

1999-2009 California Children's Healthy Eating and Exercise Practices Survey

**Table 43: Trends in the Proportion of Children Eating Lunch Served by the School Cafeteria Everyday During a Typical Week**

About how many times during a school week do you eat a lunch served by your school's cafeteria?

	Percents						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=814	N=754	N=632	N=712	N=823	N=856						
<b>Total</b>	48.6%	36.1%	38.7%	40.4%	43.6%	44.0%	-12.5	2.6	1.7	3.2	0.4	-4.6
<b>Gender</b>												
Males	53.5%	38.6%	41.1%	46.4%	49.7%	47.7%	-14.9	2.5	5.3	3.3	-2.0	-5.8
Females	43.9%	33.5%	35.8%	34.1%	37.4%	40.3%	-10.4	2.3	-1.7	3.3	2.9	-3.6
<b>Ethnicity</b>												
White	40.1%	20.5%	29.7%	28.6%	29.6%	28.0%	-19.5	9.2	-1.2	1.1	-1.7	-12.1
African American	66.0%	55.9%	49.6%	54.2%	62.6%	45.2%	-10.1	-6.2	4.5	8.5	-17.4	-20.8
Latino	56.6%	52.4%	47.2%	47.5%	53.4%	58.6%	-4.2	-5.2	0.3	6.0	5.2	2.0
Asian/ Other	38.7%	29.9%	29.8%	43.3%	36.0%	27.9%	-8.8	-0.1	13.5	-7.3	-8.1	-10.8
<b>Food Stamp Status, % FPL</b>												
Participant, ≤ 130%	78.8%	74.0%	80.5%	73.7%	85.4%	78.2%	-4.7	6.5	-6.8	11.7	-7.2	-0.6
Likely Eligible, ≤ 130%	73.0%	63.7%	71.9%	67.7%	71.2%	71.3%	-9.3	8.2	-4.3	3.5	0.1	-1.7
Potentially Eligible, 131-≤ 185%	72.8%	49.9%	55.0%	45.3%	55.7%	52.9%	-22.9	5.1	-9.7	10.4	-2.8	-19.9
Not Eligible, >185%	27.8%	22.1%	24.0%	27.3%	27.5%	30.0%	-5.7	1.9	3.3	0.2	2.5	2.2
<b>Overweight Status</b>												
Not Overweight	49.8%	35.7%	33.1%	36.5%	35.4%	36.9%	-14.1	-2.6	3.4	-1.1	1.5	-12.8
Overweight/Obese	47.6%	35.8%	46.7%	46.9%	55.5%	53.8%	-11.8	10.9	0.2	8.7	-1.7	6.2
<b>Physical Activity</b>												
≥ 60 Minutes	47.7%	32.7%	37.9%	41.1%	39.9%	38.9%	-15.0	5.1	3.2	-1.1	-1.1	-8.9
<60 Minutes	49.2%	39.5%	39.6%	39.8%	46.5%	48.7%	-9.7	0.1	0.2	6.7	2.2	-0.5

Excludes those reporting "no answer" and children attending home school.

Z-test

* p<.05
** p<.01
*** p<.001

1999-2009 California Children's Healthy Eating and Exercise Practices Survey

Table 45a: Trends in the Proportion of Children Reporting that Their School Has Snack Vending Machines with Chips, Cookies, or Candy

Does your school have a vending machine with snacks like chips, cookies, or candy that students can use?

