



**March and April 2015**

# Smarter Lunchrooms Movement Principles & Practices Workshops

Presented by Cornell University's Expert,  
Kathryn Hoy, MFN, RD, CDN

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## ***It's not nutrition until students eat or drink it!***

*A smartly run lunchroom nudges students toward making better choices on their own by changing the way the food choices are presented. Join us to discover low or no cost ways to promote the consumption of healthy school lunch options and reduce plate waste, using the evidence-based principles and practices of the Smarter Lunchrooms Movement. Don't miss this opportunity to become a part of the Smarter Lunchrooms Movement (SLM) in California!*

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## **Who Should Attend:**

School Child Nutrition Directors and Cafeteria Managers, Nutrition Specialists working with schools, Local Health Department staff working with schools

## **A Two-Part SLM Workshop Series: Be Sure to Attend Both!**

**SLM: An Introduction** provides a solid foundation in the theory behind the Smarter Lunchrooms Movement (SLM) principles and practices. In this introductory workshop, you will identify and diagnose school lunchroom challenges and develop a plan to implement one to three changes in the lunchroom.

**SLM: Moving Forward!** is the follow-up workshop to support your efforts in moving forward with SLM implementation. In this workshop you will share implementation experiences, problem-solve how to engage internal and external stakeholders, and learn about front line training, implementation resources, and ways to measure success.

**Attendees that complete the workshops series will have the opportunity to sign up for personalized technical support.**

## **Cost of Workshop: Free!**

Registration information on page two.

We look forward to seeing you at the workshops!

For dates and locations, see the next page.

**2015 Smarter Lunchrooms Movement Workshops Series-  
Register for Both SLM: An Introduction and Moving Forward!**

Access the California Department of Education CNIPS Training Registration Web page at [https://www.cnips.ca.gov/ccgCnpTraining/training/trainingRegistration\\_2.aspx](https://www.cnips.ca.gov/ccgCnpTraining/training/trainingRegistration_2.aspx) to connect to CNIPS and begin the online registration process.

Location	SLM: An Introduction 9 AM-3 PM	SLM: Moving Forward! 9 AM-Noon
<b>Stockton</b> <i>San Joaquin County Agricultural Center            Assembly Room 3            2101 E. Earhart Avenue            Stockton, CA 95206</i>	<b>Tuesday            March 17, 2015</b>	<b>Tuesday            April 21, 2015</b>
<b>Santa Rosa</b> <i>North Coast Builder's Exchange            1020 Apollo Way            Santa Rosa, CA 95407</i>	<b>Thursday            March 19, 2015</b>	<b>Thursday            April 23, 2015</b>
<b>Riverside</b> <i>Riverside Unified School District            Nutrition Services Conference Room            6050 Industrial Avenue            Riverside, CA 92504</i>	<b>Monday            March 23, 2015</b>	<b>Monday            April 27, 2015</b>
<b>Ventura</b> <i>Ventura County Public Health Department            Administration Building            2240 East Gonzales Road, Suite 200            Oxnard, CA 93036</i>	<b>Tuesday            March 24, 2015</b>	<b>Tuesday            April 28, 2015</b>
<b>San Diego</b> <i>North Central County HHSA Health Services Complex            3851 Rosecrans Street            San Diego, CA</i>	<b>Thursday            March 26, 2015</b>	<b>Thursday            April 30, 2015</b>

This training opportunity is made possible through the partnership of the following organizations:

