

Children and Youth with Special Health Care Needs

**Maternal, Child and Adolescent Health Division (MCAH)
MCAH Statewide Directors Meeting
May 4, 2016**

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Maternal, Child and Adolescent Health Division
Local MCAH Program*

Children and Youth with Special Health Care Needs (CYSHCN)

Presentation Objectives

Increase understanding of:

- CYSHCN in CA
- Title V requirements, priorities and Action Plans
- MCAH Scope of Work CYSHCN activities
- Local MCAH Program perspective

Federal Definition of CYSHCN

Children with Special Health Care Needs are defined as infants and children from birth through 21st year who have or are at increased risk for a chronic physical, developmental, behavioral, or emotional condition and who also require health and related services of a type or amount beyond that required by children generally.

Source: Health Resources and Services Administration, The National Survey of Children with Special Health Care Needs, Chartbook 2005-2006, Retrieved from:
<http://mchb.hrsa.gov/cshcn05/>



Title V and CYSHCN

The Title V Maternal and Child Health Block Grant Program aims to improve the health and well-being of women, particularly mothers and children.

Responsibilities to children, including CYSHCN:

- Family-centered, community-based systems of coordinated care for CYSHCN
- Access to preventive and child care services as well as rehabilitative services for certain children
- Workforce development and capacity building
- Outreach, screening, and linkage to services

Distribution of Title V Funds 2016

The Title V Block Grant requires that spending is broken out into the following categories:

- 30% Preventive and primary care services
- 30% CYSHCN
- 30% MCAH activities (other)
- 10% Administrative cost

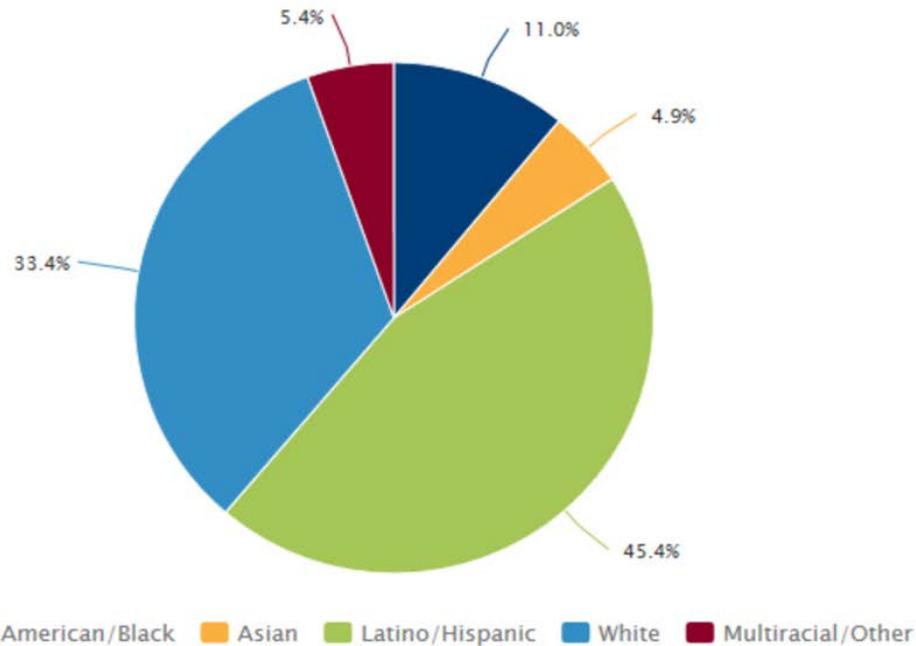
California CYSHCN Estimates

- 15.0% (95% CI = 12.6-17.4) of children ages 0-17 have special health care needs (NSCH, 2011-12)

Estimated # CYSHCN (15.0%)		
Year	Children, Ages 0-17	Children, Ages 0-21
2010	1,390,520	1,735,554
2011	1,382,164	1,732,705
2012	1,375,579	1,729,135
2013	1,372,582	1,726,579
2014	1,373,640	1,726,113

California CYSHCN by Race/Ethnicity 2011/12

California



Definition: Percentage of children ages 0-17 with special health care needs, by race/ethnicity (e.g., in 2011-12, 45.4% of children with special health care needs in California were Latino).

Data Source: [As cited on kidsdata.org](http://kidsdata.org), Child and Adolescent Health Measurement Initiative. National Survey of Children's Health. Data Resource Center for Child and Adolescent Health, www.childhealthdata.org/learn/NSCH. Special tabulation. (Sept. 2013).

