

CHIS 2007 Los Angeles

2007 CHIS *Network* related Questions

A workbook has been created for each of the 11 Regions and for California as a whole.

Each workbook contains the latest 2007 CHIS survey responses on Diet, Physical Activity (PA) and Body Mass Index (BMI).

Region Group **Los Angeles**

DIET

F&V 5+ for children (no Teen or Adult),
times bought soda at school in past week (Teens only)
times fast food eaten in past week (Child, Teen, and Adult).

PA/EXERCISE

Visited a park, playground or open space in the last month (Teens and Adults)
Member of sports team past year (Child and Teens)
Number of days physically active at least one hour (past week)(Child only)
Vigorous physical activity at least 3 days per week (Child only)
Number of days physically active at least one hour (typical week)(Teens only)

BMI

Body Mass Index - 4 level (Adult only)
Body Mass Index - 4 level (Teen only)
Body Mass Index - 2 level (Teen and Adult)
Overweight for age (does not factor height)(Child only)

Child DIET

Eat five or more servings of fruits & vegetables

Eat five or more servings of fruits & vegetables

Eat five or more servings of fruits & vegetables has these restrictions: Asked of children age 2 or older

Subset(s): Age in years: 0 - 11

Geographic Selection: Regions in California: Los Angeles County

	Eat five or more servings of fruits & vegetables		
	Est. N	%	95% C.I.
Eat 5 or more servings fruit/vegetables daily	737,000	49.2	(45.8 - 52.6)
Eat less than 5 servings fruit/vegetables daily	760,000	50.8	(47.4 - 54.2)
TOTAL	1,497,000	100	n/a

Fast food eaten how many times in past week

Fast food eaten how many times in past week

Fast food eaten how many times in past week has these restrictions: Asked of respondents 2 years or older.

Subset(s): Age in years: 0 - 11

Geographic Selection: Regions in California: Los Angeles County

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	438,000	29.8	(26.6 - 33.0)
One time	508,000	34.6	(31.3 - 37.8)
Two times	305,000	20.7	(18.0 - 23.5)
Three times	154,000	10.5	(8.1 - 12.9)
Four or more times	65,000	4.4	(3.1 - 5.7)
TOTAL	1,470,000	100	n/a

Child PA

Vigorous physical activity at least 3 days per week

Vigorous physical activity at least 3 days per week

Vigorous physical activity at least 3 days per week has these restrictions: Asked of children 5 and older.

Subset(s): Age in years: 0 - 11

Geographic Selection: Regions in California: Los Angeles County

Vigorous physical activity at least 3 days per week			
	Est. N	%	95% C.I.
Engaged in vigorous activity 3 or more days	686,000	65.6	(61.8 - 69.5)
Didn't engage in vigorous activity 3 or more days	359,000	34.4	(30.5 - 38.2)
TOTAL	1,045,000	100	n/a

Number of days physically active at least one hour (past week)

Number of days physically active at least one hour (past week)

Number of days physically active at least one hour (past week) has these restrictions: Asked of children 5-11.

Subset(s): Age in years: 0 - 11

Geographic Selection: Regions in California: Los Angeles County

Number of days physically active at least one hour (past week)			
	Est. N	%	95% C.I.
0 day	150,000	14.4	(11.3 - 17.4)
1 day	59,000	5.7	(3.9 - 7.4)
2 days	149,000	14.3	(11.6 - 17.0)
3 days	159,000	15.2	(12.1 - 18.3)
4 days	98,000	9.4	(6.8 - 11.9)
5 days	128,000	12.2	(9.5 - 15.0)
6 days	40,000	3.8	(2.2 - 5.4)
7 days	261,000	25	(21.6 - 28.4)
TOTAL	1,045,000	100	n/a

Member of sports team past year

Member of sports team past year

Member of sports team past year has these restrictions: Asked of all adolescents and children age 3 years and older.

