

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 19a: Trends in the Total Servings of Milk Products Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	3.5	3.3	3.5	3.4	-0.1	0.2	-0.1	-0.1
Gender								
Males	3.5	3.6	3.7	3.7	0.1	0.1	-0.1	0.1
Females	3.4	3.0	3.2	3.1	-0.3	0.2	-0.1	-0.3
Ethnicity								
White	3.6	3.5	3.5	3.4	-0.1	0.0	-0.1	-0.2
African American	3.2	2.7	3.5	3.1	-0.5	0.7	-0.4	-0.1
Latino	3.5	3.4	3.5	3.4	-0.2	0.1	-0.1	-0.1
Asian/ Other	2.8	3.0	3.5	3.5	0.2	0.4	0.0	0.7
FSNE Eligibility								
≤130% FPL w/FS	3.8	4.1	4.7	3.9	0.4	0.6	-0.8	0.1
≤130% FPL w/o FS	3.8	3.5	4.0	3.8	-0.3	0.5	-0.1	0.1
>130%-≤185% FPL	3.5	3.1	3.4	3.3	-0.4	0.4	-0.2	-0.2
>185% FPL	3.3	3.2	3.3	3.2	-0.1	0.1	-0.1	-0.1
Overweight Status								
Not at Risk	3.4	3.3	3.4	3.2	-0.1	0.1	-0.2	-0.2
At Risk/Overweight	3.5	3.4	3.6	3.6	-0.1	0.2	0.0	0.1
Physical Activity								
≥60 minutes	3.7	3.5	3.8	3.7	-0.1	0.3	-0.1	0.0
<60 minutes	3.3	3.1	3.2	3.2	-0.2	0.1	0.0	-0.1

T-test

* p<.05

** p<.01

*** p<.001

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Table 19b: Trends in the Total Servings of Milk Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	2.0	1.9	2.0	1.9	-0.1	0.1	-0.1	-0.1
Gender								
Males	2.1	2.1	2.2	2.1	-0.1	0.1	-0.1	-0.1
Females	1.9	1.8	1.8	1.7	-0.1	0.0	0.0	-0.2
Ethnicity								
White	2.1	1.9	2.0	1.9	-0.2	0.1	-0.1	-0.2
African American	2.1	1.7	1.7	1.7	-0.4	-0.1	0.0	-0.5
Latino	2.0	2.0	2.0	1.9	0.0	0.0	-0.1	-0.1
Asian/ Other	1.6	1.8	2.1	2.0	0.3	0.3	-0.1	0.4
FSNE Eligibility								
≤130% FPL w/FS	2.2	2.6	2.5	2.4	0.4	-0.1	-0.1	0.2
≤130% FPL w/o FS	2.2	2.1	2.4	2.1	-0.1	0.4	-0.3	-0.1
>130%-≤185% FPL	2.2	1.8	2.0	1.8	-0.4	0.2	-0.2	-0.4
>185% FPL	1.9	1.9	1.8	1.8	0.0	0.0	-0.1	-0.1
Overweight Status								
Not at Risk	2.0	1.9	2.0	1.8	-0.1	0.1	-0.1	-0.2
At Risk/Overweight	2.0	2.0	2.1	2.0	0.0	0.1	-0.1	-0.1
Physical Activity								
≥60 minutes	2.1	2.1	2.1	2.1	0.0	0.1	-0.1	0.0
<60 minutes	2.0	1.8	1.9	1.8	-0.1	0.1	-0.1	-0.2

T-test

* p<.05

** p<.01

*** p<.001

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Table 23: Trends in the Proportion of Children Consuming Low Fat Milk (Nonfat or 1%) on a Typical Weekday (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	26.4%	24.4%	25.0%	24.6%	-2.0%	0.6%	-0.4%	-1.9%
Gender								
Males	23.8%	23.0%	24.4%	23.2%	-0.8%	1.4%	-1.2%	-0.6%
Females	29.0%	25.9%	25.3%	26.0%	-3.1%	-0.5%	0.7%	-3.0%
Ethnicity								
White	32.1%	35.8%	33.3%	30.2%	3.6%	-2.4%	-3.1%	-1.9%
African American	11.2%	6.3%	13.6%	13.6%	-5.0%	7.4%	0.0%	2.4%
Latino	24.0%	17.7%	18.4%	22.2%	-6.3%	0.7%	3.8%	-1.9%
Asian/ Other	22.0%	14.3%	29.5%	21.0%	-7.7%	15.3%	-8.6%	-1.0%
FSNE Eligibility								
≤130% FPL w/FS	11.0%	16.2%	20.0%	14.9%	5.2%	3.8%	-5.1%	3.9%
≤130% FPL w/o FS	17.1%	10.0%	12.4%	23.8%	-7.1%	2.4%	11.4%	6.7%
>130%-≤185% FPL	26.4%	16.8%	23.6%	13.3%	-9.5%	6.8%	-10.3%	-13.0%
>185% FPL	31.8%	29.7%	28.4%	28.8%	-2.2%	-1.3%	0.4%	-3.0%
Overweight Status								
Not at Risk	24.6%	24.2%	22.1%	25.9%	-0.4%	-2.0%	3.8%	1.3%
At Risk/Overweight	28.6%	26.6%	27.3%	21.3%	-2.1%	0.8%	-6.0%	-7.3%
Physical Activity								
≥60 minutes	23.2%	26.7%	24.1%	24.3%	3.6%	-2.6%	0.2%	1.1%
<60 minutes	29.2%	22.1%	26.0%	24.8%	-7.2%	3.9%	-1.2%	-4.4%

Z-test

* p<.05

** p<.01

*** p<.001