California Children's Services (CCS)

- CCS provides standards for facilities and providers and a regionalized system of care for all CYSHCN
- CCS provides diagnostic and treatment services, medical case management, and physical and occupational therapy services to the subset of children under age 21 with a CCS-eligible medical condition (Title 22)

2016-20 California Title V Program Priorities that Relate to CYSHCN

Domain: Child Health

Priority 3: Improve the cognitive, physical, and emotional development of all children

Domain: CYSHCN

Priority 4: To provide high-quality care to all CYSHCN within an organized care delivery system

Domain: CYSHCN

Priority 5: To increase access to CCS-paneled providers such that each child has timely access to a qualified provider of medically necessary care

CYSHCN Title V National Performance Measures

NPM 6: Percent of children, ages 10 through 71 months, receiving developmental screening using a parent-completed screening tool

NPM 11: Percent of children with and without special healthcare needs having a medical home

NPM 12: Percent of adolescents with and without special healthcare needs who received services necessary to make transitions to adult healthcare

2016-20 MCAH Title V Program Objectives that Relate to CYSHCN

- By June 30, 2020, increase the rate of children ages 10 months to 5 years screened for being at risk for developmental, behavioral and social delay, using a parent-completed standardized developmental behavioral screening tool during a healthcare visit from 28.5% (2010/11 NSCH) to 29.5%
- By June 30, 2020, increase the rate of CYSHCN who had a preventive medical visit in the last year from 88.8% (2010/11 NSCH) to 93.2%

2016-20 MCAH Title V Program Objectives Related to CYSHCN

Priority 3: Improve the cognitive, physical, and emotional development of all children

Objective: Increase the rate of developmental screening, linkage and referral according to the American Academy of Pediatrics (AAP) guidelines

- Collaborate with partners, including health plans and CCS, to identify and address barriers
- Develop protocols to screen children in MCAH programs
- Promote the core functions of Help Me Grow
- Promote Birth to 5: Watch Me Thrive or other materials consistent with AAP guidelines

2016-20 MCAH Title V Program Objective Related to CYSHCN

Priority 4: To provide high-quality care to all CYSHCN within an organized care delivery system

Objective: All children, including CYSHCN, receive a yearly preventive medical visit

- Promote workforce development
- Identify and address barriers and disparities
- Work with health plans to increase utilization of the preventive medical visit; strengthen referral systems
- Develop protocols to promote the yearly medical visit for children in MCAH programs

MCAH Scope of Work (SOW)

- Title V requirement to use at least 30% of Title V funds for services for CYSHCN
- 2013 survey – all local health jurisdictions (LHJs) indicated they performed activities for CYSHCN
- Added a requirement and suggested activities to the 2015-16 MCAH SOW
- Further defined objectives and suggested activities in the 2016-17 MCAH SOW

MCAH SOW

- Suggested activities in the 2016-17 MCAH SOW align with State Title V Action Plans
- LHJs determine their priorities, capacity and level of activities performed
- LHJs are encouraged to build on or join existing efforts or collaboratives
- Ongoing review and revise LHJ Action Plans to inform your local SOW
- Include quality assurance or improvement activity

Technical Assistance

- CYSHCN webpage
- MCAH Director CYSHCN Discussion Forums
- Educational webinars archived on the Family Health Outcome Project (FHOP's) website
 - Help Me Grow
 - Children's Regional Integrated Service System (CRISS)
- Title V Time Study revisions
- Sharing resources, information, tools and training opportunities through various modalities

