

# WICconnect.....

## What if...

- a WIC mom could connect to WIC services via her smartphone or wireless laptop?
- future WIC families were able to find out about WIC services and schedule an appointment?
- a pregnant woman could search on the Internet and connect to WIC services and find answers to her questions?
- a WIC mom could seek advice easily and instantly via WIC social networking?



## Growing Healthy Families

### via Email

To sign up for nutrition emails if you are a breastfeeding mom, text **WICONNECT** to **22828**

### via Mobile Access

Visit [www.wiconnects.org](http://www.wiconnects.org)

### via Text Message

To receive weekly messages on your smartphone text the code **WICONNECT** to **41411**

### via Youtube

To access the CA Wic video library, visit our YouTube page: <http://www.youtube.com/user/californiawic>

### via Twitter

Follow us on Twitter at [@WICconnects](https://twitter.com/WICconnects)

Follow these links to download the WICconnect PowerPoint Presentations:

<http://www.wiconnects.org/online-comm-outreach.pptx>

<http://www.wiconnects.org/nutrition-chat-rooms.pptx>

For more information contact: Claudia Desmangles, [Claudia.Desmangles@cdph.ca.gov](mailto:Claudia.Desmangles@cdph.ca.gov) or 916-928-8640



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