

California Health Interview Survey 2011 - 2012

Santa Cruz County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	8,000	49.9	(28.9 - 70.9)
Overweight for age (does not factor height)	4,000	13.8*	(0.0 - 28.1)
Drank two or more glasses of soda yesterday	1,000	2.6*	(0.0 - 6.6)
Fast food eaten one or more times in past week	8,000	30.5	(16.2 - 44.8)
Eat 5 or more servings fruit/vegetables daily	17,000	61.6	(43.9 - 79.3)
Two or more fruit servings previous day	22,000	59.6	(41.7 - 77.4)
Currently receiving Food Stamps	9,000	40.1*	(15.8 - 64.3)
Park or open space is within walking distance	29,000	92.3*	(86.9 - 97.7)
Ever diagnosed with asthma	4,000	13.7*	(0.0 - 27.9)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	-	-	-
Normal weight (5th up to 85th percentile)	11,000	56.3	(30.8 - 81.7)
At risk of overweight (85th up to 95th percentile)	1,000	6.2*	(0.0 - 12.7)
Overweight/obese (highest 5th percentile)	7,000	37.5*	(11.4 - 63.6)
Drank two or more glasses of soda yesterday	5,000	26.5*	(1.3 - 51.7)
Fast food eaten one or more times in past week	10,000	53.7	(29.0 - 78.5)
Eat 5+ servings of fruits/vegetables daily	5,000	24.5*	(5.1 - 43.8)
Two or more fruit servings previous day	10,000	52.5	(27.5 - 77.5)
Currently receiving Food Stamps	3,000	20.7*	(0.0 - 49.5)
Strongly agree nearby park or playground safe during the day	5,000	25.8*	(5.3 - 46.3)
Strongly agree nearby park or playground safe at night	-	-	-
Park or open space is within walking distance	16,000	83.7*	(63.8 - 100.0)
Did volunteer / community service in last year	14,000	72.2*	(47.6 - 96.8)
Ever diagnosed with asthma	5,000	28.3*	(5.9 - 50.7)
Adults 18+			
Ever diagnosed with diabetes	11,000	5.7	(3.4 - 8.0)
Ever told has had pre- or borderline diabetes	15,000	7.7	(3.8 - 11.5)
Ever diagnosed with asthma	28,000	13.9	(9.4 - 18.3)
Ever diagnosed with high blood pressure	47,000	23.7	(18.4 - 28.9)
Takes medicine for high blood pressure	29,000	60.6	(48.5 - 72.6)
Ever diagnosed with heart disease	13,000	6.6	(3.5 - 9.6)
Ever had a stroke	2,000	0.8*	(0.2 - 1.4)
0 - 18.49 (Underweight)	2,000	1.2*	(0.4 - 2.1)
18.5 - 24.99 (Normal)	81,000	40.4	(33.7 - 47.1)
25.0 - 29.99 (Overweight)	63,000	31.3	(24.6 - 37.9)
30.0 or higher (Obese)	54,000	27.1	(20.0 - 34.3)
Overweight or obese	117,000	58.4	(51.6 - 65.1)
Fast food eaten one or more times in past week	92,000	45.8	(38.7 - 53.0)
Not able to afford enough food (food insecure)	21,000	34.9	(21.2 - 48.5)
Currently receiving Food Stamps	7,000	6.9*	(2.5 - 11.3)
Currently on WIC	4,000	46.5*	(13.9 - 79.1)
Currently receiving TANF or CalWORKS	2,000	2.0*	(0.0 - 4.4)
Own home	122,000	60.8	(53.6 - 68.0)
Volunteered in past year	29,000	14.5	(9.6 - 19.4)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	6,000	10.3*	(3.6 - 17.0)
Ever told has had pre- or borderline diabetes	3,000	5.0*	(1.1 - 8.8)
Ever diagnosed with heart disease	4,000	6.6*	(0.0 - 13.9)
Overweight or obese	35,000	63.3	(49.7 - 77.0)
Fast food eaten one or more times in past week	34,000	61.2	(46.4 - 76.0)
Not able to afford enough food (food insecure)	18,000	32.0	(19.4 - 44.7)
Currently receiving Food Stamps	6,000	11.4*	(3.6 - 19.3)
Currently on WIC	4,000	52.2*	(16.2 - 88.3)
Currently receiving TANF or CalWORKS	2,000	3.7*	(0.0 - 7.9)
Own home	13,000	22.7	(12.0 - 33.4)
Volunteered in past year	5,000	9.6*	(0.7 - 18.5)

*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.
 - (hyphen): Estimate is less than 500 people