

# California Health Interview Survey 2011 - 2012

Yolo County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	7,000	37.7	(16.9 - 58.6)
Overweight for age (does not factor height)	2,000	8.1*	(0.0 - 17.6)
Drank two or more glasses of soda yesterday	3,000	9.7*	(0.0 - 24.7)
Fast food eaten one or more times in past week	18,000	69.3	(53.5 - 85.0)
Eat 5 or more servings fruit/vegetables daily	15,000	55.8	(37.2 - 74.5)
Two or more fruit servings previous day	20,000	67.8	(53.0 - 82.5)
Currently receiving Food Stamps	5,000	25.6*	(1.7 - 49.5)
Park or open space is within walking distance	24,000	88.3*	(75.4 - 100.0)
Ever diagnosed with asthma	3,000	10.9*	(3.8 - 18.0)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	-	-	-
Normal weight (5th up to 85th percentile)	9,000	58.7	(35.1 - 82.3)
At risk of overweight (85th up to 95th percentile)	4,000	24.7*	(2.3 - 47.0)
Overweight/obese (highest 5th percentile)	3,000	16.6*	(0.0 - 34.8)
Drank two or more glasses of soda yesterday	5,000	34.3*	(12.0 - 56.5)
Fast food eaten one or more times in past week	10,000	67.0*	(46.4 - 87.6)
Eat 5+ servings of fruits/vegetables daily	2,000	15.2*	(2.4 - 28.0)
Two or more fruit servings previous day	9,000	59.6	(37.4 - 81.7)
Currently receiving Food Stamps	3,000	37.4*	(3.2 - 71.5)
Strongly agree nearby park or playground safe during the day	9,000	56.7	(33.6 - 79.8)
Strongly agree nearby park or playground safe at night	2,000	10.9*	(0.0 - 22.3)
Park or open space is within walking distance	15,000	99.4*	(98.1 - 100.0)
Did volunteer / community service in last year	9,000	61.0*	(36.9 - 85.0)
Ever diagnosed with asthma	4,000	24.2*	(5.9 - 42.5)
Adults 18+			
Ever diagnosed with diabetes	11,000	7.0	(4.4 - 9.6)
Ever told has had pre- or borderline diabetes	13,000	8.3	(4.4 - 12.3)
Ever diagnosed with asthma	25,000	16.1	(11.0 - 21.2)
Ever diagnosed with high blood pressure	36,000	23.3	(18.5 - 28.0)
Takes medicine for high blood pressure	22,000	62.2	(51.9 - 72.6)
Ever diagnosed with heart disease	8,000	5.0	(3.0 - 7.1)
Ever had a stroke	3,000	2.1	(1.0 - 3.2)
0 - 18.49 (Underweight)	1,000	0.8*	(0.1 - 1.5)
18.5 - 24.99 (Normal)	71,000	46.1	(38.7 - 53.5)
25.0 - 29.99 (Overweight)	54,000	35.3	(28.8 - 41.8)
30.0 or higher (Obese)	27,000	17.8	(13.2 - 22.5)
Overweight or obese	81,000	53.1	(45.8 - 60.5)
Fast food eaten one or more times in past week	89,000	58.2	(51.1 - 65.3)
Not able to afford enough food (food insecure)	14,000	25.3	(15.8 - 34.8)
Currently receiving Food Stamps	6,000	7.3*	(2.4 - 12.3)
Currently on WIC	3,000	44.1*	(17.3 - 70.9)
Currently receiving TANF or CalWORKS	4,000	4.4*	(0.3 - 8.5)
Own home	80,000	53.3	(45.8 - 60.7)
Volunteered in past year	21,000	13.5	(9.1 - 17.9)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	5,000	9.6*	(3.7 - 15.5)
Ever told has had pre- or borderline diabetes	5,000	8.4*	(0.0 - 17.7)
Ever diagnosed with heart disease	1,000	2.3*	(0.4 - 4.2)
Overweight or obese	30,000	55.6	(42.4 - 68.7)
Fast food eaten one or more times in past week	34,000	62.1	(49.9 - 74.3)
Not able to afford enough food (food insecure)	14,000	25.5	(15.6 - 35.4)
Currently receiving Food Stamps	6,000	11.6*	(3.8 - 19.3)
Currently on WIC	3,000	45.8*	(13.6 - 78.1)
Currently receiving TANF or CalWORKS	4,000	7.0*	(0.6 - 13.5)
Own home	11,000	20.6	(12.2 - 28.9)
Volunteered in past year	7,000	12.9*	(4.3 - 21.5)

\*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.  
 - (hyphen): Estimate is less than 500 people