	Percents						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=394	N=369	N=379	N=402	N=327	N=390						
<b>Total</b>	8.4%	8.5%	12.0%	6.1%	5.9%	4.1%	0.1	3.5	-5.9	-0.2	-1.8	-4.3
<b>Gender</b>												
Males	8.1%	7.6%	15.5%	4.7%	7.0%	3.8%	-0.5	7.9	-10.8	2.3	-3.2	-4.3
Females	8.6%	9.5%	7.7%	7.6%	4.9%	4.4%	0.8	-1.8	-0.1	-2.6	-0.5	-4.2
<b>Ethnicity</b>												
White	5.9%	9.0%	9.6%	5.6%	6.9%	3.3%	3.1	0.6	-4.0	1.3	-3.6	-2.5
African American	7.4%	13.2%	11.1%	14.5%	8.3%	11.1%	5.8	-2.1	3.5	-6.2	2.8	3.7
Latino	10.5%	7.8%	10.9%	5.3%	4.2%	4.2%	-2.6	3.1	-5.6	-1.1	0.0	-6.3
Asian/ Other	11.1%	6.3%	21.8%	5.9%	7.8%	2.4%	-4.9	15.6	-15.9	1.9	-5.4	-8.7
<b>Food Stamp Status, % FPL</b>												
Participant, ≤ 130%	14.1%	4.2%	4.5%	0.0%	7.4%	5.8%	-9.8	0.3	-4.5	7.4	-1.6	-8.3
Likely Eligible, ≤ 130%	14.8%	9.9%	16.9%	8.1%	4.7%	0.8%	-4.9	7.0	-8.7	-3.4	-3.9	-14.0
Potentially Eligible, 131-≤ 185%	2.4%	0.7%	21.0%	5.6%	4.4%	2.8%	-1.6	20.3	-15.4	-1.2	-1.6	0.5
Not Eligible, >185%	7.4%	10.7%	9.1%	5.9%	6.1%	5.3%	3.3	-1.5	-3.3	0.2	-0.8	-2.1
<b>Overweight Status</b>												
Not Overweight	5.9%	11.2%	11.5%	6.1%	6.8%	4.2%	5.3	0.3	-5.3	0.7	-2.7	-1.8
Overweight/Obese	12.4%	2.8%	12.5%	4.9%	4.9%	4.0%	-9.6	9.7	-7.5	0.0	-0.9	-8.4
<b>Physical Activity</b>												
≥ 60 Minutes	7.1%	9.5%	9.7%	7.5%	8.2%	2.1%	2.4	0.1	-2.2	0.6	-6.1	-5.1
<60 Minutes	9.4%	7.3%	14.9%	4.8%	4.0%	5.8%	-2.1	7.6	-10.0	-0.8	1.8	-3.6

Z-test

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Table 45b: Trends in the Proportion of Children Reporting that Their School Cafeteria Serves Branded Fast Food

Does your school cafeteria usually serve students fast food made by restaurants like McDonald's, Burger King, Taco Bell, or Pizza Hut?

	Percents						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=394	N=369	N=379	N=402	N=327	N=390						
<b>Total</b>	24.6%	24.4%	21.6%	23.4%	22.5%	15.7%	-0.2	-2.7	1.7	-0.9	-6.8	-8.9
<b>Gender</b>												
Males	26.5%	26.8%	24.1%	22.5%	23.0%	13.2%	0.3	-2.7	-1.6	0.5	-9.8	-13.3
Females	22.8%	21.8%	18.6%	24.3%	22.1%	18.3%	-1.0	-3.2	5.6	-2.2	-3.8	-4.6
<b>Ethnicity</b>												
White	25.6%	24.1%	26.1%	20.9%	20.4%	19.3%	-1.5	2.0	-5.2	-0.4	-1.1	-6.3
African American	37.0%	26.4%	20.4%	13.0%	25.0%	11.1%	-10.6	-6.1	-7.3	12.0	-13.9	-25.9
Latino	20.3%	27.5%	19.0%	28.8%	25.5%	14.5%	7.3	-8.6	9.9	-3.3	-11.0	-5.8
Asian/ Other	25.6%	14.6%	19.0%	15.4%	16.7%	12.8%	-11.0	4.4	-3.6	1.3	-3.9	-12.8
<b>Food Stamp Status, % FPL</b>												
Participant, ≤ 130%	24.9%	6.3%	28.6%	22.5%	19.9%	22.2%	-18.6	22.2	-6.1	-2.5	2.3	-2.7
Likely Eligible, ≤ 130%	36.6%	40.8%	3.2%	30.9%	13.5%	8.2%	4.2	-37.6	27.7	-17.4	-5.3	-28.4
Potentially Eligible, 131-≤ 185%	25.5%	22.6%	30.8%	17.1%	23.7%	13.2%	-2.9	8.2	-13.6	6.6	-10.5	-12.3
Not Eligible, >185%	20.4%	24.4%	24.2%	24.1%	24.5%	17.6%	4.0	-0.2	-0.1	0.4	-6.9	-2.8
<b>Overweight Status</b>												
Not Overweight	25.1%	26.1%	19.8%	12.9%	27.5%	19.0%	1.0	-6.3	-6.9	14.6	-8.5	-6.1
Overweight/Obese	23.4%	18.4%	23.2%	43.7%	14.9%	11.3%	-5.1	4.8	20.5	-28.8	-3.7	-12.2
<b>Physical Activity</b>												
≥ 60 Minutes	25.3%	27.2%	23.9%	22.9%	22.4%	18.9%	1.9	-3.3	-1.0	-0.5	-3.5	-6.4
<60 Minutes	23.5%	21.2%	18.8%	23.7%	22.6%	12.8%	-2.3	-2.4	4.9	-1.2	-9.8	-10.7

