

2001 California Children's Healthy Eating and Exercise Practices Survey

Table 66: Distribution of Overweight Status of California Children Based on Body Mass Index^{1,2} (Diary Sample)

What is your child's current height in feet and inches?

What is your child's current weight in pounds?

	Overweight Status, Percent of Children		
	Not at Risk	At Risk (85th Percentile) ³	Overweight (95th Percentile) ⁴
Total	64	17	19
Gender			
Males	61	16	22
Females	67	17	16
Ethnicity			
White	65	17	17
African American	64	18	18
Latino	60	17	23
Asian/Other	71	13	16
Income			
≤\$19,999	50	12	38
\$20,000 - \$49,999	59	19	22
≥\$50,000	71	16	13
Federal Poverty Level			
≤ 185%	53	16	31
> 185%	70	17	13
Food Stamps			
Yes	57	6	37
No	64	18	17
Overweight Status			
Not at Risk	N/A	N/A	N/A
At Risk/Overweight	N/A	N/A	N/A
Physical Activity			
≥60 minutes	66	16	18
<60 minutes	61	18	21
School Breakfast			
Yes	60	6	34
No	64	20	16
School Lunch			
Yes	60	16	24
No	70	17	13
Nutrition Lesson			
Yes	65	17	18
No	62	17	21
Exercise Lesson			
Yes	65	18	17
No	61	16	23

¹ Body Mass Index was calculated using the equation: weight in kilograms divided by height in meters².

² Calculated using the Reference Data for Obesity. CDC website, 2000.

³ BMI ≥ 85th <95th Percentile

⁴ BMI ≥ 95th Percentile

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test

** p<.01

*** p<.001