

# ***WHAT YOU DON'T KNOW...***

**Who is  
SHE?!?**



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**Sofia heads out to meet her friends for some girl time...**



Bye, Babe...

Bye!  
Love you!



¡Hola!

¡Hola! How are you  
and your baby boy  
Diego?



Diego is growing bigger  
every day! Fernando is staying  
home with him right now.



Aww... Fernando is  
such a good Papa!



Fernando has grown up and changed so much now that he is a father.



You are so lucky!  
My new man is giving me problems...



¿Qué pasó?



He wants to have sex but...

I am worried about all the women he has been with in the past.



Relax, Carla! Just use a condom, and it will protect you from all that stuff.



**No!**  
Haven't you heard?  
There are some diseases that condoms don't stop.



¿**QUÉ**?



My doctor told me that you can still be exposed to certain diseases like **HPV**, even with a condom.

H... P... What??



Human Papillomavirus! Supposedly it causes **cervical cancer** down there... some people even get **genital warts!**



**OH MY GOSH!!**  
Are you serious??



Well, I am glad Fernando and I are in a serious relationship. I don't need to worry about that stuff anymore.



Chica, just be careful...



Enough about HP...  
whatever.  
Let's shop!!!



**Sofia and her friends begin a fun afternoon of shopping.**



Hey! Is that Fernando over there?

Oh! I didn't know he was coming.



**WAIT!**  
Who is that with him?!



I can't believe this!  
I need to get out of here!

Sofia goes back home.

¡Tía Lettie!

¡Hola! Are you here to take Diego? Fernando left him with me earlier.

Oh...

What's wrong, mija? I can tell something is bothering you.

I think Fernando is cheating on me...

Oh mija, I am so sorry!  
¿Qué pasó?

I saw him with another girl!



¡Pobrecita! That is horrible!

How can I ever trust him again?



Hermana, I don't want to upset you, but have you been protecting yourself?



Wait... what do you mean?



I mean using condoms and getting regular Pap smears from the doctor, so you can protect yourself from STIs.



Oh my gosh, Elena!  
I can't believe you are asking me that!



Sofia, I know this can be awkward, but it's important and I want you to be safe.

In fact, I found out a girl on my soccer team has HPV.



What?!?!?  
How?

HPV can spread through sex even if you use a condom. People can have HPV without even knowing it.



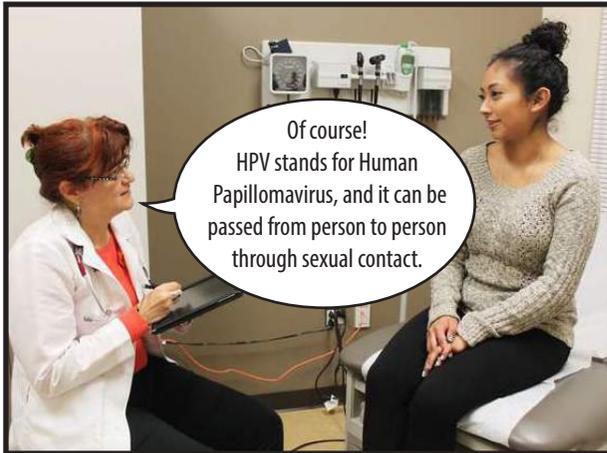
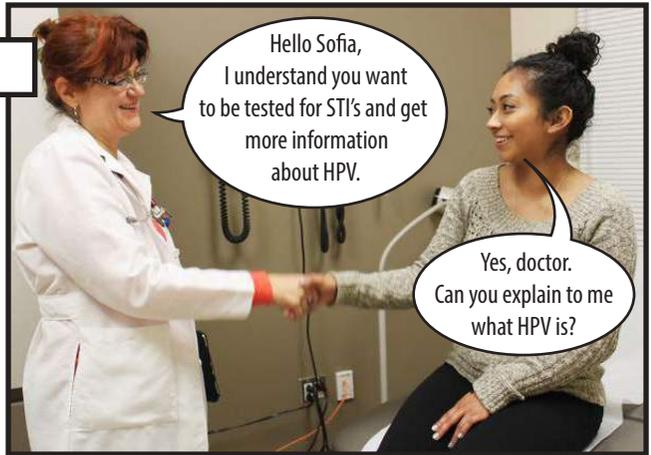
Sofia, the point is that you need to take the right steps to protect yourself. It can never hurt to be on the safe side.

Let's make a doctor's appointment, so she can tell you more.



Okay, Elena.

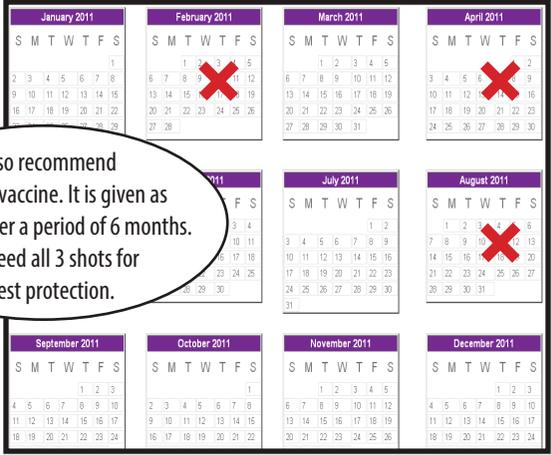
Later at the doctor's office...





