

Guidance for 2016-17 NSP Work Plan

Goal 3: Breastfeeding Peer Counseling Program

Goal 3: BREASTFEEDING PEER COUNSELING PROGRAM- Local Agency Peer Counseling staff members are provided training to become proficient in the *Loving Support through Peer Counseling: A Journey Together for Peer Counselors Training* intervention.

FFY 2016 (YEAR 1)

Year 1 focuses on two areas:

- 1) Changing your new peer counselor breastfeeding training curriculum to reflect the *Loving Support through Peer Counseling: A Journey Together for Peer Counselors (LS for Peer Counselors)* learning objectives.**
- 2) Evaluating your staff's knowledge of the breastfeeding topics within the *LS for Peer Counselors* curriculum.**

3.1: By 9/30/16, the LA with a Breastfeeding Peer Counseling Program will incorporate the *Loving Support for Peer Counselors Training* curriculum into their new peer counselor training manual.

Use the [Breastfeeding Training Matrix](#) to see which modules each employee position in your agency is required to complete.

For agencies with PC programs that do not use USDA's *Loving Support through Peer Counseling: A Journey Together for Peer Counselors Training (LS for Peer Counselors)*, you may do one of two things:

1. Switch to *LS for Peer Counselors* for your new PC training OR
2. Using the spreadsheet *Loving Support for PCs Module Content Overviews*, review your current PC training to see if it covers the "learning objectives" and "take home points" taught in the *LS for Peer Counselors Training*
 - If you come across an objective that is not covered, add that information to your current training.
 - If your training covers more than *LS for Peer Counselors*, that's fine! *LS for Peer Counselors* is the minimum standard.

3.2: By 9/30/16, at least 80% of all peer counselors will have the knowledge to provide breastfeeding support to WIC families, within the scope of the *Loving Support for Peer Counselors Training* curriculum.

We recognize that many peer counselors have already completed the *LS for Peer Counselors Training*. To assess current staff knowledge of breastfeeding within the scope of the *LS for Peer Counselors Training* content we have created post-tests for each of the ten training modules.

Use the Post-tests provided by CDPH WIC to assess staff knowledge of the learning objectives of each training module.

- If the staff member is not deemed proficient in an area (<80% post-test score), the Breastfeeding Coordinator can do one of the following:
 - Have the staff member repeat that module
 - Provide the module to the whole staff as part of a staff meeting/training refresher (if many staff do not pass a particular post-test)
 - Review the [Loving Support for Peer Counselors Module Overviews](#) with the individual staff member.

For current staff members that have completed other breastfeeding trainings, but not the *LS for Peer Counselors Training*, the Breastfeeding Coordinator must test staff knowledge of the *LS for Peer Counselors* learning objectives using the same process above.

*Staff members are exempt from this process if they have completed *LS for Peer Counselors Training* in the last year.

FFY 2017 (YEAR 2)

Year 2 focuses on evaluating your staff's ability to provide breastfeeding counseling using their knowledge of the *Loving Support for Peer Counselors Training* curriculum.

3.3: By 9/30/17, at least 80% of peer counselors will have the ability to support breastfeeding mothers within the scope of the *Loving Support for Peer Counselors Training* curriculum.

Peer Counselors' ability to provide breastfeeding support for participants will be monitored through observation of *LS for Peer Counselors* competencies using a CDPH WIC-developed observation form. You will incorporate these observations into your regular CQI process during year 2 of the NSP.