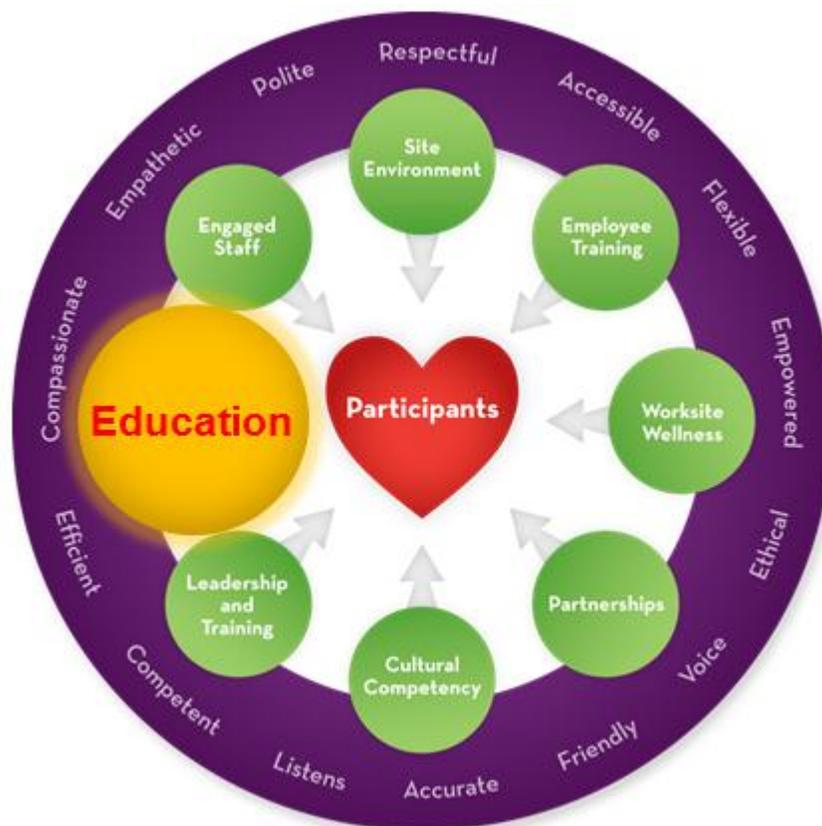


Open-Ended Questions

Participant Centered Education

Trainee Workbook



Activity 1

Write down 3 or 4 questions you commonly ask participants in education sessions or classes:

Activity 2



Open-ended questions encourage people to open up and talk about their:



Experiences	What have you already heard about breastfeeding?
Opinions or Values	How do you feel about the way your child is growing?
Ideas	What do you think might be a way to get your child off the bottle?

**Open-ended questions
DO NOT have YES/NO answers**

They Usually Start with

*How...
What...
Tell me...*

BUT NOT

*Is, Are, Was...
Do, does...
Have, has...*

Activity 3

Change the following into open-ended questions.

1. Do you plan to breastfeed?
2. Do you know how to use the WIC coupons?
3. Have you heard of anemia?
4. Are you concerned about your son's teeth?
5. Does your daughter like carrots?
6. Do you think your family would drink 1% milk?
7. Do you think you can talk to your mother about giving Nino the bottle?
8. Can you ask your husband not to smoke in the house?
9. Does your son get any exercise?
10. Do you have any questions?

Activity 4

What open-ended questions do you plan to use with participants?
