

Sample Newborn Behavior Questions and Answers

My baby is always fussy right after she eats because she is still hungry. Can I have formula?

I can see that you are worried about your baby's fussiness. It sounds like she may be having a bowel movement after she eats. This is her way of responding to what is going on inside of her body. Have you noticed that her diaper is usually dirty not long after she eats?

All of a sudden my 2-week old baby wants to feed every hour. She wasn't doing this before. What's wrong with my milk?

I can understand you are concerned that your baby seems hungry an hour after you fed her. This is normal. Around this age (10-21 days old) most babies have a growth spurt. Since she is growing, she will need extra feedings during this time. She should return to her normal schedule shortly. Do you have any questions about growth spurts?

When I put my baby down to sleep he keeps waking up. He wants to breastfeed again when he wakes up. Why is he so hungry?

I can understand your concern about your baby's waking up after you lay him down. Your baby is probably not hungry and breastfeeding is just soothing him back to sleep. Newborns fall asleep and wake up easier than older babies and adults. It takes about 20 minutes for newborns to fall into a deeper sleep. How do you feel about waiting a little bit longer, maybe rocking your baby for a bit, before you lay your baby down?

My baby wakes up all night long. Can I have formula to help my baby sleep through the night?

I know it is tiring getting up with your newborn at night. It is healthier for your baby to wake up more often at night right now than to sleep longer. Newborns wake up 3-4 times during the night for brain development. As your baby gets older he will get up less often at night. How do you feel about waiting a few more weeks to see if your baby starts to sleep a little longer during the night?

My baby cries all the time. I live with my husband's family and they don't like when my baby cries; they think he is hungry. Why is my baby always crying?

It sounds like you are worried about your baby's crying upsetting others. Newborns cry for about two hours a day. Babies don't always cry because they are hungry. Sometimes they need to be held, want their diaper changed, or just need to do something new. Would you like to talk about some things you can try to calm your baby when he cries?

Sample Baby Feeding Questions and Answers

I am going back to work next week. I tried to pump my milk but there is not enough. I still want to breastfeed when I can. How much formula do I need?

I can understand that you want to make sure your baby has enough to eat while you are away. A newborn needs about 2-3 ounces of breastmilk every two to three hours while you are away. It is normal to pump small amounts of breastmilk at a time. You will probably pump more while you are away since your baby will be breastfeeding less often. You can pump more this week to store milk for your baby. How do you feel about pumping and storing for a week or two to see how it goes before trying formula?

My sister told me some bottles aren't good for my baby. What kind should I buy?

Your sister has a great point, some bottles are better than others. WIC recommends that you buy glass or flexible, milky-colored plastic bottles with slow-flow nipples. Do you have any other questions about feeding your baby today?

My mom watches my baby while I am at school and says he is not taking his whole bottle. How much formula should he be drinking?

It is great that you are thinking about how much formula your baby needs. Since he is 2 months old he needs about 2-3 ounces about every 3 hours. It's good not to force baby to finish the bottle. As he gets older he will drink a little more. Would you like to go over this pamphlet that provides more information about formula feeding?

I have never made formula before. How do I know how to mix it right?

It is great that you want to make sure you mix the formula correctly for your baby. It is important to always follow the directions on the formula can. Never under or over dilute the formula because it is dangerous for baby. How would you like to go over this pamphlet that provides more information about formula feeding?

My son is only five weeks old and can already hold his bottle and feed himself in his car seat. Isn't that great?

Your baby sounds very smart and he is growing healthy and strong. Although he may be able to hold the bottle on his own, it is still best to hold your baby while feeding. Babies like to feel secure in your arms and feeding is a great time to bond. How do you feel about holding your baby close in your arms while he is bottle feeding?