Z-test

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Table 45c: Trends in the Proportion of Children Reporting that Their School Has Soda Vending Machines that Students Can Use

Does your school have a soda vending machine that students can use?

	Percents						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=394	N=369	N=379	N=402	N=327	N=390						
<b>Total</b>	15.7%	14.1%	17.1%	10.9%	10.0%	5.3%	-1.6	3.0	-6.2	-0.9	-4.7	-10.5
<b>Gender</b>												
Males	16.7%	12.3%	19.3%	10.7%	15.8%	5.7%	-4.4	7.0	-8.6	5.1	-10.1	-11.0
Females	15.3%	16.1%	14.5%	11.1%	4.8%	4.8%	0.7	-1.6	-3.4	-6.3	0.0	-10.5
<b>Ethnicity</b>												
White	10.6%	15.4%	12.0%	7.2%	8.8%	5.5%	4.8	-3.4	-4.8	1.6	-3.3	-5.0
African American	7.4%	15.2%	20.4%	18.8%	25.0%	13.9%	7.7	5.2	-1.5	6.2	-11.1	6.5
Latino	20.3%	15.1%	18.2%	10.3%	6.1%	4.1%	-5.2	3.2	-8.0	-4.1	-2.0	-16.1
Asian/ Other	24.4%	6.3%	25.4%	21.3%	18.3%	4.8%	-18.2	19.1	-4.1	-3.0	-13.6	-19.7
<b>Food Stamp Status, % FPL</b>												
Participant, ≤ 130%	5.5%	4.2%	6.2%	4.4%	16.7%	5.2%	-1.3	1.9	-1.8	12.3	-11.5	-0.3
Likely Eligible, ≤ 130%	25.5%	3.7%	10.2%	13.0%	2.0%	4.1%	-21.8	6.4	2.9	-11.0	2.1	-21.5
Potentially Eligible, 131-≤ 185%	20.7%	8.0%	25.2%	14.1%	23.4%	2.8%	-12.7	17.2	-11.1	9.3	-20.6	-17.9
Not Eligible, >185%	12.2%	18.6%	16.8%	10.1%	8.1%	6.4%	6.4	-1.8	-6.7	-2.0	-1.8	-5.9
<b>Overweight Status</b>												
Not Overweight	17.0%	14.8%	17.1%	12.0%	9.6%	6.1%	-2.2	2.2	-5.1	-2.4	-3.5	-10.9
Overweight/Obese	13.2%	11.8%	16.7%	8.8%	11.0%	4.8%	-1.3	4.9	-7.9	2.2	-6.2	-8.4
<b>Physical Activity</b>												
≥ 60 Minutes	18.7%	14.5%	20.3%	11.1%	9.2%	6.8%	-4.2	5.7	-9.2	-1.9	-2.4	-11.9
<60 Minutes	13.1%	13.7%	13.2%	10.7%	10.6%	3.9%	0.6	-0.5	-2.5	-0.1	-6.7	-9.2

Z-test

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2003-2009 California Children's Healthy Eating and Exercise Practices Survey

Table 45d: Trends in the Proportion of Children Reporting that Their School Cafeteria Has a Salad Bar

Does your school cafeteria have a salad bar?