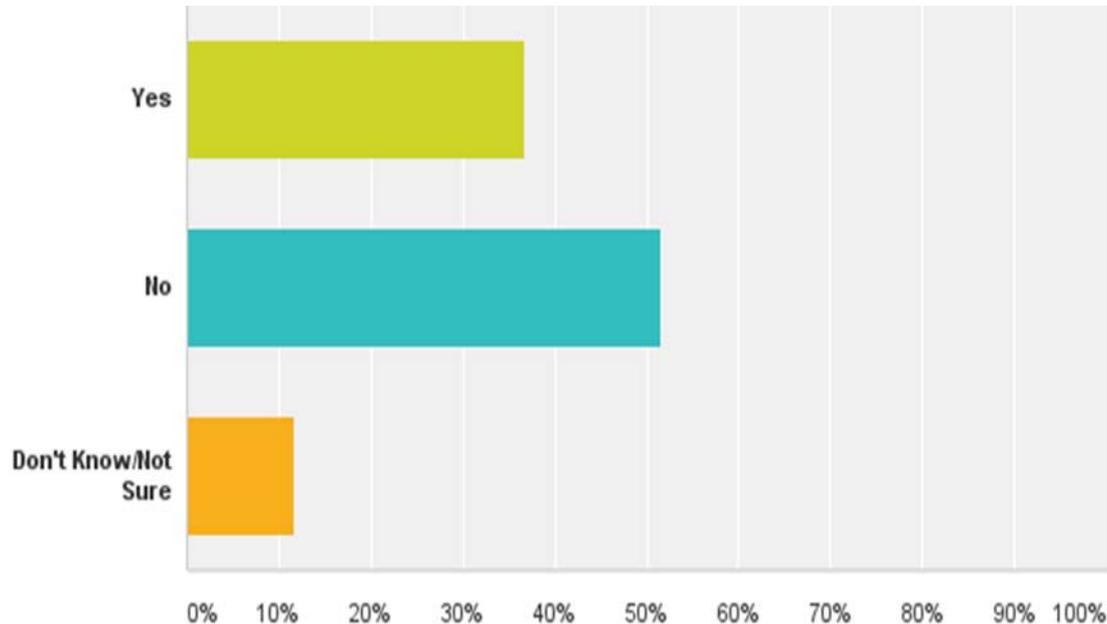
2016 CYSHCN Survey and Preliminary Results

- In collaboration with Children Now, FHOP, and a group of MCAH Directors, developed a follow-up CYSHCN survey
- Purpose was to assess types of resources and services available in local communities
 - Assess local MCAH program activities to identify and link CYSHCN to services
 - Assess activities conducted by other community organizations for CYSHCN
 - 60 LHJs responded

2016 CYSHCN Survey Results

60 responses

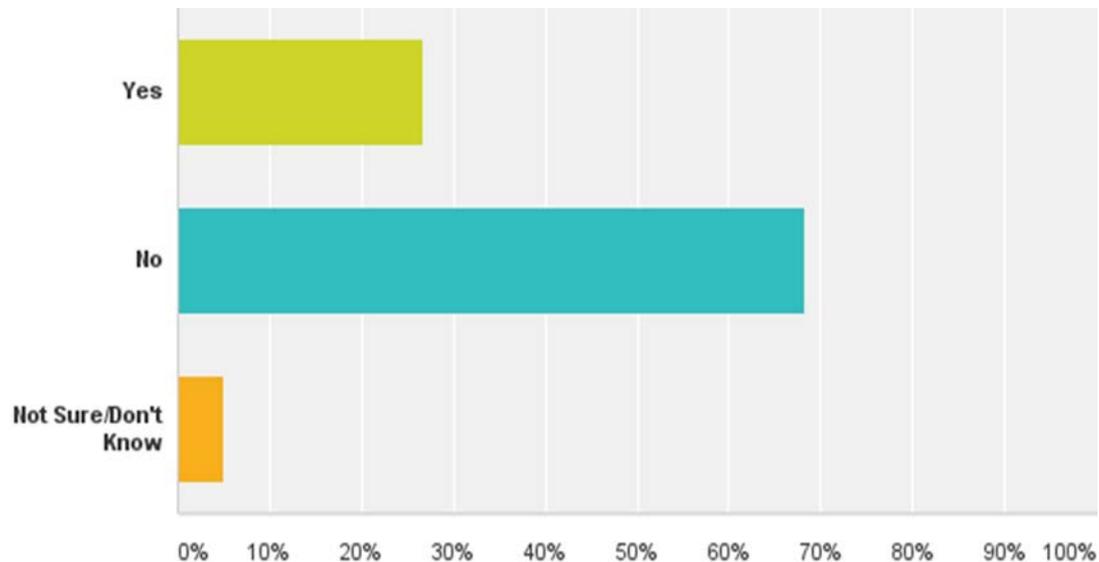
Help Me Grow Core Component – Centralized Access Point



