POWER P.LAY

POWER PLAY

60 MINUTES A DAY!

CHAMPIONS for CHANGE
Network for a Healthy California

CDPH California Department of PublicHealth

This material was produced by the California Department of Public Health's *Network for a Healthy California* with funding from USDA SNAP, known in California as CalFresh (formerly Food Stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663. For important nutrition information, visit www.CaChampionsForChange.net. | SIGN-540/Ver. 02/12