	Percents				Trend Analysis			
	2003	2005	2007	2009	03-05	05-07	07-09	03-09
	N=379	N=402	N=327	N=390				
<b>Total</b>	41.6%	46.9%	57.7%	50.7%	5.4	10.7	-7.0	9.2
<b>Gender</b>								
Males	41.5%	47.7%	60.4%	53.9%	6.2	12.8	-6.6	12.4
Females	41.7%	46.2%	55.2%	47.3%	4.5	9.0	-7.9	5.7
<b>Ethnicity</b>								
White	46.9%	51.8%	57.1%	46.1%	4.9	5.3	-11.0	-0.8
African American	50.0%	5.8%	50.0%	52.8%	-44.2	44.2	2.8	2.8
Latino	34.6%	48.9%	62.4%	54.9%	14.4	13.5	-7.6	20.3
Asian/ Other	44.7%	45.1%	46.9%	45.0%	0.4	1.8	-1.9	0.3
<b>Food Stamp Status, % FPL</b>								
Participant, ≤ 130%	30.4%	73.5%	39.5%	58.3%	43.0	-34.0	18.8	27.9
Likely Eligible, ≤ 130%	20.4%	42.5%	69.7%	38.5%	22.0	27.3	-31.3	18.0
Potentially Eligible, 131-≤ 185%	28.8%	35.4%	61.1%	61.6%	6.7	25.7	0.4	32.8
Not Eligible, >185%	48.9%	46.5%	58.1%	50.5%	-2.3	11.6	-7.6	1.7
<b>Overweight Status</b>								
Not Overweight	42.4%	47.7%	57.9%	52.5%	5.2	10.2	-5.4	10.1
Overweight/Obese	41.7%	45.1%	57.8%	44.6%	3.4	12.7	-13.2	2.8
<b>Physical Activity</b>								
≥ 60 Minutes	41.5%	47.9%	50.6%	48.8%	6.4	2.7	-1.8	7.3
<60 Minutes	41.7%	46.2%	63.5%	52.3%	4.5	17.3	-11.1	10.7

Z-test

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2005-2009 California Children's Healthy Eating and Exercise Practices Survey

**Table 45e: Trends in the Proportion of Children Reporting that Their School Has Bake Sales or Candy Sales to Raise Money**

Does your school usually have bake sales or candy sales to raise money?

	Percents			Trend Analysis		
	2005	2007	2009	05-07	07-09	05-09
	N=402	N=327	N=390			
<b>Total</b>	71.3%	62.3%	56.2%	-9.0	-6.1	-15.2
<b>Gender</b>						
Males	74.5%	59.4%	58.0%	-15.1	-1.5	-16.6
Females	67.9%	64.8%	54.3%	-3.1	-10.6	-13.6
<b>Ethnicity</b>						
White	66.7%	56.0%	57.1%	-10.7	1.1	-9.5
African American	78.2%	79.2%	58.3%	1.0	-20.8	-19.9
Latino	72.5%	67.1%	55.5%	-5.4	-11.5	-16.9
Asian/ Other	78.5%	54.8%	55.0%	-23.6	0.2	-23.5
<b>Food Stamp Status, % FPL</b>						
Participant, ≤ 130%	75.5%	67.8%	55.9%	-7.6	-11.9	-19.6
Likely Eligible, ≤ 130%	81.5%	65.1%	52.0%	-16.3	-13.1	-29.5
Potentially Eligible, 131-≤ 185%	69.8%	64.2%	65.2%	-5.6	1.0	-4.6
Not Eligible, >185%	68.9%	60.4%	55.4%	-8.5	-5.0	-13.5
<b>Overweight Status</b>						
Not Overweight	69.0%	61.5%	57.5%	-7.5	-4.0	-11.5
Overweight/Obese	72.5%	66.8%	53.2%	-5.7	-13.6	-19.3
<b>Physical Activity</b>						
≥ 60 Minutes	69.7%	64.1%	54.8%	-5.6	-9.3	-14.9
<60 Minutes	72.7%	60.8%	57.4%	-11.9	-3.5	-15.3

Z-test

* p<.05
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2005-2009 California Children's Healthy Eating and Exercise Practices Survey

**Table 45f: Trends in the Proportion of Children Reporting that Their School Teacher Rewards Students by Giving out Candy, Cookies, Soda, or Chips**

Does your teacher reward students by giving out treats like candy, cookies, soda, or chips?

