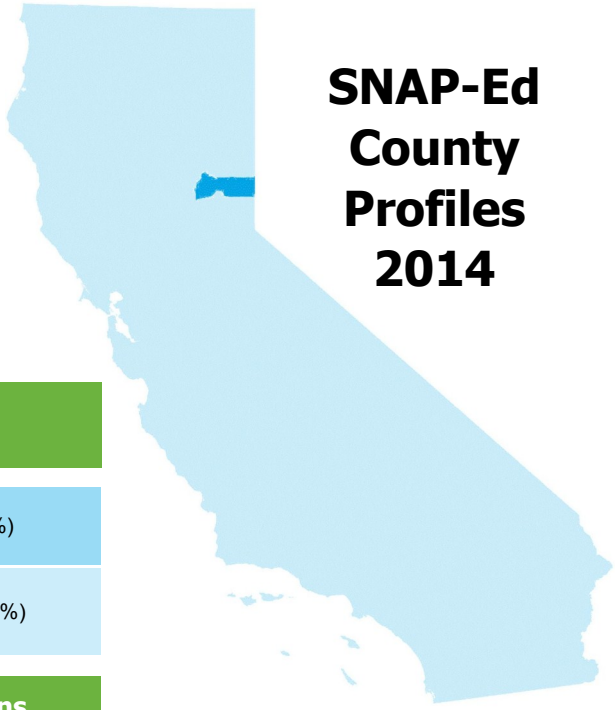
SNAP-Ed County Profiles 2014

Sierra

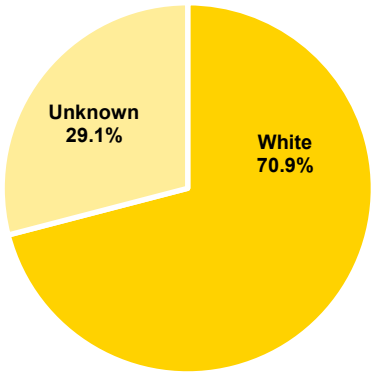


SNAP-Ed Eligible Demographics
Less than 185% Federal Poverty Level

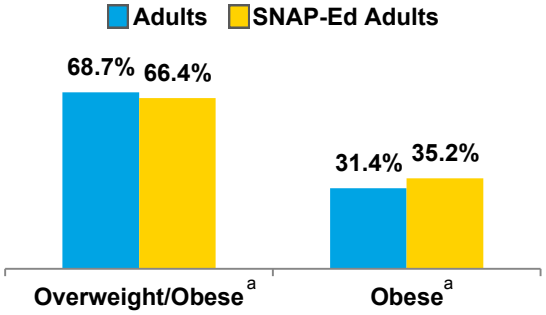
Total	915 (29.2%)

Ages (<185% FPL)	
Children <6 years old	15 (8.8%)
Children 6-17 years old	155 (43.9%)
Adults 18-64 years old	624 (32.3%)
Seniors 65 years and older	121 (17.9%)

Race/Ethnicity (<185% FPL)



Obesity Prevalence



	Low Income Children	
	Overweight/Obese	**Obese**
Age 2-4 years	b	b
Age 5-19 years	b	b

Environment

Number of recreational facilities per 100,000 residents	0.0
Percent of children and teens (1-17) who have a park or open space within walking distance [a]	b
Percent of low income population that had limited access to healthy food	21.4%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	20%
Percent of restaurants that are fast-food	33.3%

Population below Federal Poverty Level

16.8%

Food Insecurity Rates

16.5% Overall

29.2% Children

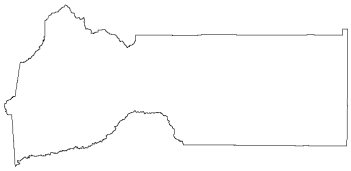
Other Federal Nutrition Assistance Programs

CalFresh Participants	314 (9.9%)
Students Eligible for Free/Reduced Price Meals (FRPM)	173 (45.5%)

SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
1	0 (0.0%) all races

Schools	SNAP-Ed Eligible Schools
7	4 (57.1%)



SNAP-Ed Eligible Census Tracts

Physical Activity and Nutrition

Physical Activity

Adults engaged in regular walking in the past week [a]	35.3%
Adults who did not exercise in the past month	19.1%
Children (5-11) physically active at least 1 hour everyday [a]	b

Fruits and Vegetables [a]
consumed 5 or more servings yesterday — *3+ times yesterday*

Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
b	b	b	31.6%

Fast Food [a]
consumed 1 or more times in the past week

Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
48.4%	49.2%	51.3%	47.8%

Sugar-Sweetened Beverages [a]
consumed 1 or more per day

Children and Teens (2-17)
45%

[a] combined county data for: Del Norte, Siskiyou, Lassen, Trinity, Modoc, Plumas, Sierra
[b] unstable estimate

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to Data Sources and Methodology for more information on the data above.