2016 CYSHCN Survey Results

60 responses

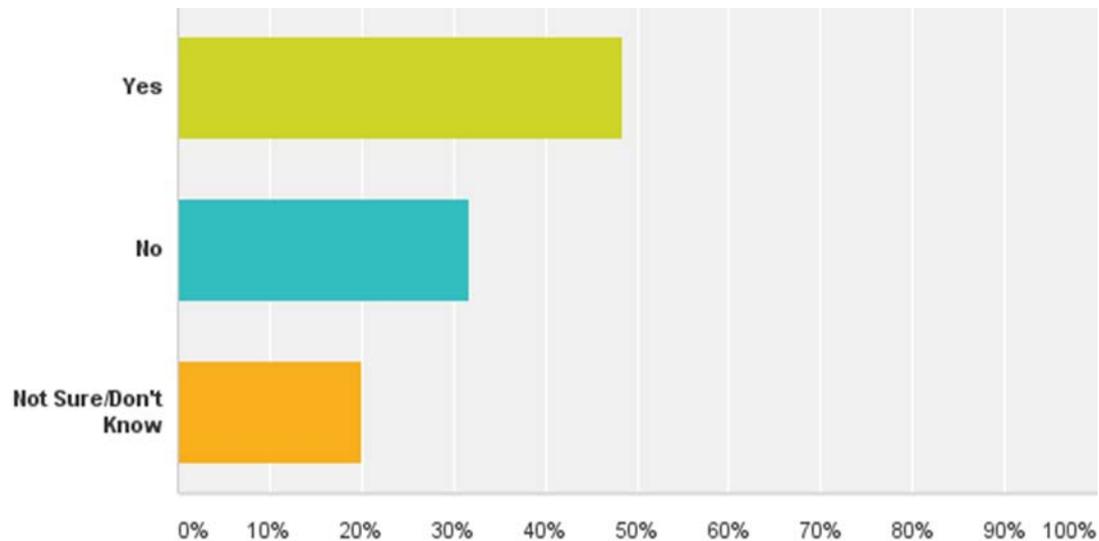
Help Me Grow Core Component – Child Health Care Provider Outreach



2016 CYSHCN Survey Results

60 responses

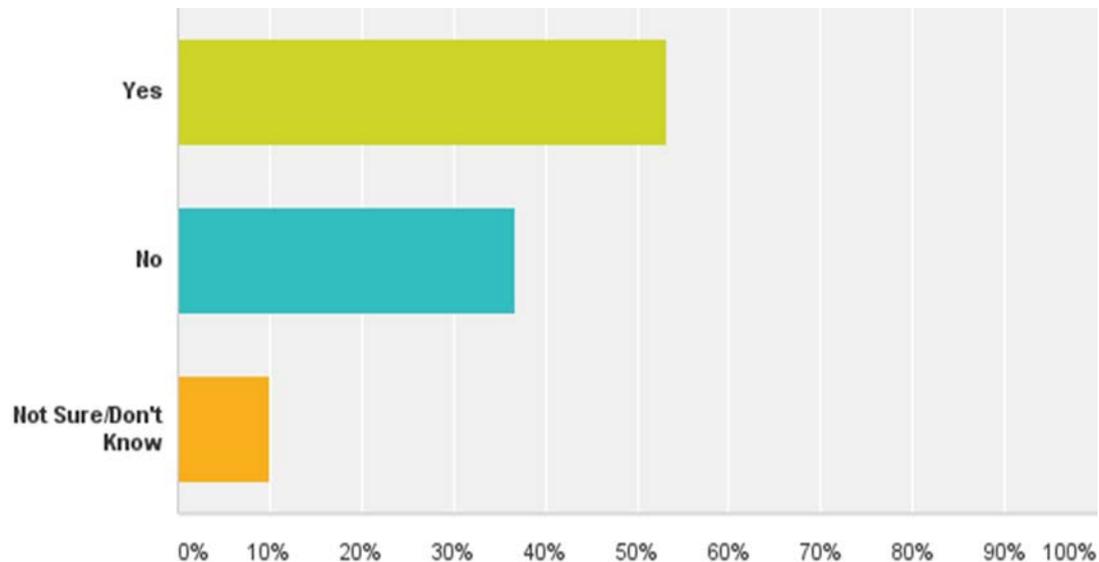
Help Me Grow Core Component – Community and Family Outreach



2016 CYSHCN Survey Results

60 responses

Help Me Grow Core Component – Data Collection and Analysis



CYSHCN Activities - Moving Forward

- Continue to identify/offer training, educational and funding opportunities
- MCAH Director Discussion Forums
- Increase collaboration at the state and local level with applicable partners, including families, providers and Medi-Cal
- Develop policies to screen and refer, as needed, all children in MCAH programs and promote the yearly preventive medical visit or well-child visits

Local CYSHCN Activities Discussion

- How are you promoting Birth to 5: Watch Me Thrive or other materials?
- How are you working to develop or implement the core components of Help Me Grow?
- How are you working with CCS, health plans, providers, or other partners to promote screening, linkage and referrals?