

1999-2009 California Children's Healthy Eating and Exercise Practices Survey

Table 67: Trends in the Proportion of Children Participating in Nutrition Lessons at School

During this school year, have you had any lessons from a teacher, coach, or some other type of instructor about food, nutrition, and your health?

	Percents						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=814	N=754	N=632	N=712	N=823	N=856						
Total	58.3%	54.0%	57.0%	51.5%	57.5%	58.2%	-4.3	3.0	-5.5	6.0	0.8	-0.1
Gender												
Males	57.3%	56.6%	59.3%	53.4%	56.2%	59.5%	-0.7	2.7	-5.8	2.8	3.3	2.3
Females	59.3%	51.4%	54.3%	49.5%	58.7%	57.0%	-8.0	2.9	-4.7	9.2	-1.8	-2.4
Ethnicity												
White	62.5%	55.4%	58.0%	55.0%	65.6%	62.6%	-7.1	2.6	-3.0	10.6	-3.1	0.1
African American	52.8%	44.0%	63.5%	51.5%	59.8%	62.8%	-8.8	19.5	-12.0	8.3	3.0	10.0
Latino	55.2%	51.8%	50.8%	45.6%	53.5%	55.5%	-3.4	-1.0	-5.2	7.9	2.0	0.2
Asian/ Other	56.3%	61.3%	70.2%	63.5%	51.0%	55.2%	4.9	8.9	-6.7	-12.4	4.2	-1.1
Food Stamp Status, % FPL												
Participant, ≤ 130%	45.7%	51.3%	43.0%	38.7%	49.9%	57.7%	5.6	-8.3	-4.3	11.2	7.8	12.0
Likely Eligible, ≤ 130%	67.8%	56.4%	51.8%	54.8%	43.3%	46.8%	-11.4	-4.6	3.0	-11.5	3.5	-21.0
Potentially Eligible, 131-≤ 185%	57.4%	48.8%	42.2%	37.0%	48.4%	46.9%	-8.5	-6.6	-5.2	11.4	-1.5	-10.4
Not Eligible, >185%	59.2%	55.7%	61.7%	54.8%	64.4%	63.7%	-3.5	6.0	-6.9	9.6	-0.8	4.5
Overweight Status												
Not Overweight	63.6%	55.7%	59.4%	50.8%	59.0%	60.8%	-7.9	3.7	-8.6	8.2	1.8	-2.8
Overweight/Obese	50.4%	52.7%	51.4%	51.5%	56.6%	53.4%	2.3	-1.3	0.1	5.1	-3.2	3.0
Physical Activity												
≥ 60 Minutes	63.2%	62.3%	56.5%	50.0%	62.5%	63.0%	-1.0	-5.8	-6.5	12.6	0.5	-0.2
<60 Minutes	54.2%	45.7%	57.5%	52.8%	53.5%	53.8%	-8.5	11.8	-4.8	0.7	0.3	-0.4

No lessons includes "no," "not sure," and "no answer."

Z-test

* p<.05
** p<.01
*** p<.001