

2003 California Dietary Practices Survey
Table 74: Californians Who Used Food Stamps

Question: In the last 12 months, have you or anyone in your household used food stamps to buy food?

	Used Food Stamps in Last 12 Months, Percent¹
Total	7
<i>Sex</i>	
Males	5 *
Females	8
<i>Males</i>	
18 - 24	7 *
25 - 34	8
35 - 50	7
51 - 64	2
65+	0
<i>Females</i>	
18 - 24	10 ***
25 - 34	10
35 - 50	13
51 - 64	3
65+	1
<i>Ethnicity</i>	
White	3 ***
Hispanic	15
Black	21
Asian/ Pacific Islander	4
<i>Education</i>	
Less than high school	21 ***
High school graduate	10
Some college	4
College graduate	1
<i>Income</i>	
Less than \$15,000	20 ***
\$15,000 - 24,999	12
\$25,000 - 34,999	3
<i>Physically Active</i>	
Did not meet recommendations	9 ***
Met recommendations	4
<i>Overweight Status</i>	
Overweight/Obese	8 *
Not overweight	5

¹ Out of individuals with a household income < \$35,000.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test:

* p<.05

*** p<.001

2003 California Dietary Practices Survey
Table 75: Food Bought Didn't Last

Question: The food that I bought just didn't last, and I didn't have money to get more.
Was that often, sometimes, rarely, or never true for you in the last 12 months?

	Percent ¹				
	Often	Sometimes	Rarely	Never	
Total	6	12	16	66	
<i>Sex</i>					
Males	4	10	18	68	**
Females	7	14	15	63	
<i>Males</i>					
18 - 24	0	16	22	62	**
25 - 34	6	12	22	60	
35 - 50	3	8	18	71	
51 - 64	7	7	7	79	
65+	3	10	18	69	
<i>Females</i>					
18 - 24	7	20	25	49	***
25 - 34	8	19	18	55	
35 - 50	10	14	15	61	
51 - 64	6	12	10	72	
65+	0	8	12	80	
<i>Ethnicity</i>					
White	4	7	13	76	***
Hispanic	10	24	27	39	
Black	9	21	17	52	
Asian/ Pacific Islander	2	20	16	63	
<i>Education</i>					
Less than high school	13	33	24	30	***
High school graduate	7	14	19	60	
Some college	6	12	18	64	
College graduate	2	4	11	83	
<i>Income</i>					
Less than \$15,000	14	27	22	36	***
\$15,000 - 24,999	8	22	23	47	
\$25,000 - 34,999	6	13	17	64	
<i>Physically Active</i>					
Did not meet recommendations	7	16	19	59	***
Met recommendations	4	9	14	72	
<i>Overweight Status</i>					
Overweight/Obese	7	14	16	63	**
Not overweight	4	10	16	70	
<i>Poverty Index</i>					
Food Stamp users	24	35	20	21	***
Non Food Stamp users/ <130% FPL	13	24	24	39	
Non Food Stamp users/ >130% FPL	2	5	13	79	

FPL=Federal Poverty Level

¹ Out of individuals with a household income < \$35,000

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test:

** p<.01

*** p<.001

2003 California Dietary Practices Survey
Table 76: Californians Who Couldn't Afford Balanced Meals

Question: I couldn't afford to eat balanced meals.
Was that often, sometimes, rarely, or never for you in the last 12 months?

	Percent ¹			
	Often	Sometimes	Rarely	Never
Total	5	12	15	68
<i>Sex</i>				
Males	4	11	14	70
Females	6	12	15	66
<i>Males</i>				
18 - 24	1	12	16	70
25 - 34	6	12	16	66
35 - 50	5	9	15	70
51 - 64	3	12	8	77
65+	6	9	16	69
<i>Females</i>				
18 - 24	7	22	22	50
25 - 34	5	14	19	62
35 - 50	7	12	15	66
51 - 64	8	9	12	71
65+	1	6	11	82
<i>Ethnicity</i>				
White	3	7	11	80
Hispanic	11	25	28	36
Black	5	16	17	62
Asian/ Pacific Islander	4	14	11	71
<i>Education</i>				
Less than high school	14	32	27	28
High school graduate	7	11	15	67
Some college	4	11	18	68
College graduate	2	5	9	84
<i>Income</i>				
Less than \$15,000	14	26	20	40
\$15,000 - 24,999	8	20	26	46
\$25,000 - 34,999	7	13	14	66
<i>Physically Active</i>				
Did not meet recommendations	8	14	18	60
Met recommendations	2	9	12	76
<i>Overweight Status</i>				
Overweight/Obese	7	13	16	64
Not overweight	4	9	14	74
<i>Poverty Index</i>				
Food Stamp users	19	35	16	30
Non Food Stamp users/ <130% FPL	14	23	20	44
Non Food Stamp users/ >130% FPL	2	5	12	81

FPL=Federal Poverty Level

¹ Out of individuals with a household income < \$35,000.

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Chi-Square Test:

*** p<.001

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Table 77: Californians Who Skipped Meals and How Often

Question: In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food? How often did this happen in the past 12 months? Was it almost every month, most months, some months but not every month, or only one or two months in the last 12 months?

	Percent		
	Skipped/Cut Meals	Almost Every Month or Most Months ¹	Some Months but Not Every Month or Only 1-2 Months ¹
Total	10	31	69
<i>Sex</i>			
Males	10	33	67
Females	10	29	71
<i>Males</i>			
18 - 24	1 **	0	100
25 - 34	15	26	74
35 - 50	9	38	62
51 - 64	10	43	57
65+	9	32	68
<i>Females</i>			
18 - 24	15 *	11	89
25 - 34	9	18	82
35 - 50	13	36	64
51 - 64	11	48	52
65+	4	22	78
<i>Ethnicity</i>			
White	6 ***	41	59 *
Hispanic	20	20	80
Black	16	22	78
Asian/ Pacific Islander	5	59	41
<i>Education</i>			
Less than high school	26 ***	24	76 ***
High school graduate	10	35	65
Some college	10	36	64
College graduate	4	32	68
<i>Income</i>			
Less than \$15,000	24 ***	33	67
\$15,000 - 24,999	17	29	71
\$25,000 - 34,999	11	38	62
<i>Physically Active</i>			
Did not meet recommendations	12 **	34	66
Met recommendations	8	30	70
<i>Overweight Status</i>			
Overweight/Obese	12 **	33	67
Not overweight	7	33	67
<i>Poverty Index</i>			
Food Stamp users	31 ***	40	60
Non Food Stamp users/ <130% FPL	24	25	75
Non Food Stamp users/ >130% FPL	5	29	71

FPL=Federal Poverty Level

¹ Out of those who skipped meals and with a household income < \$35,000.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test:

* p<.05

** p<.01

*** p<.001