Yes, condoms can lower your chances of getting HPV and other STI's.

I also recommend the HPV vaccine. It is given as 3 shots over a period of 6 months. You need all 3 shots for best protection.



If my boyfriend is cheating on me, does that mean he has HPV?

A faithful or unfaithful person can have HPV. It is very difficult to know when the person was infected. It is best not to blame anyone since many people have the virus at some point in their lives and may not know they have it or if they infected another person.



I will have the nurse come in with your vaccine.



Hmm... I'm so glad I'm doing this.



See you in 2 months for your second shot!

**Sofia goes back home to talk with Fernando...**



FERNANDO!  
Who was that girl I saw with you at the mall today?!

What?! I just ran into an old friend...



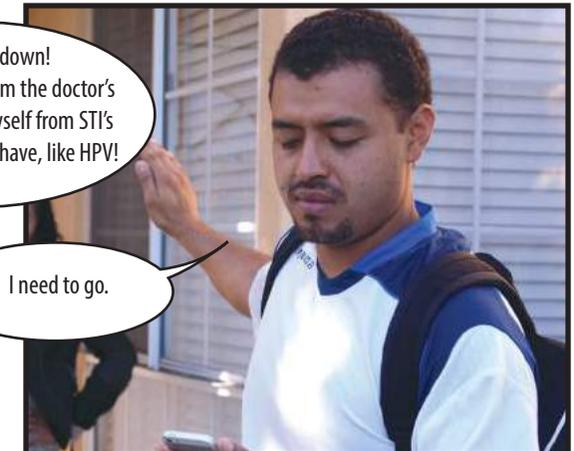
How can I trust you now?



¡Cálmate, Sofia!  
You are acting crazy.



I can't calm down!  
I just came back from the doctor's office to protect myself from STI's your "friend" might have, like HPV!



I need to go.

**Fernando meets his friend to play soccer.**

Hey Fernando!  
I wasn't sure if you were going to make it today!

Hey man, Sofia saw me with my Ex today, and now she thinks I am cheating on her. We got in a huge fight.

She freaked out and went to the doctor to ask about for HPV!

Oh shoot!  
I've heard of HPV before!

¿Qué?

It's not a joke—guys can get HPV too. HPV can give you warts or even **cancer in your junk!**

**OH HELL NO!**



**Back at the house...**



I cannot believe I saw Fernando with that other girl today. I don't even know what to think!

Then my sister had me go to the doctor to get the HPV vaccine. I don't know if all this is necessary...



It's better to be on the safe side, Sofia. It is good that you saw the doctor and got the HPV vaccine.



Besides, do you know if you want to be with Fernando forever?



You're right. It's better to take precautions - no matter what happens between Fernando and me. Thanks, chicas!

**Sofia hangs up the phone and  
Fernando comes home from soccer.**



**an ounce of  
PREVENTION  
is better than a  
pound of cure.**

**ask your doctor about  
the HPV vaccine today.**

# HPV QUESTIONS & ANSWERS



What is HPV?

Human papillomavirus (also called HPV) is the most common sexually transmitted infection (STI). There are more than 40 HPV types that can infect the genital areas of males and females. These HPV types can also infect the mouth and throat. About 79 million Americans are currently infected with HPV, but most don't know they have it.



How do people get HPV?

HPV is passed through skin-to-skin contact, most often during vaginal, anal, and oral sex. HPV can be passed on even when the infected partner has no signs or symptoms.



What are the potential health problems associated with HPV?

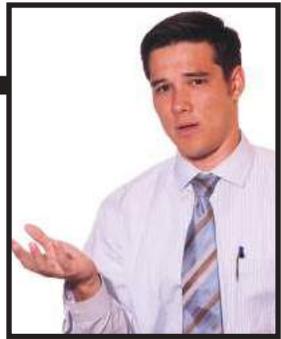
In most cases, the body's immune system clears HPV naturally within 2 years. However, when HPV infections do not clear, they can cause **cervical cancer** and **genital warts**. HPV can also cause vaginal, vulvar, penile, anal, and mouth and throat cancers.



How does HPV cause genital warts or cancer?

HPV can cause normal cells on infected skin to turn abnormal. Most of the time, you cannot see or feel these changes!

# HPV QUESTIONS & ANSWERS



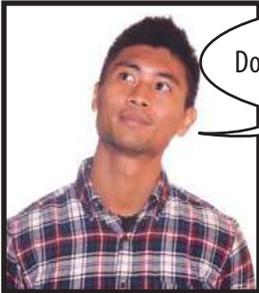
I've had sex. Should I still get the HPV shots?

Yes. While it's best to get the HPV vaccine before having sex, sexually active people should still get immunized. The vaccine does not cure existing infections, but it can protect you from other types of HPV to which you have not been exposed.



How can people prevent HPV?

Vaccines can protect males and females against common types of HPV that can lead to HPV-related cancers and genital warts. These vaccines are given in 3 shots. It is important to get all 3 doses to get the best protection. Vaccines are recommended for males and females 11-26 years old.



Does using a condom prevent HPV?

Condoms may lower the risk of HPV, but HPV can infect areas that are not covered by a condom. To be most effective, condoms should be used with every sex act, from start to finish.



Is there a test for HPV?

Yes, but only for women. The HPV test is recommended to screen for cervical cancer starting at age 30. Women should have regular Pap smears starting at age 21.