

1999-2009 California Children's Healthy Eating and Exercise Practices Survey

**Table 27: Trends in the Total Servings of Protein Rich Foods Eaten by California Children per Typical Weekday for All Eating Occasions**

How many servings of protein did your child eat?

	Means						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07- 09	99-09
	N=814	N=754	N=632	N=712	N=823	N=856						
<b>Total</b>	2.4	2.3	2.5	2.3	2.4	2.4	-0.1	0.2	-0.1	0.0	0.1	0.0
<b>Gender</b>												
Males	2.6	2.5	2.6	2.5	2.5	2.6	-0.1	0.1	-0.1	0.0	0.1	0.0
Females	2.2	2.1	2.3	2.2	2.3	2.3	-0.1	0.2	-0.1	0.1	0.0	0.1
<b>Ethnicity</b>												
White	2.2	2.2	2.2	2.3	2.3	2.4	0.0	0.0	0.1	0.0	0.1	0.2
African American	3.0	2.7	2.7	2.7	2.6	3.1	-0.4	0.0	0.0	-0.1	0.5	0.1
Latino	2.6	2.3	2.6	2.2	2.4	2.3	-0.3	0.3	-0.4	0.2	-0.1	-0.3
Asian/ Other	2.4	2.6	2.6	2.8	2.4	2.7	0.2	0.0	0.3	-0.5	0.3	0.3
<b>Food Stamp Status, % FPL</b>												
Participant, ≤ 130%	3.0	2.8	3.4	2.5	2.3	2.5	-0.1	0.6	-0.9	-0.2	0.2	-0.4
Likely Eligible, ≤ 130%	2.6	2.6	2.5	2.5	2.4	2.4	0.0	-0.1	0.0	-0.1	-0.1	-0.3
Potentially Eligible, 131-≤ 185%	2.4	2.1	2.4	2.2	2.4	2.4	-0.4	0.3	-0.2	0.3	-0.1	-0.1
Not Eligible, >185%	2.3	2.2	2.4	2.3	2.4	2.5	0.0	0.1	-0.1	0.1	0.1	0.2
<b>Overweight Status</b>												
Not Overweight	2.4	2.3	2.3	2.2	2.3	2.4	-0.1	0.1	-0.1	0.1	0.1	0.0
Overweight/Obese	2.5	2.3	2.7	2.4	2.5	2.5	-0.1	0.4	-0.3	0.0	0.0	0.0
<b>Physical Activity</b>												
≥ 60 Minutes	2.6	2.4	2.6	2.3	2.4	2.6	-0.1	0.1	-0.3	0.1	0.1	0.0
<60 Minutes	2.3	2.2	2.3	2.4	2.3	2.3	-0.1	0.2	0.0	0.0	0.0	0.0

Includes beef, pork and other red meats; poultry and fish; processed meats; nuts and seeds; eggs; soybeans or soy products; and other protein rich foods.

T-test

* p<.05
** p<.01
*** p<.001