

1998 California Teen Eating, Exercise, and Nutrition Survey

Table 29: Prevalence of Hunger Among California Adolescents

Have you ever gone hungry because there was not enough money to buy food for your house or home?

	Reported Ever Having Gone Hungry, % of Adolescents
Total	7
Gender	
Males	7
Females	6
Ethnicity	
White	4 *
African American	12
Latino	8
Asian/Other	8
Gender by Age	
Males	
12-13	9
14-15	6
16-17	7
Females	
12-13	5
14-15	7
16-17	6
Smoking Status	
Non-Smokers	6 *
Smokers	11
Physical Activity Status	
Regular	5 ***
Irregular	13
Overweight Status	
Not at Risk	7
At Risk/Overweight	6

Highlighted data were revised from the original CalTEENS 1998 report released in 2000. Data were updated to reflect the cut points for "Overweight" and "At Risk for Overweight" used in the 2000 CDC Growth Charts.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

*** p<.001

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Table 30: Consumption of Meals Among California Adolescents

Yesterday, did you eat or drink anything for breakfast?
 Did you eat or drink anything for lunch yesterday?
 Did you eat anything for dinner yesterday?
 Did you eat or drink anything between [specified meals] yesterday?

	Meals Reported, % of Adolescents			
	Breakfast	Lunch	Dinner	Snacks ¹
Total	80	89	93	92
Gender				
Males	81	89	94	93
Females	79	89	93	92
Ethnicity				
White	84 *	91 **	95 **	94 **
African American	70	82	98	92
Latino	79	86	90	93
Asian/Other	79	92	91	85
Gender by Age				
Males				
12-13	86	90	92	92
14-15	81	85	96	93
16-17	77	92	94	95
Females				
12-13	81	92	93	95
14-15	81	88	95	87
16-17	76	86	91	92
Smoking Status				
Non-Smokers	80	90	93	92
Smokers	76	86	91	93
Physical Activity Status				
Regular	82 *	89	94	93
Irregular	75	89	92	91
Overweight Status				
Not at Risk	82 *	90	94	93
At Risk/Overweight	76	87	94	90

Highlighted data were revised from the original CalTEENS 1998 report released in 2000. Data were updated to reflect the cut points for "Overweight" and "At Risk for Overweight" used in the 2000 CDC Growth Charts.

¹ Reported a snack at any occasion (Morning, Afternoon or Evening).

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

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Table 31: Consumption of School Lunch Among California Adolescents

Did you eat a school lunch yesterday?

	Type of Lunch Reported, % of Adolescents ¹		
	School Lunch	Other Lunch	No Lunch
Total	42	40	17
Gender			
Males	47	35	17
Females	37	46	17
Ethnicity			
White	36	50	14
African American	38	31	31
Latino	45	34	20
Asian/Other	59	27	13
Gender by Age			
Males			
12-13	56	28	15
14-15	43	34	23
16-17	42	44	14
Females			
12-13	44	44	12
14-15	36	44	20
16-17	30	50	20
Smoking Status			
Non-Smokers	44	40	16
Smokers	38	39	23
Physical Activity Status			
Regular	40	42	17
Irregular	49	32	18
Overweight Status			
Not at Risk	41	43	16
At Risk/Overweight	44	36	20

Highlighted data were revised from the original CalTEENS 1998 report released in 2000. Data were updated to reflect the cut points for "Overweight" and "At Risk for Overweight" used in the 2000 CDC Growth Charts.

¹ Includes only those adolescents who attended school on the day before the interview.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

* p<.05

** p<.01

*** p<.001

1998 California Teen Eating, Exercise, and Nutrition Survey

Table 32: Comparison of Consumption of Fruits, Vegetables, and Milk for California Adolescents Who Did and Did not Eat a School Lunch

Did you eat a school lunch yesterday?

How many servings of [each fruit, vegetable, juice or salad reported] did you eat for [each meal or snack]?

Were there any fruits and vegetables served with your school lunch?

How many servings of [each fruit, vegetable, juice or salad reported] did you eat for lunch?