Subset(s): Age in years: 0 - 11

Geographic Selection: Regions in California: Los Angeles County

Member of sports team past year			
	Est. N	%	95% C.I.
Member of sports team	434,000	33.2	(30.0 - 36.5)
Not a member of sports team	872,000	66.8	(63.5 - 70.0)
TOTAL	1,305,000	100	n/a

Child BMI

Overweight for age (does not factor height)

Overweight for age (does not factor height)

Subset(s): Age in years: 0 - 11

Geographic Selection: Regions in California: Los Angeles County

	Overweight for age (does not factor height)		
	Est. N	%	95% C.I.
Overweight for age	214,000	12.9	(10.7 - 15.2)
Not overweight for age	1,444,000	87.1	(84.8 - 89.3)
TOTAL	1,658,000	100	n/a

Teen DIET

Times bought soda at school during past week

Times bought soda at school during past week

Times bought soda at school during past week has these restrictions: Asked of adolescents who are not home-schooled.

Subset(s): Age in years: 12 - 17

Geographic Selection: Regions in California: Los Angeles County

*** = statistically unstable**

	Times bought soda at school during past week		
	Est. N	%	95% C.I.
None	567,000	55.7	(50.6 - 60.7)
1 time	149,000	14.6	(11.2 - 18.0)
2 times	112,000	11	(7.7 - 14.3)
3 times	84,000	8.3	(5.4 - 11.2)
4 times	26,000	2.5*	(1.0 - 4.1)
5 or more times	80,000	7.9	(5.1 - 10.6)
TOTAL	1,018,000	100	n/a

Fast food eaten how many times in past week

Fast food eaten how many times in past week

Fast food eaten how many times in past week has these restrictions: Asked of respondents 2 years or older.

Subset(s): Age in years: 12 - 17

Geographic Selection: Regions in California: Los Angeles County

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	251,000	24.6	(20.5 - 28.6)
One time	314,000	30.7	(26.0 - 35.4)
Two times	234,000	22.9	(18.6 - 27.1)
Three times	100,000	9.8	(7.2 - 12.3)
Four or more times	124,000	12.2	(8.9 - 15.5)
TOTAL	1,024,000	100	n/a

Teen PA

Number of days physically active at least one hour (typical week)

Number of days physically active at least one hour (typical week)

Subset(s): Age in years: 12 - 17

Geographic Selection: Regions in California: Los Angeles County

	Number of days physically active at least one hour (typical week)		
	Est. N	%	95% C.I.
0 day	105,000	10.2	(7.2 - 13.3)
1 day	81,000	7.9	(5.3 - 10.5)
2 days	149,000	14.6	(11.1 - 18.0)
3 days	191,000	18.6	(14.7 - 22.6)
4 days	124,000	12.1	(8.8 - 15.4)
5 days	176,000	17.2	(13.5 - 20.8)
6 days	66,000	6.4	(4.4 - 8.5)
7 days	133,000	13	(9.6 - 16.5)
TOTAL	1,024,000	100	n/a

Member of sports team past year

Member of sports team past year

Member of sports team past year has these restrictions: Asked of all adolescents and children age 3 years and older.

Subset(s): Age in years: 12 - 17

Geographic Selection: Regions in California: Los Angeles County

	Member of sports team past year		
	Est. N	%	95% C.I.
Member of sports team	538,000	52.6	(47.6 - 57.5)
Not a member of sports team	486,000	47.4	(42.5 - 52.4)
TOTAL	1,024,000	100	n/a

Visited a park, playground or open space in the last month

Visited a park, playground or open space in the last month

Subset(s): Age in years: 12 - 17

Geographic Selection: Regions in California: Los Angeles County

	Visited a park, playground or open space in the last month		
	Est. N	%	95% C.I.
Visited park or other open space in past month	792,000	77.3	(73.2 - 81.5)
Did not visit park or other open space	232,000	22.7	(18.5 - 26.8)
TOTAL	1,024,000	100	n/a

Teen BMI

Body Mass Index - 2 level

Body Mass Index - 2 level

Body Mass Index - 2 level has these restrictions: For adults, "Overweight or obese" include the respondents who have a BMI of 25 or greater. For adolescents, "Overweight or obese" includes the respondents who have a BMI in the highest 95 percentile with respect to their age and gender.

