

# California Health Interview Survey 2011 - 2012

Santa Barbara County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	9,000	25.3*	(3.6 - 47.0)
Overweight for age (does not factor height)	2,000	4.0*	(0.2 - 7.8)
Drank two or more glasses of soda yesterday	6,000	10.6*	(0.0 - 29.3)
Fast food eaten one or more times in past week	30,000	56.8	(34.5 - 79.1)
Eat 5 or more servings fruit/vegetables daily	22,000	42.1	(20.9 - 63.2)
Two or more fruit servings previous day	38,000	59.4	(42.0 - 76.8)
Currently receiving Food Stamps	15,000	29.5*	(8.3 - 50.7)
Park or open space is within walking distance	47,000	82.7*	(64.2 - 100.0)
Ever diagnosed with asthma	10,000	17.8*	(0.4 - 35.2)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	3,000	7.7*	(0.0 - 18.2)
Normal weight (5th up to 85th percentile)	18,000	54.6	(32.0 - 77.2)
At risk of overweight (85th up to 95th percentile)	12,000	36.5*	(13.3 - 59.6)
Overweight/obese (highest 5th percentile)	-	-	-
Drank two or more glasses of soda yesterday	5,000	16.2*	(0.0 - 34.7)
Fast food eaten one or more times in past week	18,000	54.0	(31.7 - 76.3)
Eat 5+ servings of fruits/vegetables daily	9,000	28.4*	(11.2 - 45.7)
Two or more fruit servings previous day	20,000	62.0*	(38.9 - 85.0)
Currently receiving Food Stamps	2,000	8.9*	(0.0 - 21.5)
Strongly agree nearby park or playground safe during the day	11,000	34.9	(15.7 - 54.0)
Strongly agree nearby park or playground safe at night	9,000	27.6*	(5.5 - 49.7)
Park or open space is within walking distance	29,000	88.0*	(69.9 - 100.0)
Did volunteer / community service in last year	21,000	64.1*	(41.1 - 87.0)
Ever diagnosed with asthma	1,000	3.9*	(0.0 - 9.7)
Adults 18+			
Ever diagnosed with diabetes	18,000	5.8	(3.3 - 8.2)
Ever told has had pre- or borderline diabetes	28,000	9.1	(5.9 - 12.3)
Ever diagnosed with asthma	37,000	12.0	(7.6 - 16.4)
Ever diagnosed with high blood pressure	71,000	22.8	(17.9 - 27.7)
Takes medicine for high blood pressure	48,000	67.0	(55.0 - 79.0)
Ever diagnosed with heart disease	19,000	6.2	(3.8 - 8.6)
Ever had a stroke	9,000	2.8	(1.6 - 3.9)
0 - 18.49 (Underweight)	2,000	0.8*	(0.1 - 1.4)
18.5 - 24.99 (Normal)	133,000	42.7	(35.4 - 49.9)
25.0 - 29.99 (Overweight)	112,000	36.1	(28.9 - 43.3)
30.0 or higher (Obese)	64,000	20.5	(14.8 - 26.2)
Overweight or obese	176,000	56.6	(49.4 - 63.8)
Fast food eaten one or more times in past week	191,000	61.5	(54.7 - 68.3)
Not able to afford enough food (food insecure)	56,000	50.4	(36.7 - 64.1)
Currently receiving Food Stamps	29,000	17.7*	(6.1 - 29.2)
Currently on WIC	11,000	76.5*	(57.8 - 95.1)
Currently receiving TANF or CalWORKS	4,000	2.3*	(0.3 - 4.2)
Own home	156,000	50.4	(43.1 - 57.7)
Volunteered in past year	45,000	14.3	(9.6 - 19.1)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	5,000	5.1	(2.2 - 8.0)
Ever told has had pre- or borderline diabetes	10,000	9.6*	(3.0 - 16.2)
Ever diagnosed with heart disease	3,000	2.6*	(0.6 - 4.5)
Overweight or obese	66,000	63.2	(49.3 - 77.1)
Fast food eaten one or more times in past week	66,000	63.8	(50.5 - 77.1)
Not able to afford enough food (food insecure)	55,000	53.7	(39.4 - 68.0)
Currently receiving Food Stamps	29,000	28.8	(12.0 - 45.7)
Currently on WIC	8,000	85.1*	(68.3 - 100.0)
Currently receiving TANF or CalWORKS	4,000	3.7*	(0.5 - 6.9)
Own home	14,000	13.4	(6.8 - 20.0)
Volunteered in past year	10,000	9.2*	(2.9 - 15.5)

\*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.  
 - (hyphen): Estimate is less than 500 people