

Overview of Self Learning Modules (SLMs)

Who are Self Learning Modules for?

Self Learning Modules may be used with WIC participants, caregivers, and/or alternates/proxies who are skilled readers.

Why use Self Learning Modules?

Self Learning Modules may provide a learning activity to learners when a group education or individual education session is not possible.

When -How much time is needed?

Most Self Learning Modules for WIC are designed to take about 15-20 minutes.

Where are Self Learning Modules used?

Self Learning Modules may be used in the waiting room or other areas available at the WIC site.

What is the content of Self Learning Modules?

*Self Learning Modules may include information on various nutrition and health topics. We recommend that this approach **NOT** be used for confusing or complex information.*

What are the objectives of Self Learning Modules?

After completing a Self Learning Module, learners may have:

- *reviewed information on a nutrition or health topic and*
- *responded to the information through a quiz or other follow-up activity.*

How do staff use Self Learning Modules?

How Self Learning Modules are used will depend on the local agency. Here is a brief description of how an agency might use them.

When scheduling appointment

If a participant is unable to attend her next appointment, find out if the participant is able and willing to complete an SLM (such as reading a booklet on a nutrition topic and completing a quiz related to the information in the booklet). If yes, then...

- *Schedule the appointment as check pick-up.*
- *Put a hold on the file stating "Please give SLM".*
- *If staff use the class for second SH contact, then document this in family comments.*
- *Write SLM topic on WAF if a specific topic has been selected (for example, "SA29").*

When participant arrives for appointment

- *Have participant choose a topic from the SLM Menu, if a specific SLM topic is not written on WAF or in family comments.*
- *Give SLM and explain procedure to participant.*
- *When participant has completed SLM, have her/him report back to staff.*
- *Document contact code in ISIS.*
- *If using a quiz, have staff review quiz using the answer key and ask "What questions do you have?"*
- *Issue participant's checks.*