Subset(s): Age in years: 12 - 17

Geographic Selection: Regions in California: Los Angeles County

	Body Mass Index - 2 level		
	Est. N	%	95% C.I.
Not overweight or obese	877,000	85.7	(82.2 - 89.2)
Overweight or obese	146,000	14.3	(10.8 - 17.8)
TOTAL	1,024,000	100	n/a

Body Mass Index - 4 level (teen only)

Body Mass Index - 4 level (teen only)

Body Mass Index - 4 level (teen only) has these restrictions: Asked of respondents who are 12 to 17 years of age.

Subset(s): Age in years: 12 - 17

Geographic Selection: Regions in California: Los Angeles County

	Body Mass Index - 4 level (teen only)		
	Est. N	%	95% C.I.
Underweight (within lowest 5th percentile)	33,000	3.2	(1.6 - 4.8)
Normal weight (5th up to 85th percentile)	686,000	67	(62.4 - 71.7)
At risk of overweight (85th up to 95th percentile)	158,000	15.5	(11.9 - 19.1)
Overweight/obese (highest 5th percentile)	146,000	14.3	(10.8 - 17.8)
TOTAL	1,024,000	100	n/a

Adult DIET

Fast food eaten how many times in past week

Fast food eaten how many times in past week

Fast food eaten how many times in past week has these restrictions: Asked of respondents 2 years or older.

Subset(s): Age in years: 18 - 106

Geographic Selection: Regions in California: Los Angeles County

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	2,684,000	36.6	(35.1 - 38.2)
One time	1,911,000	26.1	(24.6 - 27.5)
Two times	1,170,000	16	(14.8 - 17.1)
Three times	637,000	8.7	(7.7 - 9.6)
Four or more times	925,000	12.6	(11.5 - 13.8)
TOTAL	7,328,000	100	n/a

Adult PA

Visited a park, playground or open space in the last month

Visited a park, playground or open space in the last month

Subset(s): Age in years: 18 - 106

Geographic Selection: Regions in California: Los Angeles County

	Visited a park, playground or open space in the last month		
	Est. N	%	95% C.I.
Visited park or other open space in past month	4,753,000	64.9	(63.3 - 66.4)
Did not visit park or other open space	2,575,000	35.1	(33.6 - 36.7)
TOTAL	7,328,000	100	n/a

Adult BMI

Body Mass Index - 2 level

Body Mass Index - 2 level

Body Mass Index - 2 level has these restrictions: For adults, "Overweight or obese" include the respondents who have a BMI of 25 or greater.

Subset(s): Age in years: 18 - 106

Geographic Selection: Regions in California: Los Angeles County

	Body Mass Index - 2 level		
	Est. N	%	95% C.I.
Not overweight or obese	3,116,000	42.5	(40.9 - 44.1)
Overweight or obese	4,211,000	57.5	(55.9 - 59.1)
TOTAL	7,328,000	100	n/a

Body Mass Index - 4 level (adult only)

Body Mass Index - 4 level (adult only)

Body Mass Index - 4 level (adult only) has these restrictions: Asked of respondents who are 18 years or older

Subset(s): Age in years: 18 - 106

Geographic Selection: Regions in California: Los Angeles County

	Body Mass Index - 4 level (adult only)		
	Est. N	%	95% C.I.
0 - 18.49 (Underweight)	195,000	2.7	(2.1 - 3.3)
18.5 - 24.99 (Normal)	2,921,000	39.9	(38.3 - 41.4)
25.0 - 29.99 (Overweight)	2,552,000	34.8	(33.2 - 36.4)
30.0 or higher (Obese)	1,660,000	22.6	(21.3 - 24.0)
TOTAL	7,328,000	100	n/a