

# California Health Interview Survey 2011 - 2012

| State Total  |            |      |               |
|--|------------|------|---------------|
| Children 0 - 11  |            |      |               |
|  | Est. N     | %    | 95% C.I.      |
| 7 days physically active at least one hour (past week)       | 1,121,000  | 32.6 | (29.9 - 35.2) |
| Overweight for age (does not factor height)                  | 706,000    | 12.6 | (11.1 - 14.2) |
| Drank two or more glasses of soda yesterday                  | 316,000    | 6.2  | (5.0 - 7.3)   |
| Fast food eaten one or more times in past week               | 3,455,000  | 67.6 | (65.4 - 69.8) |
| Eat 5 or more servings fruit/vegetables daily                | 2,688,000  | 52.6 | (50.3 - 54.9) |
| Two or more fruit servings previous day                      | 3,523,000  | 58.7 | (56.5 - 60.8) |
| Currently receiving Food Stamps                              | 1,310,000  | 30.2 | (27.6 - 32.8) |
| Park or open space is within walking distance                | 4,643,000  | 83.4 | (81.8 - 85.1) |
| Ever diagnosed with asthma                                   | 791,000    | 14.2 | (12.5 - 16.0) |
| Teens 12 - 17  |            |      |               |
| Underweight (within lowest 5th percentile)                   | 92,000     | 3.0  | (2.0 - 3.9)   |
| Normal weight (5th up to 85th percentile)                    | 2,022,000  | 64.7 | (61.7 - 67.6) |
| At risk of overweight (85th up to 95th percentile)           | 519,000    | 16.6 | (14.2 - 19.0) |
| Overweight/obese (highest 5th percentile)                    | 494,000    | 15.8 | (13.5 - 18.1) |
| Drank two or more glasses of soda yesterday                  | 921,000    | 29.5 | (26.6 - 32.3) |
| Fast food eaten one or more times in past week               | 2,390,000  | 76.4 | (73.9 - 78.9) |
| Eat 5+ servings of fruits/vegetables daily                   | 806,000    | 25.8 | (23.0 - 28.5) |
| Two or more fruit servings previous day                      | 1,843,000  | 58.9 | (56.0 - 61.9) |
| Currently receiving Food Stamps                              | 406,000    | 22.3 | (18.6 - 26.0) |
| Strongly agree nearby park or playground safe during the day | 1,133,000  | 36.2 | (33.4 - 39.0) |
| Strongly agree nearby park or playground safe at night       | 349,000    | 11.3 | (9.4 - 13.1)  |
| Park or open space is within walking distance                | 2,722,000  | 87.0 | (84.8 - 89.3) |
| Did volunteer / community service in last year               | 1,780,000  | 56.9 | (53.9 - 59.9) |
| Ever diagnosed with asthma                                   | 544,000    | 17.4 | (15.2 - 19.6) |
| Adults 18+   |            |      |               |
| Ever diagnosed with diabetes                                 | 2,322,000  | 8.4  | (7.9 - 8.8)   |
| Ever told has had pre- or borderline diabetes                | 2,505,000  | 9.0  | (8.6 - 9.4)   |
| Ever diagnosed with asthma                                   | 3,808,000  | 13.7 | (13.1 - 14.3) |
| Ever diagnosed with high blood pressure                      | 7,574,000  | 27.2 | (26.6 - 27.9) |
| Takes medicine for high blood pressure                       | 5,293,000  | 69.9 | (68.5 - 71.3) |
| Ever diagnosed with heart disease                            | 1,759,000  | 6.3  | (6.0 - 6.7)   |
| Ever had a stroke  | 634,000    | 2.3  | (2.1 - 2.5)   |
| 0 - 18.49 (Underweight)                                      | 433,000    | 1.6  | (1.4 - 1.8)   |
| 18.5 - 24.99 (Normal)  | 10,731,000 | 38.6 | (37.8 - 39.4) |
| 25.0 - 29.99 (Overweight)                                    | 9,740,000  | 35.0 | (34.3 - 35.8) |
| 30.0 or higher (Obese)                                       | 6,892,000  | 24.8 | (24.1 - 25.5) |
| Overweight or obese  | 16,632,000 | 59.8 | (59.0 - 60.6) |
| Fast food eaten one or more times in past week               | 17,679,000 | 63.6 | (62.9 - 64.4) |
| Not able to afford enough food (food insecure)               | 4,153,000  | 41.7 | (40.3 - 43.2) |
| Currently receiving Food Stamps                              | 1,956,000  | 12.7 | (11.8 - 13.5) |
| Currently on WIC   | 909,000    | 52.0 | (48.4 - 55.6) |
| Currently receiving TANF or CalWORKS                         | 716,000    | 4.6  | (4.1 - 5.2)   |
| Own home   | 16,151,000 | 58.7 | (57.9 - 59.5) |
| Volunteered in past year                                     | 3,384,000  | 12.2 | (11.7 - 12.7) |
| Adults 18+ less than 185% of Federal Poverty Level           |            |      |               |
| Ever diagnosed with diabetes                                 | 995,000    | 10.6 | (9.7 - 11.4)  |
| Ever told has had pre- or borderline diabetes                | 799,000    | 8.5  | (7.7 - 9.2)   |
| Ever diagnosed with heart disease                            | 583,000    | 6.2  | (5.6 - 6.8)   |
| Overweight or obese  | 6,164,000  | 65.4 | (64.0 - 66.8) |
| Fast food eaten one or more times in past week               | 6,183,000  | 65.6 | (64.2 - 67.0) |
| Not able to afford enough food (food insecure)               | 4,006,000  | 42.7 | (41.1 - 44.2) |
| Currently receiving Food Stamps                              | 1,756,000  | 18.9 | (17.7 - 20.2) |
| Currently on WIC   | 813,000    | 63.9 | (59.8 - 68.0) |
| Currently receiving TANF or CalWORKS                         | 636,000    | 6.9  | (6.0 - 7.7)   |
| Own home   | 3,155,000  | 34.0 | (32.6 - 35.5) |
| Volunteered in past year                                     | 876,000    | 9.3  | (8.4 - 10.1)  |

\*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.

- (hyphen): Estimate is less than 500 people