

California Health Interview Survey 2011 - 2012

San Benito County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	1,000	17.4*	(0.0 - 38.4)
Overweight for age (does not factor height)	2,000	23.8*	(0.0 - 52.1)
Drank two or more glasses of soda yesterday	-	-	-
Fast food eaten one or more times in past week	7,000	67.5*	(40.8 - 94.2)
Eat 5 or more servings fruit/vegetables daily	4,000	43.4*	(16.7 - 70.1)
Two or more fruit servings previous day	6,000	56.5*	(30.7 - 82.3)
Currently receiving Food Stamps	4,000	49.8*	(19.8 - 79.7)
Park or open space is within walking distance	6,000	57.6*	(30.9 - 84.3)
Ever diagnosed with asthma	1,000	6.1*	(0.0 - 13.5)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	-	-	-
Normal weight (5th up to 85th percentile)	3,000	51.6	(26.8 - 76.4)
At risk of overweight (85th up to 95th percentile)	1,000	20.4*	(0.0 - 46.1)
Overweight/obese (highest 5th percentile)	1,000	26.4*	(4.3 - 48.6)
Drank two or more glasses of soda yesterday	1,000	16.9*	(0.9 - 33.0)
Fast food eaten one or more times in past week	3,000	60.2*	(35.1 - 85.3)
Eat 5+ servings of fruits/vegetables daily	1,000	21.8*	(6.2 - 37.3)
Two or more fruit servings previous day	4,000	75.8*	(58.0 - 93.7)
Currently receiving Food Stamps	-	-	-
Strongly agree nearby park or playground safe during the day	2,000	38.7*	(13.2 - 64.2)
Strongly agree nearby park or playground safe at night	-	-	-
Park or open space is within walking distance	4,000	69.5*	(46.2 - 92.8)
Did volunteer / community service in last year	2,000	38.3	(17.0 - 59.7)
Ever diagnosed with asthma	-	-	-
Adults 18+			
Ever diagnosed with diabetes	7,000	17.5	(7.5 - 27.6)
Ever told has had pre- or borderline diabetes	8,000	20.1	(8.6 - 31.7)
Ever diagnosed with asthma	4,000	10.9	(5.2 - 16.7)
Ever diagnosed with high blood pressure	13,000	32.3	(21.5 - 43.2)
Takes medicine for high blood pressure	10,000	78.4*	(64.3 - 92.4)
Ever diagnosed with heart disease	6,000	15.2*	(4.0 - 26.4)
Ever had a stroke	-	-	-
0 - 18.49 (Underweight)	-	-	-
18.5 - 24.99 (Normal)	10,000	23.5	(14.6 - 32.4)
25.0 - 29.99 (Overweight)	14,000	35.1	(24.0 - 46.2)
30.0 or higher (Obese)	17,000	41.2	(29.0 - 53.4)
Overweight or obese	31,000	76.3	(67.3 - 85.2)
Fast food eaten one or more times in past week	25,000	61.9	(50.5 - 73.4)
Not able to afford enough food (food insecure)	9,000	48.8	(30.9 - 66.7)
Currently receiving Food Stamps	5,000	20.3*	(5.8 - 34.8)
Currently on WIC	1,000	41.2*	(5.3 - 77.1)
Currently receiving TANF or CalWORKS	3,000	11.3*	(0.0 - 24.8)
Own home	23,000	57.8	(45.6 - 70.1)
Volunteered in past year	6,000	14.2*	(3.8 - 24.6)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	6,000	31.2*	(12.3 - 50.2)
Ever told has had pre- or borderline diabetes	5,000	28.8*	(9.9 - 47.6)
Ever diagnosed with heart disease	3,000	15.1*	(0.0 - 32.3)
Overweight or obese	14,000	78.2*	(63.1 - 93.2)
Fast food eaten one or more times in past week	13,000	72.2	(56.9 - 87.5)
Not able to afford enough food (food insecure)	9,000	49.1	(31.0 - 67.3)
Currently receiving Food Stamps	5,000	30.1*	(10.6 - 49.7)
Currently on WIC	1,000	56.6*	(14.0 - 99.1)
Currently receiving TANF or CalWORKS	3,000	16.8*	(0.0 - 35.8)
Own home	5,000	25.7	(13.3 - 38.2)
Volunteered in past year	1,000	7.0*	(0.2 - 13.9)

*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.
 - (hyphen): Estimate is less than 500 people