

Baby Nutrition Questions Take Home Activity

- 1. Circle each question on the questionnaire that relates to baby cues.**
- 2. Write what you might ask this parent to learn more about her baby's behavior?**
- 3. Write what you might say to affirm what the parent has told you?**
- 4. Write one Baby Behavior message that you might share with the parent or caregiver about their baby's cue(s). (*Use the conversation starters*)**

BABY NUTRITION QUESTIONS (BIRTH–5 MONTHS)

BABY'S NAME: AlyssaAGE: 3 weeks

Please answer the following questions:

- How are you feeding your baby? Breastmilk Formula Both
- What questions do you have about breastfeeding, or about how your baby is eating or growing?
My baby is always fussy after breastfeeding and wakes up all night to feed
- How is your baby's feeding going for you? Not good Sometimes okay Okay Pretty good Great
- In the last 24 hours (day & night) how many wet diapers did your baby have? 6-8
How many dirty (poopy) diapers did your baby have? 2-3 Describe your baby's poop (below), mark all that apply.
Color: Black & Sticky Brownish to Greenish Yellowish & Seedy Other
Texture: Firm Hard & Pebbly Soft Watery Other
- How do you know your baby is hungry and ready to eat? She eats every 3 hours
- How do you know your baby is full? Finished her bottle or falls asleep
- Are you concerned that your baby is crying too much? Yes No
- Are you concerned that your baby is not sleeping enough or sleeping too much? Yes No
- Who helps you at home? My Husband
- If you are breastfeeding, please answer these questions:
How many times in 24 hours (day and night) do you breastfeed? 1 2 3 4 5 6 7 8 9 10 11 12 12+
Does your baby seem satisfied after breastfeeding? Yes No
How long (months) do you plan to breastfeed? As long as I have milk
- If you are giving formula, please answer these questions:
Did you ever breastfeed this baby? No Yes, when was the last time? Today
How often does your baby take a bottle of formula? After breastfeeding
How many ounces of formula does your baby drink at a feeding? 2 oz
What brand of formula do you give your baby? Enfamil Premium
Explain how you make the formula 2oz water per 1 scoop
Where are all the places your baby takes a bottle? Bed Stroller Car seat Held by someone Other _____
- Does your baby eat or drink anything besides breastmilk or formula? Nothing else Water Water with _____
 Juice Tea Cereal Other foods Other _____
- Does your baby get: Vitamin drops Fluoride Iron drops Medicine None Other _____
- Does your baby have: Allergies Wheezing Rash Constipation Diarrhea Colic None Other _____
- When is your baby's next doctor's appointment? in 1 week

**STAFF
USE
ONLY**

Date: _____ WIC Staff Name: _____

Participant WIC ID#: _____ Length: _____ Weight: _____



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