

Early flu shots are for those who need them most!

Which children need flu shots in September or October?

- All babies aged 6-23 months old
- Children with asthma, diabetes, and other chronic medical conditions
- Children on chronic aspirin therapy
- Children who live with or care for infants younger than 6 months old

For more information
ask your doctor or go to:
www.dhs.ca.gov



Other ways to protect yourself and your family from the flu:

- Wash your hands
- Cover your mouth and nose when coughing and sneezing
- Stay home when you are sick