

2005 California Children's Healthy Eating and Exercise Practices Survey

Table 66: Distribution of Overweight Status of California Children Based on Body Mass Index^{1,2} (Diary Sample)

What is you/your child's current height in feet and inches?
 What is you/your child's current weight in pounds?

	Overweight Status, Percent of Children			
	Not at Risk	At Risk (85th Percentile) ³	Overweight (95th Percentile) ⁴	
Total	60	19	22	
Gender				
Males	55	18	27	**
Females	65	19	16	
Ethnicity				
White	68	16	16	**
African American	55	15	30	
Latino	52	22	26	
Asian/Other	67	13	20	
Income				
<\$15,000	39	14	47	***
\$15,000 - \$24,999	47	33	20	
\$25,000 - \$34,999	58	13	29	
\$35,000 - \$49,999	63	19	18	
\$50,000 - \$74,999	64	18	19	
≥\$75,000	67	17	16	
Food Stamps				
Yes	49	16	34	*
No	61	19	20	
Food Stamp Eligible				
FS and/or ≤130% FPL	47	21	32	***
No FS or >130% FPL	64	18	18	
Food Stamp/FPL				
Food Stamp Participant	49	16	34	**
No FS/ ≤130% FPL	46	24	30	
No FS/ >130%-≤185% FPL	61	12	26	
No FS/ >185% FPL	65	19	17	
Federal Poverty Level				
≤ 185% FPL	51	18	30	***
> 185% FPL	65	19	17	
Overweight Status				
Not at Risk	N/A	N/A	N/A	
At Risk/Overweight	N/A	N/A	N/A	
Physical Activity				
≥ 60 minutes	60	15	25	*
< 60 minutes	60	22	19	
School Breakfast				
Yes	53	20	27	
No	61	18	20	
School Lunch				
Yes	57	17	26	**
No	65	21	14	
Nutrition Lesson				
Yes	59	19	22	
No	60	18	22	
Exercise Lesson				
Yes	60	18	21	
No	59	19	22	

¹ Body Mass Index was calculated using the equation: weight in kilograms divided by height in meters².

² Calculated using the Reference Data for Obesity. CDC website, 2000.

³ BMI ≥ 85th <95th Percentile

⁴ BMI ≥ 95th Percentile

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test

* p<.05

** p<.01

*** p<.001