

2007 California Children's Healthy Eating and Exercise Practices Survey

**Table 66: Distribution of Overweight Status Among California Children Based on Body Mass Index<sup>1,2</sup> (Diary Sample)**

What is you/your child's current height in feet and inches?  
 What is you/your child's current weight in pounds?

	Overweight Status, Percent		
	Not at Risk	Overweight (85th Percentile) <sup>3</sup>	Obese (95th Percentile) <sup>4</sup>
<b>Total</b>	62.9	15.3	21.8
<b>Gender</b>			
Males	59.8	16.0	24.2
Females	66.0	14.6	19.4
<b>Ethnicity</b>			
White	70.7	13.7	15.5
African American	55.4	16.3	28.4
Latino	57.5	16.5	26.0
Asian/Other	65.3	14.6	20.2
<b>Food Stamp/FPL</b>			
Food Stamp Participant	49.2	13.7	37.1
No FS/ ≤130% FPL	52.0	15.1	32.9
No FS/ >130%-≤185% FPL	55.5	20.4	24.1
No FS/ >185% FPL	69.2	14.4	16.4
<b>Overweight Status</b>			
Not Overweight	N/A	N/A	N/A
Overweight/Obese	N/A	N/A	N/A
<b>Physical Activity</b>			
≥ 60 minutes	66.7	14.4	18.9
< 60 minutes	59.9	16.0	24.1
<b>School Breakfast</b>			
Yes	52.1	18.4	29.6
No	65.8	14.5	19.7
<b>School Lunch</b>			
Yes	56.9	15.7	27.4
No	72.8	14.6	12.6
<b>Nutrition Lesson</b>			
Yes	63.9	15.4	20.7
No	61.6	15.2	23.3
<b>Exercise Lesson</b>			
Yes	64.4	14.7	20.9
No	44.8	22.2	33.0

<sup>1</sup> Body Mass Index was calculated using the equation: weight in kilograms divided by height in meters<sup>2</sup>.

<sup>2</sup> Calculated using the Reference Data for Obesity. CDC website, 2000.

<sup>3</sup> BMI ≥ 85th <95th Percentile, formerly labeled "at risk for overweight".

<sup>4</sup> BMI ≥ 95th Percentile, formerly labeled "overweight".

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test

\* p<.05

\*\* p<.01

\*\*\* p<.001