



# HESIS Publications

Hazard Evaluation System and Information Service  
California Department of Public Health—Occupational Health Branch  
850 Marina Bay Parkway, Building P, 3<sup>rd</sup> Floor, Richmond, CA 94804  
Phone: (toll free) 866-627-1586 Fax: (510) 620-5743

HESIS offers California workers, employers, and health professionals up-to-date practical answers to questions about the health effects of workplace hazards. HESIS publications are available free of charge in limited quantities, and may be reproduced for free distribution. Many of these documents are also available on our web site

<http://www.cdph.ca.gov/programs/hesis>

*Unless you note otherwise, we will send only one copy of each publication that you check. Some publications are also available in a language other than English. Where available, please note if you want copies in the second language.*

**BROCHURE** for general information about the HESIS program.

\_\_\_ Are you concerned about workplace hazards?

**FACT SHEETS** are 4 to 6-page summaries of health effects and ways to protect against workplace hazards.

They are written for workers, employers, and others without formal scientific or medical training.

- \_\_\_ Aerosol Cleaner Use in Auto Repair (12/04)
  - \_\_\_ Chromium-6 (7/11)
  - \_\_\_ Coccidioidomycosis (Valley Fever) (6/13)
  - \_\_\_ Electronic Waste Recycling (8/12)
  - \_\_\_ Epoxy Resin Systems (6/89)
  - \_\_\_ Ethylene Oxide (3/91)
  - \_\_\_ Fluorocarbons (Freons) (1/89)
  - \_\_\_ Formaldehyde (2/11) (Spanish 8/89 \_\_\_)
  - \_\_\_ Glutaraldehyde (11/93)
  - \_\_\_ Glycol Ethers (1/89)
  - \_\_\_ Pollution Prevention in Auto Repair (12/04)
  - \_\_\_ Isocyanates (5/14)
  - \_\_\_ Mercury (10/89)
  - \_\_\_ Methyl Bromide (5/90) (Spanish 82 \_\_\_)
  - \_\_\_ Methylene Chloride (11/06) (Spanish 85 \_\_\_)
  - \_\_\_ Methyl Methacrylate (2/90)
  - \_\_\_ Molds in Indoor Workplaces (11/05)
  - \_\_\_ PCBs (2/88)
  - \_\_\_ Perchloroethylene (3/89) (Korean 85 \_\_\_)
  - \_\_\_ Styrene (5/90)
  - \_\_\_ Toluene (5/95)
  - \_\_\_ Trichloroethane (1/98)
  - \_\_\_ Trichloroethylene (11/97)
  - \_\_\_ Wood Preservatives—Arsenic & Chromate (2/90)
  - \_\_\_ Xylene (10/89)
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- \_\_\_ If I'm Pregnant, Can the Chemicals I Work With Harm My Baby? (90) (Spanish 90 \_\_\_)
  - \_\_\_ Evaluating Workplace Hazards to Pregnancy: Roles of the Employer and the Personal Physician (90)
  - \_\_\_ Pulmonary Function Testing (2/89) (Spanish 89 \_\_\_)
  - \_\_\_ Workplace Exposure to Hepatitis C (12/98)
  - \_\_\_ Tuberculosis (9/96)
  - \_\_\_ Guidelines for Selecting Respirators for Protection Against Tuberculosis (97)
  - \_\_\_ Occupational Exposure to Rabies Virus (9/98)

**BOOKLETS** are written for workers, employers, and others without formal scientific or medical training. They are more comprehensive than Fact Sheets.

- \_\_\_ Understanding Toxic Substances: An Introduction to Chemical Hazards in the Workplace (rev. 11/08)
- \_\_\_ Workplace Chemical Hazards to Reproductive Health:  
A Resource for Worker Health and Safety Training and Patient Education
- \_\_\_ HESIS Guide to Solvent Safety (97) (Spanish 85 \_\_\_)
- \_\_\_ HESIS Guide to Metalworking Fluids
- \_\_\_ Polish Up Your Jewelry Shop: A Guide for Employers
- \_\_\_ Polish Up Your Jewelry Shop: A Guide for Employees
- \_\_\_ Photography and Your Health: A Guide to Chemical Hazards in the Darkroom
- \_\_\_ Artificial Fingernail Products: A Guide to Chemical Exposures in the Nail Salon
- \_\_\_ Your Hands and Wrists at Work: Carpal Tunnel Syndrome, a Preventable Disease

**ERGONOMIC SERIES** includes fact sheets written to help workers and employers in developing solutions to ergonomic problems in specific industries, and booklets for workers with musculoskeletal disorders and for doctors who treat them.

