

What's the Difference?

Fruit and Vegetable Checks

Your WIC
Fruit & Vegetable Checks
are welcome here!



INDIVIDUAL NO.	PARTICIPANT / PARENT / GUARDIAN	FIRST DAY TO USE	LAST DAY TO USE	SERIAL NO.
231900713IG	ISABELLE GALVAN	APR 3 2016	MAY 2 2016	269534015
 FOOD ITEM NUMBER: 2011 700-269534015 Pay to the order of: WIC Authorized Vendor		EXACT PURCHASE PRICE* \$11.00		
What to buy: USE MARCH 28, 2016 WAFI SHOPPING GUIDE \$11.00 (ELEVEN DOLLARS) FRUITS AND VEGETABLES COMBO OF FRESH, DRIED FRUITS, FROZEN, AND CANNED ***ALL TYPES OF FRESH POTATOES ALLOWED***		*MUST NOT EXCEED MAXIMUM ALLOWABLE DEPARTMENT FRESH/REPLENISHMENT RATE FOOD ITEM NUMBER 2011		
PARTICIPANT MAY PAY AMOUNT OVER \$11.00 State of California WIC Program VOID IF NOT DEPOSITED WITHIN 45 DAYS OF "FIRST DAY TO USE." NOT VALID IF ALTERED.				
VALID ONLY FOR FOOD ITEMS SPECIFIED IN THE CALIFORNIA WIC AUTHORIZED FOOD LIST.				
AUTHORIZED SIGNATURE (SIGN AT PURCHASE) 				

- Can buy fresh, canned or frozen fruits and vegetables. Can buy dried fruit if stated on the check. Cannot buy herbs.
- Can be used at grocery stores.
- Expire every 30 days.
- \$8 and \$11 denominations are most common.

Farmers' Market Nutrition Program



**WIC & Senior
Farmers' Market
Checks Welcome**



Aceptamos WIC y cheques de Senior
Farmers' Market aqui.

State of California WIC Farmers' Market Nutrition Program		750-XXXXXXXX
First Day to Use: May 1, 2016	Last Day to Use: Nov. 30, 2016	\$5 Five Dollars No Change Given
Pay to the order of: WIC Authorized Farmer #123 or Main Street Market Enter Name or WIC ID # of Market		Farmer Vendor 6-digit ID number (Required) 1 2 3 4 5 6
Good only for fresh fruits, vegetables, and cut herbs. Good only at WIC authorized California farmers' markets. Not valid at grocery stores. Lost and/or stolen checks will not be replaced.		
Payable through the California State Treasurer's Office. For a list of WIC authorized markets, contact your WIC Local Agency or go to wicfarmers.ca.gov .		
Void if deposited after 12/31/2016.		

- Can buy fresh fruits, vegetables and cut herbs.
- Can buy honey with \$4 Senior check. (Honey not allowed for \$5 WIC check)
- Used only at WIC authorized Certified Farmers' Markets.
- Last day to accept is November 30th.
- \$5 WIC or \$4 Senior denominations.

Questions? Please call the State WIC Program at (916) 928-8513.

Fruit and Vegetable Checks Quick Start Guide

March 23, 2016

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are welcome here!



California WIC Program

3901 Lennane Drive
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E-mail: WICFVC@cdph.ca.gov

www.wicfarmers.ca.gov

This institution is an equal opportunity provider.

WIC Authorized Foods

FRESH FRUITS and VEGETABLES

ALLOWED:

- Fresh fruits and vegetables
 - ✓ Whole or Cut
 - ✓ Bagged
 - ✓ Organic
- All types of potatoes
- Garlic, onion, ginger, jalapenos, peppers, and chilies are allowed

NOT ALLOWED:

- Decorative vegetables and fruits, such as chilies or garlic on a string or painted pumpkins
- Nuts, fruit-nut mixtures
- Edible blossoms, such as squash blossoms
- Prepared foods such as salsa, or vegetables packed in oil
- Herbs and spices, such as parsley, basil, cilantro, and mint

DRIED FRUITS

ALLOWED:

- Any variety of dried fruits without added fats, sugars, or oils, such as raisins, prunes and/or dried plums, figs, dates, and apricots
 - ✓ Freeze-dried
 - ✓ Pitted or with pits
 - ✓ Organic

NOT ALLOWED:

- Dried or freeze-dried vegetables
- Trail mix
- Dried fruits with added fats, sugars, or oils
- Dried fruits with added artificial or natural flavors, including essences.

Steps to Accepting WIC Fruit and Vegetable Checks

INDIVIDUAL NO.	PARTICIPANT / PARENT / GUARDIAN	FIRST DAY TO USE	LAST DAY TO USE	SERIAL NO.
231900713IG	ISABELLE GALVAN	APR 3 2016	MAY 2 2016	269534015
		FOOD ITEM NUMBER: 2011 Pay to the order of: WIC Authorized Vendor		700- 269534015 90-1242 1211
What to buy: USE MARCH 28, 2016 WAFL SHOPPING GUIDE \$11.00 (ELEVEN DOLLARS) FRUITS AND VEGETABLES COMBO OF FRESH, DRIED FRUITS, FROZEN, AND CANNED ***ALL TYPES OF FRESH POTATOES ALLOWED***				EXACT PURCHASE PRICE: \$11.00 <small>*MUST NOT EXCEED MAXIMUM ALLOWABLE DEPARTMENT REIMBURSEMENT RATE</small>
PARTICIPANT MAY PAY AMOUNT OVER \$11.00 State of California WIC Program VOID IF NOT DEPOSITED WITHIN 45 DAYS OF "FIRST DAY TO USE." NOT VALID IF ALTERED.				FOOD ITEM NUMBER 2011  AUTHORIZED SIGNATURE (SIGN AT PURCHASE)

- 1 WIC Participant gives the farmer the items to purchase and a check.
- 2 Farmer ensures the date is within the “first day to use” and “last day to use.” Notes the maximum value of the check and ensures that the check is for Fruits and Vegetables. Farmer writes in the exact purchase price up to, but not over the maximum
- 3 Farmer gives the check back to the participant to sign.
- 4 WIC Participant signs the check and returns to farmer.
- 5 Farmer compares the participant’s signature with the one on the front of the WIC ID Folder. They should be the same (an alternate’s signature is acceptable.)
- 6 If everything looks okay, farmer gives the participant the items purchased and returns the WIC ID Folder.



PROCESSING TIPS: Remember to submit the check to WIC before depositing into the bank. Deposit checks into the bank within 45 days from the “first day to use.”