

Strengths and Needs Assessment

EXAMPLE: Participant Group Class on Fast Foods (FF)

Key Player Learners, Teachers & Important Stakeholders	Already known strengths	Already known needs	What else (strengths and needs) must I learn about or from them?	How can I find out? <i>Interview (Survey), Observe, Research</i>
Participants	Lots of experience with fast food Some may know healthy options at fast food Some may have guidelines about where and how often they eat fast food	Many WIC families eat fast food frequently – which may contribute to poorer overall nutrition	Most important benefits to them of fast foods What they would like to know about fast foods How they decide what to buy at FF restaurants Cultural differences about FF, if any	Survey in waiting room Ask during a few current classes Ask teachers to do a survey in class Ask WNAs what they hear ppts saying about FF
Staff	Same as above Some may already have experience talking w/ppts about fast food	Many may struggle with this issues themselves and be uncomfortable discussing w/ppts	Same as above What they already say to ppts about FF What would make them more comfortable discussing topic w/participants?	Survey during staff mtg? Form a subgroup (culturally diverse) Observe staff counseling?
Other information needed	Role of FF in obesity and other nutrition/health problems Nationwide info on frequency of FF consumption and reasons low income families eat at FF restaurants General suggestions on ways to limit harm of dining in FF restaurants Ways to make healthier FF choices more enticing (graphics, samples?)			Nutrition studies? FF restaurant lists of Other WIC programs or Health/Nutrition Education efforts to address FF

Strengths and Needs Assessment

EXAMPLE: Staff Training on Asthma and Code 122

Key Player Learners, Teachers & Important Stakeholders	Already known strengths	Already known needs	What else (strengths and needs) must I learn about or from them?	How can I find out? <i>Interview (Survey), Observe, Research</i>
WNAS	Some know about code C122 Some already know about effects of asthma (have asthma themselves or have family members with asthma)	Many may not recognize asthma from ppts description of symptoms Many (most?) may not do anything if they learn a ppt has asthma	What do they currently do when a ppt indicates they have asthma? What do they want to learn about asthma?	Ask at staff mtg Survey staff Form a subgroup (culturally diverse) Observe staff counseling?
Nutritionists	Same as for WNAs Some already know about nutritional effects of asthma and have experience assessing and educating asthmatic ppts	Some may not have a lot of experience dealing w/asthma	Factors they look for (if any) when doing an assessment of ppts w/asthma? Recommendations they currently make (if any) for ppts w/asthma	Ask at nutritionists mtg Survey Ask a subgroup
State	n/a	n/a	Policy about code C122 Any other concerns about the assessment, education or documentation for this	Look at policy Call if needed
Management	n/a	n/a	Do they know of any efforts in our agency outside of WIC focusing on asthma that we may want/need to coordinate with?	Ask Director
Other information needed	Review what is asthma Frequency of asthma in our ppts How often C122 is currently being entered into ISIS agency-wide Possible nutritional consequences of asthma Current nutritional recommendations Possible referral resources			Am Lung Assn Am Asthma Foundation ISIS reports/audits Other?