- \_\_\_\_\_ A Physician's Guide to the California Ergonomics Standard (11/01)
- \_\_\_\_\_ Drilling Overhead: Ways to Make a Tough Job Easier (3/11)
- \_\_\_\_\_ Drywall Installers Prevent Back, Wrist, Neck and Shoulder Injuries (11/01)
- \_\_\_\_\_ Guide to Getting Medical Care for Job-Related Pain That Won't Go Away (10/07)
- \_\_\_\_\_ 911 Dispatchers (6/01)
- \_\_\_\_\_ Grocery Cashiers (6/01)
- \_\_\_\_\_ Lab Workers Take the Pain Out of Pipetting (11/01)
- \_\_\_\_\_ Nursery Workers Prevent Back, Hand, Neck and Wrist Problems (11/01)
- \_\_\_\_\_ Pavement Breaker Operators Prevent Back, Joint and Muscle Injuries (11/01)
- \_\_\_\_\_ Sewing Machine Operators (12/09) (Chinese 11/01 \_\_\_\_\_) (Spanish 12/09 \_\_\_\_\_)
- \_\_\_\_\_ Warehouse Workers (6/01)

**HAZARD ALERTS/ADVISORIES** are summaries similar to HESIS Fact Sheets. They are issued when a new or previously unrecognized hazard is first identified. Later, they may be replaced by Fact Sheets.

- \_\_\_\_\_ 1-Bromopropane (n-Propyl Bromide) (7/03)
- \_\_\_\_\_ Cycloheximide (7/87)
- \_\_\_\_\_ Diacetyl (Butter Flavor Chemical) Use in Flavoring Manufacturing Companies (8/06) (Spanish 8/06 \_\_\_\_\_)
- \_\_\_\_\_ Diesel Engine Exhaust (11/02)
- \_\_\_\_\_ Methylene Chloride is Dangerous...There are Safer Alternatives! (1/12) (Spanish 1/12 \_\_\_\_\_)
- \_\_\_\_\_ n-Hexane Use in Vehicle Repair (6/01)
- \_\_\_\_\_ N-Methylpyrrolidone (6/14)
- \_\_\_\_\_ Ribavirin (12/90)
- \_\_\_\_\_ Shared Tagging Guns and Bloodborne Disease Risk (6/10)

**TECHNICAL DOCUMENTS** are scientific documentation for Hazard Alerts and selected other chemicals. They are highly technical.

- \_\_\_\_\_ Reproductive and Hematopoietic Toxicity of the Glycol Ethers:  
An Update, With Emphasis on Derivative Compounds (89)
- \_\_\_\_\_ Worker Health Effects Associated with a Catacarb Release at a Refinery in Northern California (97)

**MEDICAL GUIDELINES** are brief advisory protocols for diagnosing and managing industrial poisonings when specific antidotal therapy is available. They are written for health care professionals.

- |                        |                                       |
|------------------------|---------------------------------------|
| _____ Arsenic          | _____ Lead                            |
| _____ Carbon Monoxide  | _____ Mercury                         |
| _____ Cyanide          | _____ Organophosphates and Carbamates |
| _____ Hydrogen Sulfide | _____ n-Hexane                        |

**POINT-OF-SALE EDUCATIONAL MATERIALS**

- \_\_\_\_\_ Paint Stripping Products: Safer, Less Toxic Choices (Poster) (5/13)
- \_\_\_\_\_ Minimum Personal Protective Equipment Required for Paint Stripping (5/13)
- \_\_\_\_\_ Guide to Choosing Paint Stripping Products: Safety Considerations (5/13)

**Please** send the publications I have checked to (*please print*):

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City, State and ZIP Code

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Area Code and Telephone Number (*this is very important—please include it*) and Fax Number

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