Yesterday, how many servings of milk did you drink, including chocolate milk, fast food milkshakes, milk on cereal, or large coffee drinks such as a mocha or latte?

	Mean Servings of Fruits and Vegetables Eaten Yesterday by Type of Lunch		Mean Servings of Fruits and Vegetables Eaten at Lunch if They Were Offered		Mean Servings of Milk Consumed Yesterday by Type of Lunch	
	School Lunch	Other Lunch	School Lunch	Other Lunch	School Lunch	Other Lunch
Total	4.6	4.1 *	1.2	0.9 *	2.3	2.3
Gender						
Males	4.5	4.3	1.2	0.9	2.4	2.7 *
Females	4.7	4.0	1.2	1.0	2.3	1.9
Ethnicity						
White	4.1	4.3 *	0.9	0.9	2.6	2.6
African American	5.1	2.8	1.7	0.9	2.1	1.2
Latino	5.1	4.1	1.5	0.9	2.1	1.7
Asian/Other	4.2	4.0	1.0	1.2	2.3	2.6
Age						
12-13	5.1	4.0 **	1.4	1.0	2.4	2.4
14-15	4.6	4.0	1.1	1.0	2.2	2.1
16-17	3.9	4.4	1.0	0.8	2.3	2.3
Smoking Status						
Non-Smokers	4.9	4.1	1.3	0.9	2.3	2.2
Smokers	2.8	3.3	0.7	0.9	2.3	1.8
Physical Activity Status						
Regular	4.9	4.2	1.2	0.9	2.5	2.4
Irregular	3.7	3.7	1.0	1.1	1.9	1.8
Overweight Status						
Not at Risk	4.8	4.3	1.2	0.9	2.4	2.3
At Risk/Overweight	4.1	3.6	1.2	1.0	2.3	2.2

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ANOVA

* p<.05

** p<.01

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Table 33: Cross Tabulation of the Effect of School Lunch or Fast Food on Consumption of Fruits and Vegetables, Dairy Products, Whole Grains, and High Calorie, Low Nutrient Foods

		%	Deep Fried Foods	Chips, Fried Snacks	Bakery Sweets/ Desserts	Breakfast Pastries	Regular Salad Dressing ²
Adolescents Eating Fast Food	Yes	32	62 ***	46	40	31	41
	No	68	27	40	40	28	57
Adolescents Eating School Lunch¹	Yes	51	46 ***	45	42	32	55
	No	49	33	49	38	30	44

		%	5 Servings of Fruits and Vegetables	1 or More Servings of Beans	Whole Grain Bread	3 or More Servings of Dairy
Adolescents Eating Fast Food	Yes	32	36	50	67	73
	No	68	42	43	72	68
Adolescents Eating School Lunch¹	Yes	51	44	49	71	76
	No	49	38	43	76	72

¹ Includes only those adolescents who both ate lunch and attended school on the previous day.

² Out of Salad Eater. Data should be interpreted with caution due to small sample size within cells.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square

*** p<.001

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Table 34: Prevalence of Eating at Fast Food Restaurant Among California Adolescents

Yesterday, how many times did you eat a meal or snack at a fast food restaurant like McDonalds?

	Number of Meals and Snacks Eaten Yesterday at Fast Food Restaurants, % of Adolescents		
	0	1	2+
Total	68	27	5
Gender			
Males	66	29	6
Females	71	26	4
Ethnicity			
White	70	24	6
African American	58	38	4
Latino	67	30	3
Asian/Other	70	25	5
Gender by Age			
Males			
12-13	70	24	6
14-15	65	30	5
16-17	62	31	6
Females			
12-13	73	24	3
14-15	74	26	0
16-17	65	27	8
Smoking Status			
Non-Smokers	69	26	4
Smokers	57	37	6
Physical Activity Status			
Regular	69	26	5
Irregular	65	32	3
Overweight Status			
Not at Risk	67	29	4
At Risk/Overweight	68	25	7

Highlighted data were revised from the original CalTEENS 1998 report released in 2000. Data were updated to reflect the cut points for "Overweight" and "At Risk for Overweight" used in the 2000 CDC Growth Charts.

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Chi Square Test

* p<.05

** p<.01