	Percents			Trend Analysis		
	2005	2007	2009	05-07	07-09	05-09
	N=402	N=327	N=390			
<b>Total</b>	58.0%	47.9%	43.0%	-10.1	-4.9	-14.9
<b>Gender</b>						
Males	57.5%	52.7%	40.3%	-4.8	-12.5	-17.2
Females	58.5%	43.6%	45.9%	-14.8	2.3	-12.5
<b>Ethnicity</b>						
White	65.5%	48.6%	47.5%	-17.0	-1.1	-18.1
African American	60.9%	62.5%	55.6%	1.6	-6.9	-5.3
Latino	53.7%	49.4%	39.2%	-4.2	-10.2	-14.5
Asian/ Other	48.3%	35.8%	40.0%	-12.5	4.2	-8.3
<b>Food Stamp Status, % FPL</b>						
Participant, ≤ 130%	54.0%	59.0%	48.8%	4.9	-10.2	-5.3
Likely Eligible, ≤ 130%	52.0%	49.7%	45.1%	-2.3	-4.7	-6.9
Potentially Eligible, 131-≤ 185%	54.5%	45.1%	43.8%	-9.4	-1.3	-10.7
Not Eligible, >185%	59.7%	46.0%	41.0%	-13.7	-5.0	-18.6
<b>Overweight Status</b>						
Not Overweight	57.1%	47.4%	43.3%	-9.6	-4.1	-13.8
Overweight/Obese	58.7%	49.6%	40.2%	-9.1	-9.4	-18.5
<b>Physical Activity</b>						
≥ 60 Minutes	59.3%	53.1%	38.2%	-6.2	-14.9	-21.1
<60 Minutes	56.9%	43.6%	47.3%	-13.3	3.7	-9.6

Z-test

* p<.05
** p<.01
*** p<.001

1999-2009 California Children's Healthy Eating and Exercise Practices Survey

Table 46: Trends in the Proportion of Children Reporting that They Ate Fast Food on a Typical Weekday

Where did your child get the food for [meals/snacks]? Marked fast food restaurant or food court; or served by fast food restaurant at school.

	Percents						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=814	N=754	N=632	N=712	N=823	N=856						
<b>Total</b>	25.4%	23.4%	23.4%	22.0%	15.4%	21.4%	-2.1	0.0	-1.4	-6.6	5.9	-4.1
<b>Gender</b>												
Males	27.3%	23.0%	23.2%	23.8%	15.6%	22.6%	-4.2	0.1	0.6	-8.2	7.0	-4.7
Females	23.7%	23.7%	23.6%	20.2%	15.3%	20.2%	0.0	-0.1	-3.4	-5.0	5.0	-3.5
<b>Ethnicity</b>												
White	25.7%	25.9%	24.8%	19.7%	18.5%	17.0%	0.1	-1.1	-5.2	-1.1	-1.5	-8.8
African American	36.8%	35.9%	22.4%	28.6%	10.2%	20.7%	-1.0	-13.5	6.2	-18.3	10.5	-16.1
Latino	23.3%	18.7%	22.3%	23.1%	14.1%	24.4%	-4.5	3.6	0.8	-9.0	10.3	1.2
Asian/ Other	25.0%	22.5%	23.5%	22.2%	13.9%	21.3%	-2.5	1.0	-1.3	-8.3	7.4	-3.8
<b>Food Stamp Status, % FPL</b>												
Participant, ≤ 130%	21.1%	23.8%	7.3%	17.2%	12.3%	22.1%	2.7	-16.5	9.9	-4.9	9.8	1.1
Likely Eligible, ≤ 130%	26.8%	17.4%	22.1%	25.9%	13.8%	23.8%	-9.4	4.7	3.9	-12.1	9.9	-3.0
Potentially Eligible, 131-≤ 185%	15.8%	18.2%	25.0%	18.9%	14.6%	22.5%	2.4	6.8	-6.1	-4.3	7.9	6.7
Not Eligible, >185%	27.7%	26.1%	25.0%	22.3%	16.5%	20.4%	-1.6	-1.1	-2.7	-5.9	3.9	-7.3
<b>Overweight Status</b>												
Not Overweight	23.0%	24.8%	23.5%	21.2%	15.3%	16.8%	1.7	-1.2	-2.3	-6.0	1.6	-6.2
Overweight/Obese	29.2%	25.3%	23.9%	23.5%	17.1%	28.5%	-4.0	-1.4	-0.4	-6.3	11.4	-0.7
<b>Physical Activity</b>												
≥ 60 Minutes	28.5%	23.0%	24.6%	26.3%	16.5%	19.9%	-5.5	1.6	1.7	-9.9	3.4	-8.6
<60 Minutes	22.9%	23.8%	22.0%	18.5%	14.6%	22.8%	0.9	-1.8	-3.5	-3.9	8.2	-0.1

Responses include children reporting fast food on day 1 and day 2.

Z-test

* p<.05
** p<.01
*** p<.001